

● Contact

Contact your local distributor for any question you may have regarding the warranty that applies to the device, repairs of the device, or other matters requiring clarification.

● Product Specifications

Rated input	AC100-240V
Rated output	DC9V 2.0A
Power consumption	Approx. 5 W (when charging)
Battery	Lithium-ion battery
Charging time	Approx. 3 hours (may vary depending on the charging environment.)
External dimensions	Approx. W83 x D116 x H97 mm (main unit)
Weight	Approx. 307 g
Materials	Main unit: ABS resin, PET resin, and polycarbonate (treatment head: stainless steel) Charger base: ABS resin and polycarbonate
Country of production	Japan
Set contents	Main unit, charger base and AC adapter

● Warranty

If you have purchased from www.global.ya-man.com,

Warranty: Please register your device at <https://global.ya-man.com/apps/warranty/registrants/new>

Contact: inquiries to contactus@ya-man.com

If you have purchased from local distributor,

Warranty: Please contact your local distributor

● User's manual (WEB)

User's manual is also available at following address:

<https://www.ya-man.co.jp/en/support/documents/>

● Marking



detachable supply unit

YAMAN
TOKYO JAPAN

To be retained

User's Manual

Home-care Beauty Device

Cavi Spa RF Core PLUS

HRF-51

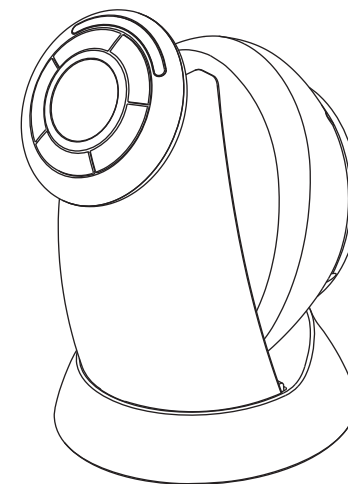


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English User's Manual come with this product.

Please download the other language's User's Manual version from this link (<https://www.ya-man.co.jp/en/support/documents/>) or scan with QR code with your camera phone.

Please carefully read User's Manual to ensure safe and proper use of the device.



TO ACCESS SCAN WITH
YOUR CAMERA PHONE




Thank you for purchasing a YA-MAN product.

- Read this User's Manual carefully to ensure proper and safe use of the device.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Be sure to include this User's Manual if you are transferring ownership of the device to another person.

Safety Precautions




- Please read all instructions carefully for safe and proper use.
- Use the device sensibly in accordance with the prescribed steps.
- Immediately discontinue use if any malfunction or unusual reaction to treatment occurs.
- Precautions listed in the instruction manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or CAUTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

● Classifications of Precautions


 DANGER	Improper use of this device poses a severe and likely risk of death or serious injury.
 WARNING	Improper use of this device may pose a risk of death or serious injury.
 CAUTION	Improper use of this device may result in fire, injury, or property damage*.

* 'Property damage' refers to expanded damage affecting a dwelling, household belongings, or domestic animals and pets.

● Symbols (the following are examples of the symbols)

	This symbol shows you what you must NOT do.
	This symbol shows you what you must do.
	This symbol shows you what you must be careful with.

DANGER

 **Prohibition**

Do not use under any of the following conditions as this may cause malfunction of medical devices.

- Individuals using electronic medical devices, including
 - pacemakers or other implanted electronic medical devices;
 - artificial heart-lung machines or other electronic life-support medical devices, and
 - electrocardiographs or other worn electronic medical devices.

WARNING

Do not use under the following conditions:

Failure to comply may cause an accident or other problems.

- If you have existing or suspected heart disease, or related disorders
- Infants or if you are unable to express your intentions
- If you are unable to sense temperature or stimulation
- Expectant mothers from early pregnancy stage to just after delivery
- If you have an autoimmune disease
- If you are suffering from diseases of the uterus such as endometriosis or fibroids

Consult a physician prior to use under the following conditions:

- If you have an acute disease
- If you have an infectious disease
- If you have a malignant tumor
- If you have a febrile disease
- If you have high blood pressure or a blood disease
- If you have a fever
- If you have sensory impairment due to severe peripheral circulatory dysfunction (e.g. diabetes)
- If you have nerve damage
- If you have a skin disease or atopic dermatitis
- If you are seeing a physician regularly and are on medication
- If you have an allergy, contact dermatitis, past skin related medical history or any concern about your skin when using this device



Prohibition

Do not use in the following cases or on the following areas:

Failure to comply may cause an accident or other problems.

- If your skin is damaged, experiencing a rash, inflammation, or other abnormalities
 - If you are under the influence of alcohol
 - Anywhere inside the mouth, around the pubic region, or any mucous membrane
 - Eyeballs
 - Eyelids (eye sockets)
 - Throat
 - Raised moles
 - Viral warts
 - Areas where you have broken a bone
 - Around the eyes
 - Nose
 - Ears
 - Lips
 - Forehead
 - Areas with symptoms of internal bleeding, swelling, or scabbing after medical cosmetic treatments
- * Avoid using the device for 2 weeks after medical cosmetic treatments. After this period, consult with a physician and only use the device after gaining his/her permission (e.g. Hyaluronic acid injections, silicone injections, Botox, thread lifts, double eyelid surgery, HIFU, etc.)
- Areas where metal was implanted by surgery (reconstructive, plastic or cosmetic surgery)



Prohibition

When using RF treatment, do not apply over the same area continuously. Always move over the skin while treating.

Do not use on areas where the entire treatment head cannot make full contact.

Failure to comply may cause an injury or the generation of heat.



Prohibition

Do not use this device excessively or repeatedly (not for use in salons or for professional treatments).

Failure to comply may cause an injury or the generation of heat.



Prohibition

Never bring the device in saunas or bedrock baths.

The device may overheat, causing injury or burns.

WARNING



Prohibition

Never use on the head.

Failure to comply may cause injuries.



Careless or reckless use is prohibited

Do not damage, break, modify, bend by force, pull, twist or bundle the cord.

Do not place heavy objects on the cord or allow it to get pinched in between other objects. Failure to comply may damage the cord and cause a fire or electrical shock hazard.



Use is prohibited when an abnormal odor or excess heat is detected

Do not use the device when an odor or abnormal generation of heat is detected.

Failure to comply may cause the device to become damaged or catch fire.



User restrictions

Do not use the device on individuals who are unable to express their will or who have reduced skin sensitivity.

May cause an accident or an injury.



Do not pull on the cord to move the device

Do not move or lift the charger base by pulling the AC adapter.

Failure to comply may cause an electric shock, short circuit, fire or disconnection.



Exposure to water is prohibited

Do not wet, wash, or immerse the charger base and AC adapter in water.

Failure to comply may cause an electric shock, short circuit, fire or failure of the device.



Prohibition

Do not use the device near a flammable substance (such as alcohol, thinner, benzene, nail polish remover, or spray).

Failure to comply may cause a fire, electric shock or other injuries.



Use of a damaged cable or plug is prohibited

Do not use if the AC adapter is damaged or the wall socket is too loose.

Failure to comply may cause an electric shock, short circuit, or fire. Consult your local agent if repair is needed.



Pumping is prohibited

Do not place heavy items on the device, drop the device (especially during use), or subject the device to a strong impact.

Improper use may cause an injury or a malfunction.



User restrictions

Use by unattended children or individuals with physical disabilities should be avoided. Minors should use the device only under the supervision of a guardian who has given their consent.

Failure to comply may cause injuries.



Non-intended uses are prohibited.

Do not use for any purpose other than beauty.

Improper use may cause an injury or a malfunction.



Disassembly is prohibited

Do not disassemble, attempt to repair or modify this device in any way.

Failure to comply may cause a fire, electric shock or other injuries. Consult your local agent if repair is needed.

WARNING



Mandatory Compliance

Be sure to use in an operating voltage range from 100 to 240 volts. Make sure that the AC adapter is fully inserted into a power outlet.

Failure to comply may cause a fire, electric shock, or failure of the device.



Removing the plug

When disconnecting the AC adapter from an outlet, pull it out by grasping the plug instead of the cord (do not touch the metal prongs). Do not insert or disconnect the plug with wet hands.

Failure to comply may cause an electric shock, short circuit or fire.



Combustion warning

Do not leave the device near fire, in the hot sun, in a bathroom or other high-temperature/high-humidity location, or near combustible gas or a flammable object. Do not dispose of the device in a fire or place it near fire or flames. Do not use or charge in a high-temperature area or if the device is hot. Do not bring the device close to a heater.

The device features a built-in rechargeable battery. Failure to comply may cause a generation of heat, a fire, the explosion of the device, or a failure of the device.



Mandatory Compliance

Stop using the device and turn it off when you feel an earthquake or hear thunders. Disconnect the AC adapter when the device is being charged.



Mandatory Compliance

Always use the dedicated AC adapter. Plug the AC adapter directly into a wall outlet and do not overload the electric circuit.

Failure to comply may cause an electric shock, short circuit, fire or failure of the device.



Mandatory Compliance

Before charging the device, check to make sure the charging terminal is not wet.

Failure to comply may cause an electric shock, short circuit or fire.



Removing the plug

Be sure to turn off the power and unplug the AC adapter when not in use or when cleaning the unit. Do not handle with wet hands.

Failure to comply may cause a potential electric shock, short circuit or fire hazard.



Mandatory Compliance

In the unlikely event that an abnormality occurs, immediately turn off the device.

Refrain from using the device if faulty operation, smoke, abnormal noises, or odors are detected, or if it is otherwise operating in an abnormal state.

WARNING



Prohibition

Do not use the device for a long time over areas where the skin is thin or areas above bones.

Failure to comply may cause skin problems or physical ailments.



Prohibition

Do not position the electrodes across the heart, such as on the chest or back.



User restrictions

Keep the device, charger base, and AC adapter away from children and do not allow them to use either. Do not allow children to play with the device.

Failure to comply may cause an accident or an injury.



Mandatory Compliance

If the device is dropped or damaged, turn off the power immediately, pull out the plug, and request for a repair/inspection.

Failure to comply may lead to a fire or electric shock.



Mandatory Compliance

For the purposes of recharging the battery, only use the detachable supply unit provided with this appliance.

CAUTION



Prohibition

Do not use with any substance other than cosmetic products (except those not appropriate for the use) and water.

Failure to comply may cause skin problems or a malfunctioning of the device.

<Cosmetics not appropriate for use>

- Oil · Scrub · Stimulating toner · Body soap
- Skincare product or massage gel with warming effects
- Skincare product or massage gel with fat burning effects



Prohibition

Do not place the electrode head in contact with metal or other solid objects.

Failure to comply may cause a malfunction, injury, overheating of the device or fire hazard.



Prohibition

Before use, check to make sure the electrode head is not cracked, deformed or broken. Do not use the device if it is damaged or malfunctioning.

Failure to comply may cause skin problems or a malfunctioning of the device.



Prohibition

Do not wipe the device with alcohol, thinner, benzene, nail polish remover or other such substances.

Failure to comply may cause damage to the surface of the device.



Prohibition

Do not use the device on pets.

Failure to comply may cause an injury.

CAUTION



Dropping of the device is prohibited

Do not place the device in an unstable location. Do not drop or strike.

Doing so may cause a failure of the device. An injury may also be caused if the device is dropped on a foot or other exposed body part.



Prohibition

Do not allow the device to come into contact with another beauty device or electronic appliance while the power is on. Do not use with other electronic products (electric blankets/bed sheets, heated tables, etc.) at the same time.

Failure to comply may cause injury, a failure of the device.



Prohibition

Do not use the device above clothes.



Mandatory Compliance

Be sure to perform a pretest on your skin before using the device for the first time.

Failure to comply may cause an accident or an injury.



Mandatory Compliance

Do not leave the device in the bathroom or water.

Failure to comply may cause an electric shock, short circuit, fire or failure of the device.



Prohibition

Do not use while driving.

Failure to comply may cause an accident or an injury.



Mandatory Compliance

Be sure to wipe off moisture from the main unit after use. Also, do not leave the device in hot or humid places, such as in a bathroom.

Leaving the main unit wet could cause a damage.



Outdoor use is prohibited

Do not use the device outdoors.

Failure to comply may cause a failure or malfunction of the device.



Prohibition

Do not leave the device on the floor or on top of furniture while it is switched on. Be sure to turn the device off after use.

Failure to comply may cause an injury or damage the furniture.



Explosion

Do not put the device into a microwave or pressure vessel.

Failure to comply may lead to a generation of heat, a fire or explosion.



Mandatory Compliance

Do not press the device strongly or use it intensively on a single area.

Pressing the device stronger than necessary or using it intensively on a single spot may damage the skin.



Mandatory Compliance

Those who are currently undergoing dental treatment (implants, orthodontics, metal crown, etc.) or have dental fillings must adjust the level when using the device.

They may experience unpleasant sensations in their teeth due to the ion/EMS stimulation.

CAUTION

Be sure to comply with the following items.



Mandatory Compliance

- Failure to comply may cause an accident, injury, or a failure of the device.
- Avoid using the device on the same area longer than an instructed time (see p.15).
 - Use the device appropriately based on your skin condition.
 - Do not use the device after sunbathing, or in combination with peelings, skin packs or other treatments.
 - Be sure to turn the device off after use.



Mandatory Compliance

Ensure that there is always a sufficient amount of skincare product or water between the treatment head and skin surface, and add them as necessary during treatment.

If the skincare product or water is insufficient, the application of RF, EMS or CAVI (ultrasonic) will be affected and may reduce the effect of treatment or cause skin irritation.



Mandatory Compliance

With RF and EMS functions, always begin treatment with the intensity set at Level 1 (lowest) to allow your skin to accommodate to the stimulation.

Starting with the level which is too high or too intense may cause an injury.



Mandatory Compliance

Do not use the device in hot springs (spas) or warm water containing bath salts.

Failure to comply may cause a failure of the device.



Mandatory Compliance

If you begin feeling ill or if any skin abnormality appears during use, stop using the device immediately.

Check carefully to make sure there is no skin abnormality before using the device. Stop using the device immediately if the treatment does not agree with your skin.



Mandatory Compliance

Remove any accessory (necklace, earrings, etc.) before using the device.

Failure to comply may cause an accident or an injury.



Mandatory Compliance

Be sure to remove makeup before using the device on your face.

If you use the device over makeup, the foundation may cause dark staining of the skin.



Mandatory Compliance

Do not use the device for any purpose other than those stated in the User's Manual.

Failure to comply may cause an injury or a failure of the device.



Mandatory Compliance

When using the device in the bath, be sure to set the device at a low setting level.

While using under water, the EMS stimulation will feel weaker than when applying it outside of the bath water. If you set the intensity to a comfortable level while under the water, you may feel stronger EMS stimulation when used outside of the water.



Mandatory Compliance

Do not use the device for a long period of time. Use it for 10 minutes/time for one area.

Excessive use may damage the skin. The above recommendations are guidelines only; please observe your skin condition and use the device accordingly.



Mandatory Compliance

After each use, refer to 'After Treatment' (see p.21) and remove gel and other particles that have adhered to the device.

Failure to comply may cause a failure of the device or skin problems.

When Using Outside of Japan

WARNING



Mandatory Compliance

Be sure to use AC 100-240 V to avoid a potential fire or electrical shock hazard.

Failure to comply may cause a fire, electric shock, or malfunction.



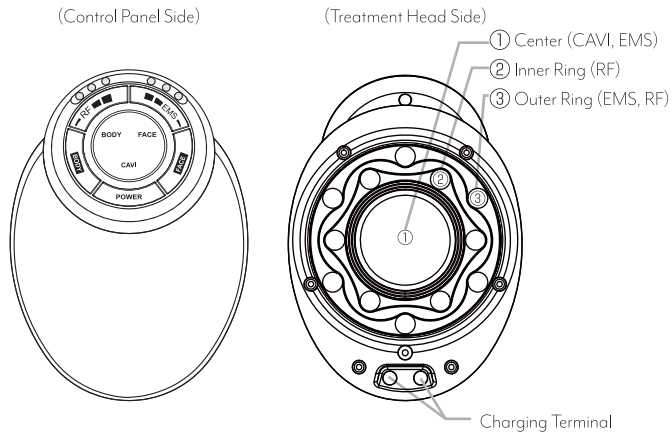
Combustion warning

Be sure to check the plug configuration and the voltage of the power outlet before using.

Failure to comply may cause the generation of heat, a fire, or a malfunction of the device.

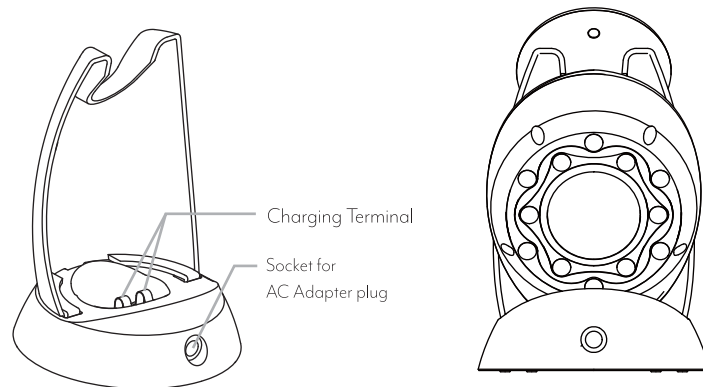
- The plug configuration and voltage varies depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- Consult a travel agency or a consumer electronics retailer for information about plug adapters.

● Main Body



● Charger Base

(Below: Main Unit set on Charger Base)



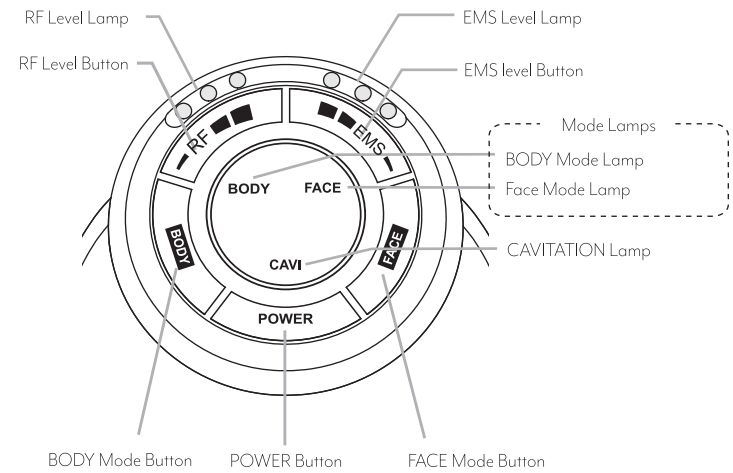
● Accessories

· AC adapterOne piece

* AC Adapter is exclusive to this device.

* Design and specifications of the main unit and accessories are subject to change for improvements without prior notice.

Control Panel & Display (How to Use)



● Button Details

Button	Function	Lamp
POWER	Power ON (Press and hold)	BODY Mode / FACE Mode lamp flashes blue
	Power OFF (Press and hold)	All lamps are off
BODY	Select BODY or FACE Mode	BODY Mode / CAVITATION Lamp turns solid blue
		FACE Mode Lamp is solid blue (CAVITATION Lamp is off)
RF	Select RF Level	Refer to 'Level Buttons' section on p.11 for more details
EMS	Select EMS Level	

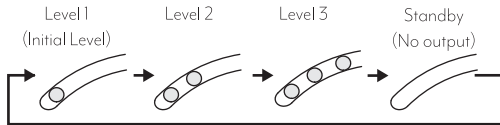
● Level Buttons

< RF LEVEL >

With each press of the RF Level Button, the intensity level will change in the order shown below.

The level is indicated by the RF Level lamps.

*** Always start at Level 1 until you become used to the treatment.**



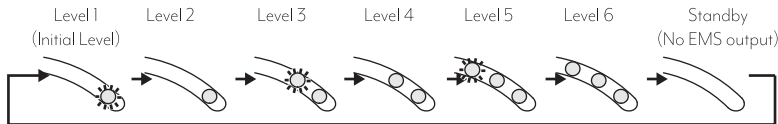
You will feel more heat when increasing the RF level.

Adjust to a level where you feel only moderate heat on the skin.

< EMS LEVEL >

With each press of the EMS Level Button, the intensity level will change in the order shown below. The level is indicated by solid or flashing EMS Level lamps.

*** Always start at Level 1 until you become used to the treatment.**



 This symbol indicates a flashing lamp.

You will feel stronger stimulation when increasing the EMS level.

Adjust to a level where the stimulation is comfortable.

* Do not use a level where you feel tingling discomfort or pain.

* You may find the stimulation feels different when using in water as opposed to using outside of water.

< CAVITATION (Ultrasonic Vibration) LEVEL >

Ultrasonic feature is always on during BODY Mode, but there is no level adjustment.

Ultrasonic does not work with FACE Mode.

CAVITATION Lamp turns solid blue while Ultrasonic is working.

Functions

● Automatic Power Off

• The power will automatically turn off with 2 short beeps 10 minutes after selecting a mode.

Auto-Off helps avoid excessive or repeat use, over treatment or forgetting to turn off the power.

● Waterproof Quality

This product is rated at waterproof quality IPX7 (JIS Standard), which allows use in a bath or shower.

* IPX7 means the product can be immersed in ambient temperature static water at 1 meter depth for 30 minutes without water penetration.

* The charger base is not waterproof.

Charging the Battery

This product is rechargeable. Fully charge before using.

- Fully charge the battery before using the device for the first time after purchasing.
- When using the device for the first time or when the device has not been used for an extended period of time, it is possible that you will be unable to use the device for very long even with a full charge mark displayed. In such a case, recharge the device before using it.
- If the battery level becomes low during use, the Mode lamp (and Cavitation Lamp if in BODY Mode) will flash blue. The device will then turn off.

● Estimated Charging Time

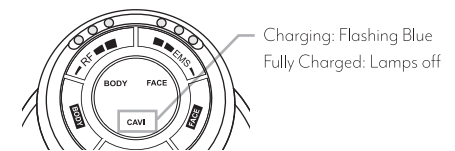
Charge Time	Operating Time
3 Hours	30 Minutes

* Charging at room temperature of 25°C.

* Operating time when fully charged.

* Operating time may vary depending on mode, level or environment.

* Charge time may be shorter depending on environment or remaining charge.



● Charging the Battery

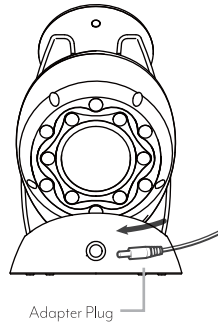
1 Attach the AC adapter plug to the charger base socket and then plug the AC adapter into a wall socket.

2 Completely remove any water on the main unit and set it on the charger base so that **the charger and main unit terminals are in contact**.

* Confirm that charging has started by checking that the Mode (CAVI) lamps are flashing blue.

* Level lamps will turn solid blue for 1 minute and then turn off when charging is complete.

* **Do not charge if the charger terminals are wet as this may cause a malfunction.**



3 When charging is complete, unplug the AC adapter from the wall socket and then remove the adapter plug from the charger base.



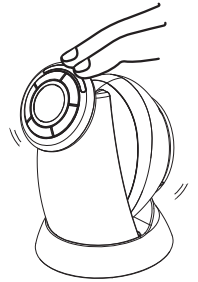
CAUTION

- Use only the supplied exclusive AC adapter with this device.
- Plug the AC adapter directly into the wall socket. Do not use an extension cord or multiple connection.
- Charge only where the ambient temperature is 10-35°C.
- Do not charge in hot or humid places such as a bathroom.
- Replace the AC adapter if the cord is damaged.
- If charging does not begin, try reattaching the adapter plug to the charger base or resetting the main unit onto the stand to ensure that the charging terminals are in proper contact.
- **Make sure the main unit and terminals are dry before charging. Attempting to charge when the terminals are wet may cause a malfunction.**
- You may not be able to charge if the terminals have dirt or skincare residue on them. If so, wipe them off with a dry, soft cloth.

● If Main Unit Does Not Charge...

If charging does not begin when placing the main unit into the charger base, follow these instructions:

- Firmly insert the AC adapter plug into the socket in the charger base.
- The charging terminals on the main unit and charger base may not be in full contact. Remove the main unit from the charger base and then set it back in place. Making sure the terminals are aligned - you may need to wiggle the main unit a bit to find where the terminals make good contact. The Mode lamps (Cavitation Lamp) on the main unit should flash blue.



* It takes 2 seconds for Mode Lamps (Cavitation Lamp) to flash blue after placing on charger base.

* If the Level lamps turn solid blue and then turn off 1 minute after you have put the device in the charger base, this means battery is already fully charged.

Always remove any water, gel, or dirt from the terminals in the main unit and charger base before charging.

Pre-test on the Skin

* Be sure to perform a pre-test when using this device or skincare product for the first time.

- 1 **Cleanse your skin.**
Wash the inner side of your arm with mild soap and wipe dry with a towel.
- 2 **Apply water or skincare product (gel or lotion) on the inner side of your arm and apply BODY Mode treatment for 3 minutes.**

- Perform the pre-test at Level I intensity for RF and EMS.
- Move the treatment head over your skin in the test area using a circular motion.
- After the pre-test, do not wet or rub your skin in the treated area.

If you see no abnormal skin reaction within 24 hours after the treatment (redness, irritation, etc), you may use the product.



CAUTION

- Be sure to perform this pre-test to avoid possible skin issues.
- If you experience a rash, redness, itchiness, irritation, or other abnormal skin reactions in the treated area, stop the pre-test immediately and thoroughly wash the area.
- Check carefully to make sure there are no skin abnormality before using the device. If you experience any abnormal skin reaction, do not use.

About Treatment Modes

This product provides treatment with BODY Mode and FACE Mode.

Mode	Function	Frequency of Use (Guideline)
BODY Mode	CAVITATION (ultrasonic), RF (Radio Frequency), EMS (Electrical Muscle Stimulation)	10 minutes per area, 2 to 3 times a week. Up to 30 minutes for whole body (10 minutes in total for left and right sides for arms, thighs, calves, etc.)
FACE Mode	RF (Radio Frequency), EMS (Electrical Muscle Stimulation)	When applying EMS to the same area again, allow at least 24 hours between treatments <small>* This is only a guideline. You may treat daily depending upon your own skin condition.</small>

• Do not continuously apply on the same spot, but instead move it over the skin.

* 1 area = One of the following: upper arms, lower arms, calves, thighs, waist (front), waist (back), hips, and face (in FACE Mode).

* Excessive use, concentrated use over one area or one spot, or too high an intensity level may lead to over treatment which can harm your skin.

* When applying EMS to the same area, allow at least 24 hours between treatments.

● Skin condition and skincare products

Always apply water or skincare gel or lotion on your skin (treatment area) before use.

If your skin is dry, you may not feel treatment or experience skin irritation.

<Do not use these skincare products for treatment>

- Oil • Scrub • stimulating toner • body soap
- skincare product or massage gel with warming effects
- skincare product or massage gel with fat burning effects

● Areas you should NOT treat

Do not use on these areas:

inside the mouth, pubic area, mucous membrane, Adam's apple, over plastic surgery, over implants, cuts, over the heart or pit of stomach, face (when in BODY Mode), ears, nose, lips, eye area, over areas where the entire treatment head cannot fully contact the skin surface such as fingers, wrists, and ankles, thin skin or bony areas such as the elbow, knee, collar bone, or forehead, head, eyeballs, areas where cosmetic treatment was performed.

● How to apply treatment on the skin

To avoid adverse effects on the skin, be sure to apply the treatment head flat against the skin surface so that the entire surface of the treatment head is in contact with the skin as shown below.



Using the BODY Mode

* Do not use high-speed rotation for the face.

1 Apply a coin-sized portion of skincare product on the treatment head and spread it over the treatment area. Alternatively you may apply a sufficient amount of water instead.

- When using in the bath, use in both water (in the tub) or wet your skin sufficiently with water.

2 Press and hold POWER Button for 3 seconds to turn on the power.

- The BODY Mode and FACE Mode lamps will flash after a short beep.

3 Press the BODY Mode Button.

- The BODY Mode lamp and CAVITATION Lamp turns solid blue, the RF and EMS Level Lamp (intensity) is set to Level 1.

4 Choose the intensity level by pressing the RF (Radio Frequency warming) Level or EMS (Electrical Muscle Stimulation) Level buttons.

- * Always start with Level 1 until you become used to a treatment.
- * Do not increase EMS level to a point where you feel it painful.

5 Move the treatment head over your skin (guideline: 2-5 cm per second).

- Move slowly during the first half of treatment (2 cm/sec), then speed-up to finish treatment at about 5 cm/sec.
- Be sure the entire treatment head is in contact with the skin surface.
- * See p.18~ for recommended use over various body areas and p.15 for advice on how to apply to the skin.

6 When treatment is finished, press and hold the POWER Button for 3 second to turn off the power.

- The power will automatically turn off with 2 short beeps 10 minutes after turning on and not being operated, or 10 minutes after selecting a mode.



- During use, make sure the entire surface of the treatment head is in contact with the skin surface.
- Never apply to prohibited areas (see p.15).
- Do not continuously apply on the same spot, but instead move it over the skin.
- Use only with skincare product (excluding those mentioned on p.5) or with water. Failure to comply may cause skin problems or a malfunctioning of the device.

●○ Tips for Using in the Bathroom ○●

- **Do not press the treatment head too hard against your skin.**
If you press too hard, it may be difficult to move over the treatment area.
- **Be sure to apply the treatment head flat against the skin surface.**
Failure to comply may cause skin problems (see p.15).
- **Do not leave the device submerged in water for a long time.**
- **The device can be used with water in the bathtub or shower without applying gel for treatment.**
- **When used in water, the treatment head may be more difficult to move over your skin surface.**
- **You may not feel the RF or EMS as much when used in the bath or shower.**
- **Clean the device after each use (see p.21).**

Recommended Application on Body Areas

Follow these recommended procedures for each body area, moving the treatment head as shown several times over the area being treated.

Guide to Symbols:



: Areas that respond well to EMS



: Move in this direction

● Upper Arms (5 minutes each right & left)

① Arm straight out with palm facing upward.

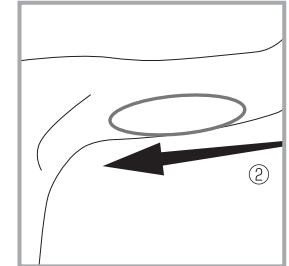
- The part of your upper arm you wish to treat should be facing down.

② Move from elbow towards underarm.

- Apply to both inner and outer side of upper arm.

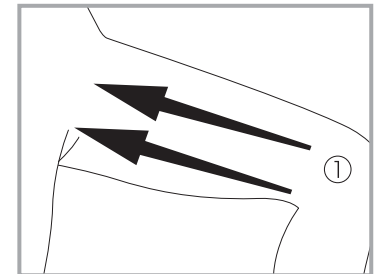
③ Repeat treatment on the other arm.

- Apply the treatment head at the location shown by the circle.

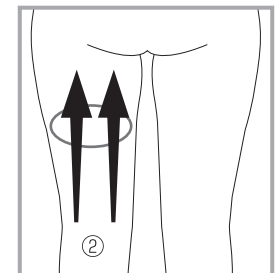


● Thighs (5 minutes each right & left)

① Move upwards on the inner thigh from your knee towards the top of your thigh (groin).



② Move upwards on the back side of the thigh from your knee towards the top of your thigh.



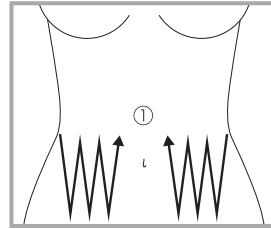
③ Repeat treatment on the other thigh.

- Apply the treatment head at the location shown by the circle.

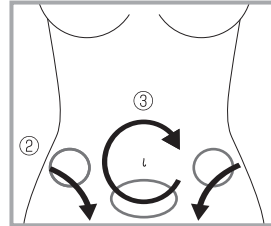
● Abdomen (waist) (Step ① 5 minutes, Steps ②+③ 5 minutes)

① Zigzag from the side towards the middle.

• Gradually move in from the side of your waist towards the middle (a navel) as you zigzag.



② Move from the flank (side of the waist) down to the groin of your leg as if draining downwards.

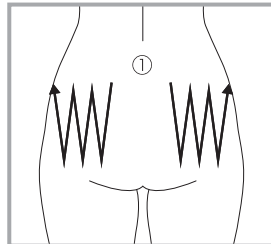


③ Move the treatment head in a circle around your navel.

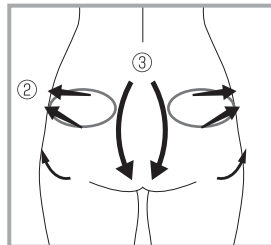
● Hips (Step ① 5 minutes, Steps ②+③ 5 minutes)

① Zigzag from the center towards the outside of the hips.

• Gradually move outward from the center towards the outside hips as you zigzag.



② Move from the inner area of each buttock towards the outside of the hips.



③ From the top center, move downwards to the bottom of the buttocks.

Using the FACE Mode

* Use only the FACE Mode for treating your face.

Clean your face before treatment to remove makeup and dirt.

- 1 Apply water or skincare product on your face.
- 2 Press and hold POWER Button for 3 second to turn on the power.
 - The BODY Mode and FACE Mode lamps will flash after a short beep.
- 3 Press the FACE Mode Button.
 - The FACE Mode lamp turns solid blue, the RF (Radio Frequency) and EMS level (intensity) is set to Level 1.
- 4 Adjust the intensity level by pressing the RF (Radio Frequency warming) LEVEL or EMS (Electrical Muscle Stimulation) LEVEL buttons, according to your preferences.

* Always begin at Level 1 until you become used to the treatment.

* Do not increase EMS level to a point where you feel painful.

* CAVITATION Lamp is off.

- 5 Move the treatment head over your skin as shown with arrow marks. Whole face treatment should be completed within 10 minutes (guideline: 2-5 cm per second).

* If moving the treatment head over your face is difficult, add water or skincare product onto your face.

* Keep moving the treatment head over your skin; do not stop on one spot as this may cause burns.

* Do not press too hard against your face.

* Be sure the entire treatment head is in contact with your skin, especially the center treatment head.



Do not apply over these areas

- 6 When treatment is finished, press and hold the POWER Button for 3 seconds to turn off the power.

• The power will automatically turn off with 2 short beeps 10 minutes after turning on and not being operated, or 10 minutes after selecting a mode.



CAUTION

- Do not use longer than 10 minutes for the entire face.
- Be sure the entire treatment head is touching the skin.
- Do not use on eyelids (eye sockets), around the eyes, adam's apple, nose, ears, lips, or forehead.
- Use only with skincare product (excluding those mentioned on p.5) or with water. May cause skin problems or a malfunctioning of the device.
- Do not use the BODY Mode on your face as this may cause skin problems.
- If you use the device on your face, the EMS function may stimulate the nerves in your teeth. Do not press the roller strongly against your skin but instead move the position. Be especially careful if you have dental fillings.
- Be careful when using the device on the sides of your neck as you may feel stronger EMS stimulation.

How To Clean

Clean the treatment head and charging terminals every time after each use.

Clean regularly to avoid malfunction or operation failure.

When cleaning, always turn off the power and unplug the AC adapter from the charger base and from the wall socket.

● Cleaning the Main Unit

1 Wipe off any water, lotion, or gel from the treatment head and charging terminals.

2 Wipe off any dirt or residue on the surface using a well wrung towel.

- For heavy dirt, soak a sponge or cloth with diluted mild detergent and wipe off the soil.
- Do not use alkali detergents, alcohol, thinner, benzene, or nail polish remover.



3 Wipe off water or dirt from the main unit and charging terminals.

- Wipe carefully with a dry cloth to ensure no moisture is left on the charging terminals or electrode head.
- Remove moisture in the charging terminal of the main unit with cotton swabs.

4 Allow the unit to dry in a well ventilated place.

Leaving the main unit without removing dirt or moisture may cause malfunctioning or odors.

● Cleaning the Charger Base

1 Wipe off any dirt or residue on the surface using a well wrung towel.

2 Wipe off water or dirt from the charging terminals.

● Cleaning After Using in the Bath

1 Wipe off any water from the main unit. If there are any water drops remaining inside the holes beside the treatment head, lightly pat the main unit or shake well to drain off the water.

* Do not place the unit under direct sunlight.

2 Allow the unit to dry in a well ventilated place.

* Do not place the unit under direct sunlight.

* Do not charge the unit while the main unit (charging terminals) is still wet.

- The main unit can be rinsed with water.
- Remove moisture with a dry cloth or cotton swabs completely after rinsing. Do not leave the device wet.

* Do not use hot water. * Do not leave the device in water.

* The AC adapter is not waterproof.

How to Store

- If you will not be using the device for an extended period, clean the main unit and the charger base before storing.
- When not in use, turn off the power, unplug the AC adapter from the charger base and the wall socket, and store in a clean, dry location.
- Do not store the device near stoves or heaters, under direct sunlight, in humid places such as the bathroom, or in an unstable place.
- Keep this device out of the reach of children.

Maintenance and Inspection

- If you have not used the device for an extended period, inspect it carefully and check that the device works properly and safely before use.
- If there is any evidence of a malfunction, refer to the 'Trouble shooting' section (p.23-25) before calling for service.
- If the device malfunctions, appears damaged, or needs service, please contact your local distributor.

Correct Disposal of this product

- This marking indicates that this product should not be disposed with other household wastes throughout the UK and EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



Checklist for Possible Problems

If you encounter any problem during operation or see a symptom listed below, refer to the possible cause and solution in the chart.

Symptom	Possible Cause	Solution
Power does not turn on	You did not press POWER Button to turn on the unit	Press and hold POWER Button for 3 second to turn on the power.
	The battery is not charged	Charge using the charger base (p.12-13)
Power turns off or device only operates for a few minutes even after charging	Insufficient charge	Fully charge for approx. 3 hours
	Auto-Off function (see p.12)	
Unit does not charge or the charge lamps do not flash	Unit not properly set on charger base	Ensure the charge terminals are in contact (p.13-14)
	Adapter plug not inserted into base	Plug adapter firmly into the charge base
	Battery is already fully charged	The product is ready to use when fully charged (blue lamp lights up for 1 minute then turns off)
You do not feel RF heating	You have not wet the treatment area before applying treatment Your skin is too dry	Sufficiently wet skin with water, gel, etc. The RF you feel may depend on the skin care product used
CAVI feels too hot	The head was heated by the CAVI	Stop use if too hot, wait 10 min, and turn on the power again

Problem	Possible Cause	Solution
You do not feel RF heating	Level is set low or unit is in standby	Increase level with RF Level Button
	You are moving the head too quickly	Moving at 2-5cm per second is suggested
	Entire treatment head is not in contact with skin	Be sure entire head contacts the skin
	You are using it in or under water	You may feel less RF under water
RF feels too hot	You are keeping the head on one area or moving it too slowly	Moving at 2-5cm per second is suggested
	Entire treatment head is not in contact with skin	Be sure entire head contacts the skin
	The level is too high.	Decrease level using RF Level Button
You do not feel a sensation in CAVI*	You will not normally feel CAVI* treatment	NOTE: CAVI does not work in FACE mode
Cannot change CAVI* intensity level	CAVI* intensity level is not adjustable	
There is a sound while using CAVI*	CAVI* sound is due to vibration and is normal	
You do not feel EMS treatment	Treatment area dry	Wet your skin with water, gel, etc.
	You skin is dry.	
	Level is set low or unit is in standby	Increase level with EMS Level Button
	You are on an area that feels less EMS	Move to a different area (see p.18-20)
	Each individual feels EMS differently	

Problem	Possible Cause	Solution
EMS is unpleasant or painful	Entire treatment head is not in contact with skin	Be sure entire head contacts the skin. Especially the center treatment head
	The level is too high.	Decrease level using EMS level Button
The device is too warm.	Turn off the power, wait at least 10 min., and turn on the device again.	

Frequently Asked Questions

Q	A
Can I use this product in the bath?	Yes, the device is waterproof (equivalent to IPX7 waterproof standard). However, do not submerge in water and leave it for an extended period. If the head is difficult to move over the skin while in water, press it more lightly on the skin surface.
What is the recommended use?	Recommended use is during or after a bath when your body is warmed up. Push and move the device over the skin using long, sweeping motions. * Please avoid using the device in hot springs or a bath containing bath salts.
Can I use it in a sauna or bedrock bath?	Never use in a sauna or bedrock bath since the product may get hot and could cause burns.
Can I use it outside of the bath?	Yes. However, when using it outside of the bath and your skin is dry, you may feel less Sonic, RF, or EMS treatment. Use it with gel, water, etc. applied to the skin.
I have sensitive skin. Can I use this product?	Perform a pre-test on your skin first to check your skin reaction (see p.14). If there is no adverse reaction to your skin, you may use it. If you feel or see any negative reaction on your skin, stop use immediately. If you cannot judge by yourself, consult a doctor.
What kind of skincare product should I use?	You may use your own lotion, serum, or gel. However, do not use any of the following as they may cause skin problems or a product malfunction: <Cosmetics not appropriate for use> · Oil · Scrub · Body soap · Stimulating toner · Skincare product or massage gel with warming effects · Skincare product or massage gel with fat burning effects
The device is too warm.	Turn off the power, wait at least 10 minutes, and turn on the device again.

● Rechargeable Battery

- The rechargeable battery is a consumable item. This appliance contains batteries that are non-replaceable.
- If the operation time after charging has become extremely short, it could be the end of the battery life. Battery can be charged approximately 300 times.
- Consult your local agent for a battery replacement.

● Disposing of Product

This product uses a lithium ion storage battery.

Follow your local rules when disposing of the product.

- This appliance contains batteries that are only replaceable by skilled persons.

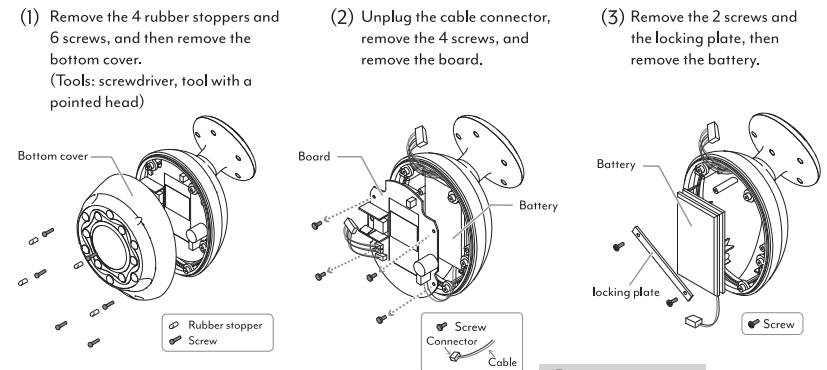


● How to remove the built-in battery

The lithium-ion battery used in this product is a valuable recyclable resource.

- The battery must be removed from the appliance before it is disposed.
- Be sure to turn off the power before removing the batteries.
- Use a screwdriver to remove the battery. Be careful not to injure yourself.
- When removing the battery, be careful not to damage it on a hard object, etc.
* Failure to comply may cause the generation of heat or a fire.
- Follow your local government rules for a proper disposal or recycle of this product.

<Operation Steps> Refer to figures (1) to (3) below to remove the battery.



! Do not cut the cable!



This figure is intended to be used for disposing of the product, not repairing it.
CAUTION: Disassembling/repairing the device by yourself may cause a failure.