

美容家電のパイオニア

YA-MAN

Instruction Manual

家庭用美容器

RF Beauté Cavi Spa RF Core



RF Beauté

HRF-17

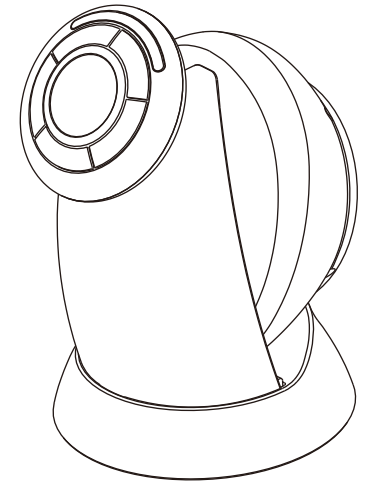



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- Before using this product, please read these instructions carefully.
- Refer to the Safety Precautions section for important information.
- Keep this Instruction Manual for future reference.

Safety Precautions

- ◆ Please read all instructions carefully for safe and proper use.
- ◆ Use only as directed.
- ◆ Immediately discontinue use if any malfunction or unusual reaction to treatment occurs.
- ◆ Never use a malfunctioning product as this may cause injury or further damage to the device.
- ◆ Precautions listed in the instruction manual are very important. For your safety, please follow them carefully.
- ◆ Precautions are classified as **DANGER**, **WARNING**, or **CAUTION** in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.


 **DANGER** Improper use of this device poses a severe and likely risk of death or serious injury.

 **WARNING** Improper use of this device may pose a risk of death or serious injury.

 **CAUTION** Improper use of this device may result in fire, injury, or property damage.

 This symbol shows you what you must NOT do.

 This symbol shows you what you must do.

 This symbol shows you what you must be careful with.

 **DANGER**

 Do not use under any of the following conditions as this may cause malfunction of medical devices.

Do not use in conjunction with any medical electronic equipment such as a pacemaker, oxygenator, electrocardiograph, etc.



WARNING

To avoid accident or injury to your skin or body, do not use under the following conditions:



- While pregnant or nursing or during menstruation
- While growing or during adolescence
- If you suffer from atopic dermatitis or have unusually sensitive skin
- If you have skin allergies or bleeding diathesis
- If you have skin irritation or redness caused by sunburn
- There is suppuration or inflammation of the skin
- Have itchy pigmentation or pathologic pigmentation
- Have viral warts, bulging or raised warts, or melanoderma
- Have abnormal blood pressure
- If you are sick or feeling unwell
- If you have capillary dilatation due to long term use of steroid hormonal drugs or a disorder of liver function
- If you have visceral or skin disease, or are having hot flashes
- If you are under a doctor's care or having any dental treatment

Do not use if you suffer from any of the following conditions, or on body areas listed below as this may cause injury:



- ◆ Acute disorder, febrile disorder, contagion, fissures, feeling unwell, extremely exhausted, tuberculosis, abnormal blood pressure, malignancy, or if you have consumed alcohol or medication that causes drowsiness.
- ◆ Do not use over itchy areas, on areas of thin skin, or over areas where the treatment head cannot make full contact such as fingers, wrists, or ankles.
- ◆ Do not use inside the mouth or around the pubic area, mucous membranes, heart, or pit of the stomach, or on the head or face (when in BODY mode). Do not use over the Adam's apple or acne, ears, nose, lips, around the eyes, or on areas where you have had plastic surgery.
- ◆ If you are not sure, consult your doctor before use.



When using RF treatment, do not apply over the same area continuously.

Always move over the skin while treating, and do not use on areas where the entire treatment head cannot make full contact as this may cause injury or overheating of the device.



Do not use this device excessively or repeatedly as this may cause injury or overheating of the device.

Not for use in salons or for professional treatments.



WARNING



Do not use near flammable substances such as thinner, benzene, nail polish remover, or hair spray as this may cause fire, electrical shock hazard, or injury.



Use only with the supplied AC adapter. When using the AC adapter, plug it directly into the wall socket. Do not use an extension cord as this may cause an electrical shock hazard, short circuit, or fire.



Avoid use on persons with low skin sensitivity, or those who cannot express their intentions as this may cause injury.



Never use on the head as this may cause injury.



Do not move the charger base by pulling on the attached cord as this may break the wire or cause electrical shock hazard, short circuit, or fire.



If any problem occurs during use, including abnormal odor, smoke, malfunction, or excess heat, turn off the power and unplug the AC adapter immediately. Discontinue use if there is smoke or an unusual noise or odor.



Use only as directed in this instruction manual. Improper use may cause injury or malfunction.



Do not damage, break, modify, bend by force, pull, twist, or bundle the cord. Do not place heavy objects on the cord or allow it to get pinched in between other objects as this may damage the cord and cause a fire or electrical shock hazard.



Do not use if the AC adapter is damaged or the wall socket is loose as this may cause an electrical shock hazard, short circuit, or fire.



Do not allow the charger base or AC adapter to get wet as this may cause an electrical shock hazard, short circuit, or fire.



Do not disassemble, attempt to repair, or modify this device in any way as this may cause a fire, electrical shock hazard, or injury.

Consult your local agent if repair is needed.



WARNING



Check before charging the unit that there is no water on the charging terminals as this may cause an electrical shock, short circuit, fire, or malfunction.



Be sure to turn off the power and unplug the AC adapter when not in use or when cleaning the unit to avoid a potential electric shock, short circuit, or fire hazard. Do not handle with wet hands.



Avoid subjecting the main unit to mechanical shock. Do not drop or place a heavy object on the device as this may cause injury, malfunction, or other damage.



Discontinue use if there is an unusual odor or if the device overheats to avoid potential damage or fire.



Do not allow children or disabled persons to use this product on their own. Minors should use only with the consent and under the supervision of their parents.



Use only AC100-240V to avoid a potential fire or electrical shock hazard.



Hold the head of the plug (do not touch metal parts) when unplugging the adapter from the wall socket. Do not handle with wet hands as this may cause an electrical shock, short circuit, or fire hazard.



This device contains a rechargeable battery. Do not store, charge, or use near fire, flame, flammable objects, or in hot or humid areas such as under the blazing sun or in the bathroom. Do not heat up the device, put in fire, or place near any heating device as this may cause malfunction, overheating of the device, explosion, or fire hazard.



CAUTION



Do not place the electrode head in contact with metal or other solid objects as this may cause a malfunction, injury, overheating of the device, or fire hazard.



Do not wipe the main unit with alcohol, thinner, benzene, nail polish remover, or any solvents which can damage the unit.



Before each use, check the treatment head for any crack, deformation, or other damage; do not use if you see any sign of damage as this may cause injury or potential skin problems.



Do not use the device out of doors or in direct sunlight as this may cause overheating or malfunction.



Do not use with anything other than water or skincare products as this may cause skin problems or a malfunction.

Do not use the following skincare products for treatment: Oil, scrubs, stimulating products, or any skincare product or massage gel with warming or fat burning effects.



After each use, please refer to "After Use" instructions (see p.20) and be sure to remove any gel or other residue on the device which may cause skin irritation or a device malfunction.



Do not leave the unit in a bathroom or wet area. Do not use in a sauna or bedrock bath as this may cause injury or a device malfunction.



With RF and EMS functions, always begin treatment with the intensity set at Level 1 (lowest) to allow your skin to accommodate to the stimulation. Starting at too high an intensity level may cause injury.



Do not use in hot springs or in a bath with bath salts or other non-skincare products as this may cause a malfunction.



Do not apply to pets or animals as this may cause injury.



Discontinue use if you feel unwell or see an abnormal skin reaction during use. If the condition persists the next day, see your doctor.



CAUTION

To avoid accident, injury, or malfunction, follow these important tips:



- Do not apply over the same area longer than recommended time (p.14).
- Use the appropriate treatment for your particular skin condition.
- Do not use on skin having abnormal conditions such as a rash, irritation, itchiness, etc.
- Avoid use immediately after getting a sunburn or in conjunction with peeling or body packs.
- Always turn off the power after each use.



Ensure that there is always a sufficient amount of skincare product or water between the treatment head and skin surface, and add them as necessary during treatment. If the skincare product or water is insufficient, the application of RF, EMS, or CAVI (Ultrasonic) will be affected and may reduce the effect of treatment or cause skin irritation.



WARNING



Use at AC100-240V only to avoid a potential fire or electrical shock hazard.

* Warranty only applies to use within the country of purchase
Warranty repair for customers abroad is not available.



Be sure to check the plug shape and the voltage before using.
Using this device with an improper plug or at the incorrect voltage may cause overheating, fire, or malfunction.

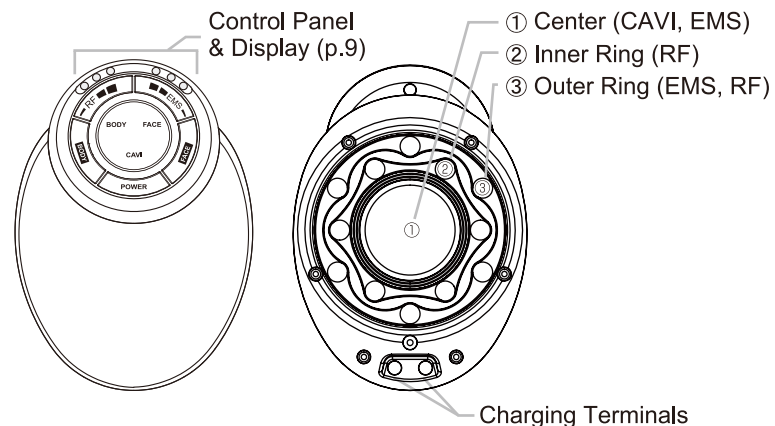
NOTE: This product can be operated at 100-240V. If the plug of the supplied AC adapter does not match the plug of your location, use a plug adapter (not provided).

- ◆ The plug configuration and voltage varies depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- ◆ For information about plug adapters, consult a travel agency or a consumer electronics retailer.

● Main Unit

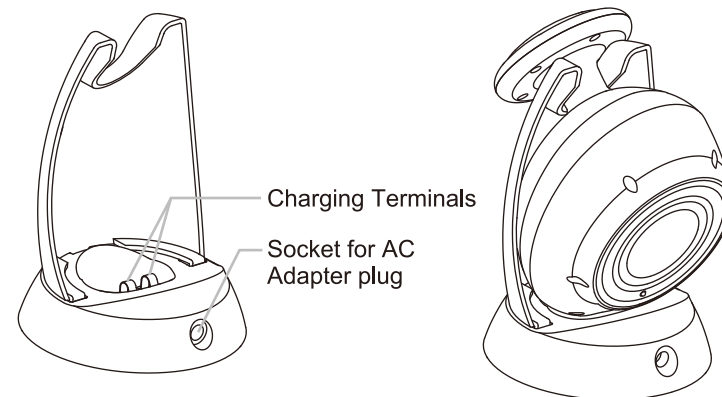
(Control Panel Side)

(Treatment Head Side)



● Charger Base

(Below: Main Unit set on Charger Base)



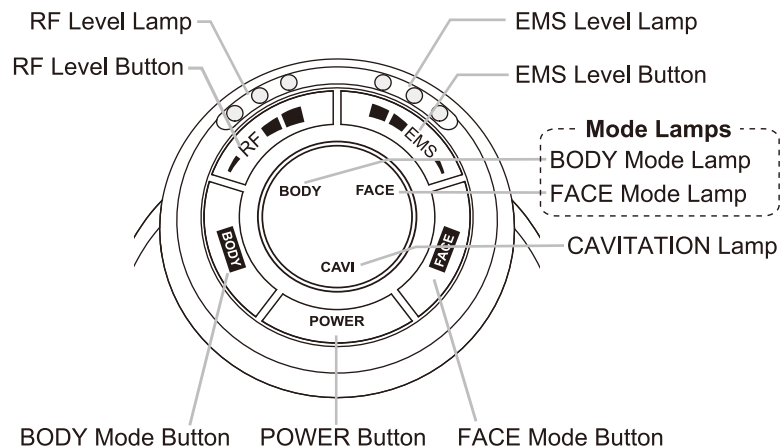
● Accessory

AC Adapter 1pc

- AC Adapter is exclusive to this device.

* Design and specifications of the main unit and accessories are subject to change for improvements without prior notice.

Control Panel & Display (How to Use)



● Button Details

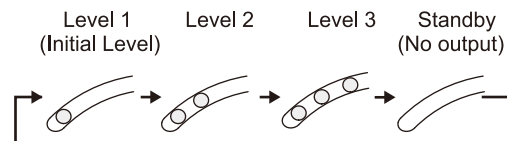
Button	Function	Lamp
	Power ON (Press and hold)	BODY Mode / FACE mode lamp flashes blue
	Power OFF (Press and hold)	All lamps are off
	Select BODY or FACE mode	BODY Mode / CAVITATION lamp turns solid blue
		FACE Mode lamp is solid blue (CAVITATION lamp is off)
	Select RF level	Refer to "Level Buttons" section on p.10 for more details
	Select EMS level	

● Level Buttons

< RF LEVEL >

With each press of the RF Level button, the intensity level will change in the order shown below. The level is indicated by the RF Level Lamps.

- Always start at Level 1 until you accommodate to the treatment.

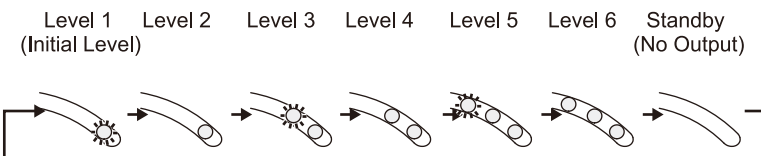


- You will feel more heat when increasing the RF level.
- Adjust to a level where you feel only moderate heat on the skin.

< EMS LEVEL >

With each press of the EMS Level button, the intensity level will change in the order shown below. The level is indicated by solid or flashing EMS Level Lamps.

- Always start at Level 1 until you accommodate to the treatment.



This symbol indicates a flashing lamp

- You will feel stronger stimulation when increasing the EMS level.
- Adjust to a level where the stimulation is comfortable.
- Do not use a level where you feel tingling discomfort or pain.
- You may find the stimulation feels different when using in water as opposed to using outside of water.

< CAVITATION (Ultrasonic Vibration) LEVEL >

Ultrasonic feature is always on during BODY mode, but there is no level adjustment. Ultrasonic does not work when in FACE mode.

CAVITATION lamp turns solid blue while Ultrasonic is working.

Features

This product is a home use beauty treatment device that warms your skin using RF (Radio Frequency) deep heating, and also applies EMS and CAVI (Ultrasonic) treatment. You can customize treatment by combining modes based on your skin condition or desired effect.

● RF (Radio Frequency)

Warm your skin in preparation for treatment using RF deep warming. Unlike conventional heaters, RF warms up quickly and easily.

● EMS (Electrical Muscle Stimulation)

EMS is a type of exercise that applies mild electrical current to stimulate nerves and activate the muscles.

● CAVI (Ultrasonic)

This treatment vibrates the skin tissues using ultrasonic energy.

● Automatic Power Off

Power will automatically turn off 10 minutes after selecting a mode or turning on the power and not operating (Auto-Off). Auto-Off helps avoid excessive or repeat use, over treatment, or forgetting to turn off the power.

● Waterproof Quality

This product is rated at waterproof quality IPX7 (JIS Standard), which allows use in a bath or shower.

* IPX7 means the product can be immersed in ambient temperature static water at 1 meter depth for 30 minutes without water penetration.

* The charger base is not waterproof.

Charging the Battery

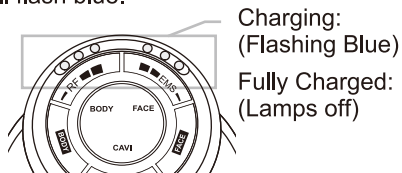
This product is rechargeable. Fully charge before using.

Be sure to charge on the first use or if the device has not been used for an extended period.

If the battery level becomes low during use, the Mode lamp (and Cavitation Lamp if in BODY mode) will flash blue.

● Time for Charging

Charge Time	Operating Time
3 Hours	30 Minutes



Charging:
(Flashing Blue)

Fully Charged:
(Lamps off)

* Charging at room temperature of 25° C.

* Operating time when fully charged.

* Operating time may vary depending on mode, level, or environment.

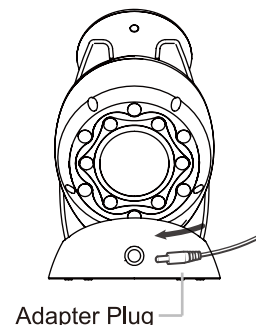
* Charge time may be shorter depending on environment or remaining charge.

● How to Charge

1 Attach the AC adapter plug to the charger base socket and then plug the AC adapter into a wall socket.

2 Completely remove any water on the main unit and set it on the charger base so that the charger and main unit terminals are in contact.

- Confirm that charging has started by checking that the Level lamps are flashing blue.
- Level lamps will turn solid blue for 1 minute and then turn off when charging is complete.
- Do not charge if the charger terminals are wet as this may cause a malfunction.



3 When charging is complete, unplug the AC adapter from the wall socket and then remove the adapter plug from the charger base.



CAUTION

- Use only the supplied exclusive AC adapter with this device.
- Plug the AC adapter directly into the wall socket. Do not use an extension cord or multiple connection.
- Charge only where the ambient temperature is 10-35° C.
- Replace the AC adapter if the cord is damaged.
- If charging does not begin, try reattaching the adapter plug to the charger base or resetting the main unit onto the stand to ensure that the charging terminals are in proper contact.
- Do not charge in hot or humid places such as a bathroom.
- Make sure the main unit and terminals are dry before charging. Attempting to charge when the terminals are wet may cause a malfunction.
- You may not be able to charge if the terminals have dirt or skincare residue on them. If so, wipe them off with a dry, soft cloth.

● If Main Unit Does Not Charge...

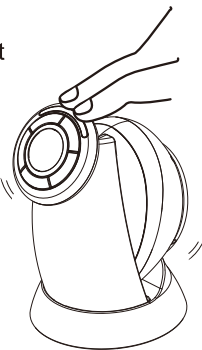
If charging does not begin when placing the main unit into the charger base, follow these instructions:

- ① **Firmly insert the AC adapter plug into the socket in the charger base.**
- ② **The charging terminals on the main unit and charger base may not be in full contact.**

Remove the main unit from the charger base and then set it back in place making sure the terminals are aligned - you may need to wiggle the main unit a bit to find where the terminals make good contact. The Level lamps on the main unit should flash blue.

* It takes 2 seconds for Level lamps to flash blue after placing on charger base.

* If the Level lamps turn solid blue and then turn off 1 minute after you have put the device in the charger base, this means battery is already fully charged.



Always remove any water, gel, or dirt from the terminals in the main unit and charger base before charging.

Pre-test on the Skin

Be sure to perform a pre-test when using this device or skincare product for the first time.

- 1 **Cleanse your skin.**
 - Wash the inner side of your arm with mild soap and wipe dry with a towel.
- 2 **Apply water or skincare product (gel or lotion) on the inner side of your arm and apply BODY mode treatment for 3 minutes.**
 - Perform the pre-test at Level 1 intensity for RF and EMS.
 - Move the treatment head over your skin in the test area using a circular motion.
 - After the pre-test, do not wet or rub your skin in the treated area.
- 3 **If you see no abnormal skin reaction within 24 hours after treatment (redness, irritation, etc), you may use the product.**



CAUTION

- Be sure to perform this pre-test to avoid possible skin issues.
- If you experience a rash, redness, itchiness, irritation, or other abnormal skin reactions in the treated area, stop the pre-test immediately and thoroughly wash the area.
- If you experience any abnormal skin reaction, do not use.

About Treatment Modes

This product provides treatment with BODY mode and FACE mode.

Mode	Function	Frequency of Use (Guideline)
BODY Mode	CAVITATION (ultrasonic), RF (Radio Frequency), EMS (Electrical Muscle Stimulation)	30 minutes for whole body (10 minutes per area) 2-3 times / week per area
FACE Mode	RF (Radio Frequency), EMS (Electrical Muscle Stimulation)	*This is only a guideline. You may treat daily depending upon your own skin condition.

For further details, refer to Features Section on p.11

- Do not continuously apply on the same spot, but instead move it over the skin to distribute treatment.
- 1 area = One of the following: upper arms, lower arms, calves, thighs, waist (front), waist (back), hips, and face (in FACE mode).
- Excessive use, concentrated use over one area or one spot, or too high an intensity level may lead to over treatment which can harm your skin.
- When applying to the same area, allow at least 5 hours between treatments.

● Skin condition and skincare products

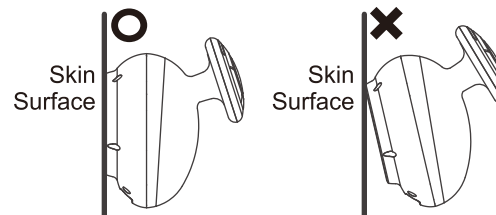
Always apply water or skincare gel or lotion on your skin (treatment area) before use. If no water or gel/lotion is used, you may not feel treatment or experience skin irritation. **Do not use these skincare products for treatment: Oil, scrubs, stimulating products, or any skincare product or massage gel with warming or fat burning effects.**

● Areas you should NOT treat

Do not use on these areas: inside the mouth, pubic area, mucous membrane, Adam's apple, thin skin or bony areas such as the elbow, knee, collar bone, or forehead, over plastic surgery, fissures, over the heart or pit of stomach, face (when in BODY mode), ears, nose, lips, eye area or head, or over areas where the entire treatment head cannot fully contact the skin surface such as fingers, wrists, and ankles.

● How to apply treatment on the skin

To avoid adverse effects on the skin, be sure to apply the treatment head flat against the skin surface so that the entire surface of the treatment head is in contact with the skin as shown below.



Using the BODY Mode

- 1 Apply a coin-sized portion of skincare product on the treatment head and spread it over the treatment area. Or, you may apply a sufficient amount of water instead.**
 - When using in the bath, use in bath water (in the tub) or wet your skin sufficiently with water.
- 2 Press and hold POWER button for 1 second to turn on the power.**
 - The BODY mode and FACE mode lamps will flash.
- 3 Press the BODY mode button.**
 - The BODY mode lamp turns solid blue.
- 4 Choose the intensity level by pressing the RF (Radio Frequency warming) LEVEL or EMS (Electrical Muscle Stimulation) LEVEL buttons.**
 - Level lamps will turn solid blue or flash depending on selected level.
 - Always begin at Level 1 until you accommodate to treatment.
 - Do not increase EMS level to a point where you feel it painful.
- 5 Move the treatment head over your skin. (Guideline: 2-5 cm per second.)**
 - Move slowly during the first half of treatment (2 cm/sec), then speed-up to finish treatment at about 5 cm/sec.
 - Be sure the entire treatment head is in contact with the skin surface.
 - Refer to p.17+ for recommended use over various body areas and p.14 for advice on how to apply to the skin.
- 6 When treatment is finished, press and hold the POWER button for 1 second to turn off the power.**
 - The power will automatically turn off 10 minutes after turning on and not being operated, or 10 minutes after selecting a mode.



CAUTION

- During use, make sure the entire surface of the treatment head is in contact with the skin surface.
- Never apply to prohibited areas (see p.14).
- During use, keep moving the treatment head over the skin using a guideline of 2-5cm/sec.
- Use only with skincare product (excluding those mentioned on p.5) or with water.

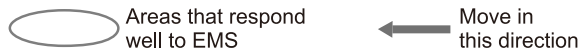
Tips for Using in the Bathroom

- Do not press the treatment head too hard against your skin. If you press too hard, it may be difficult to move over the treatment area.
- Be sure to apply the treatment head flat against the skin surface (see p.14).
- Do not leave the device submerged in water for a long time.
- The device may be used with water in the bathtub or shower without applying gel for treatment.
- When used in water, the treatment head may be more difficult to move over your skin surface.
- You may not feel the RF or EMS as much when used in the bath or shower.

Recommended Application on Body Areas

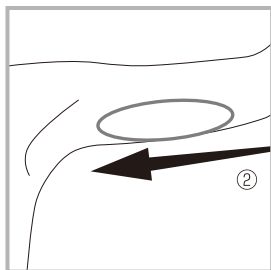
Follow these recommended procedures for each body area, moving the treatment head as shown several times over the area being treated.

Guide to Symbols:



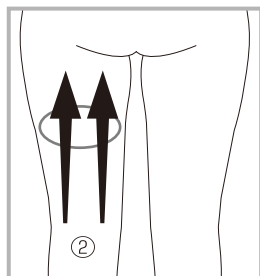
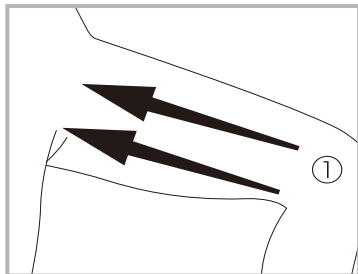
● Upper Arms (5 minutes each right & left)

- ① Arm straight out with palm facing upward.
 - The part of your upper arm you wish to treat should be facing down.
- ② Move from elbow towards underarm.
 - Apply to both inner and outer side of upper arm.
- ③ Repeat treatment on the other arm.



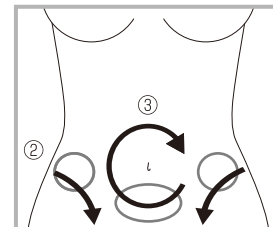
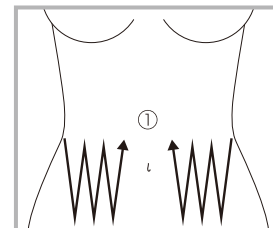
● Thighs (5 minutes each right & left)

- ① Move upwards on the inner thigh from your knee towards the top of your thigh (groin).
- ② Move upwards on the back side of the thigh from your knee towards the top of your thigh.
- ③ Repeat treatment on the other thigh.



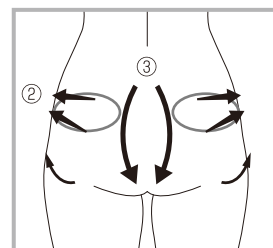
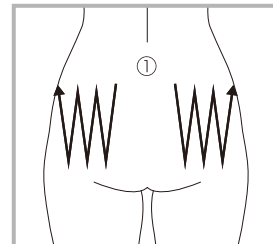
● Abdomen (waist) (Step ① 5 minutes, Steps ② + ③ 5 minutes)

- ① Zigzag from the side towards the middle.
 - Gradually move in from the side of your waist towards the middle as you zigzag.
- ② Move from the flank (side of the waist) down to the top of your leg as if draining downwards.
- ③ Move the treatment head in a circle around your navel.



● Hips (Step ① 5 minutes, Steps ② + ③ 5 minutes)

- ① Zigzag from the center towards the outside of the hips.
 - Gradually move outward from the center towards the outside hips as you zigzag.
- ② Move from the inner area of each buttock towards the outside of the hips.
- ③ From the top center, move downwards to the bottom of the buttocks.



Using the FACE Mode

● Use only the FACE mode for treating your face.

Clean your face before treatment to remove makeup and dirt.

- 1 **Apply water or skincare product on your face.**
- 2 **Press and hold POWER button for 1 second to turn on the power.**
 - The BODY mode and FACE mode lamps will flash.
- 3 **Press the FACE mode button.**
 - The FACE mode lamp will turn solid blue.
- 4 **Choose intensity level by pressing the RF (Radio Frequency warming) and EMS (muscle stimulation) LEVEL buttons.**
 - Level lamps will turn solid blue or flash depending on selected level.
 - Always begin at Level 1 until you accommodate to treatment.
 - Do not increase EMS level to a point where you feel it is painful.
- 5 **Move the treatment head over your skin as shown at right. Whole face treatment should be completed within 10 minutes. (Guideline: 2-5 cm per second.)**
 - If moving the treatment head over your face is difficult, add water or skincare product onto your face.
 - Keep moving the treatment head over your skin; do not stop on one spot as this may cause burns.
 - Do not press too hard against your face.
 - Be sure the entire treatment head is in contact with your skin, especially the center treatment head.
- 6 **When treatment is finished, press and hold the POWER button for 1 second to turn off the power.**
 - The power will automatically turn off 10 minutes after turning on and not being operated, or 10 minutes after selecting a mode.



CAUTION

- Do not use longer than 10 minutes for the entire face.
- Be sure the entire treatment head is touching the skin.
- Do not use on eyelids, around the eyes, Adam's apple, nose, ears, lips, or forehead.
- Use only with skincare product (excluding those mentioned on p.5) or with water.
- Do not use the BODY mode on your face as this may cause skin problems.

After Use

How to Clean

Clean the treatment head every time after each use.

Clean regularly to avoid malfunction or operation failure. When cleaning, always turn off the power and unplug the AC adapter from the charger base and from the wall socket.

● Cleaning the Main Unit

- 1 **Wipe off any water, lotion, or gel from the treatment head.**
- 2 **Wipe off any dirt or residue on the surface using a well wrung towel.**
 - For heavy dirt, soak a sponge or cloth with diluted mild detergent and wipe off the soil.
 - Do not use alkali detergents, alcohol, thinner, benzene, or nail polish remover.
- 3 **Wipe off water or dirt from the charging terminals.**



● Cleaning the Charger Base

- 1 **Wipe off any dirt or residue on the surface of the charger base using a well wrung towel.**
- 2 **Wipe off water or dirt from the charging terminals.**

● Cleaning After Using in the Bath

- 1 **Wipe off any water from the main unit.**

If there are any water drops remaining inside the holes beside the treatment head, lightly pat the main unit or shake well to drain off the water.
- 2 **Allow the unit to dry in a well ventilated place**
 - Do not place the unit under direct sunlight.
 - Do not charge the unit while it is still wet.

How to Store

- If you will not be using the device for an extended period, clean the main unit and the charger base before storing.
- When not in use, turn off the power, unplug the AC adapter from the charger base and the wall socket, and store in a clean, dry location.
- Do not store the device near stoves or heaters, under direct sunlight, in humid places such as the bathroom, or in an unstable place.
- Keep this device out of the reach of children.

Maintenance and Inspection

- If you have not used the device for an extended period, inspect it carefully and check that the device works properly and safely before use.
- If there is any evidence of a malfunction, refer to the “Troubleshooting” section (p.22-23) before calling for service.
- If the device malfunctions, appears damaged, or needs service, please contact your local distributor.

Troubleshooting

Checklist for Possible Problems

If you encounter any problem during operation or see a symptom listed below, refer to the possible cause and solution in the chart.

Symptom	Possible Cause	Solution
Power does not turn on	→ You did not press POWER button to turn on the unit	→ Press and hold POWER button for 1 second to turn on
	→ The battery is not charged	→ Charge using the charger base (p.11-12)
	→ Unit is charging (set on the charger base)	→ Remove from the charger base
Power turns off or device only operates for a few minutes even after charging	→ Insufficient charge	→ Fully charge for approx. 3 hours
	→ Auto-Off function	→ See p.11
Unit does not charge or the charge lamps do not flash	→ Unit not properly set on charger base	→ Ensure the charge terminals are in contact (p.12-13)
	→ Adapter plug not inserted into base	→ Plug adapter firmly into the charge base
	→ Battery is already fully charged	→ The product is ready to use (see p.12-13)
You do not feel RF heating	→ You have not wet the treatment area before applying treatment or your skin is too dry	→ Sufficiently wet skin with water, gel, etc. The RF you feel may depend on the skin care product used
	→ Level is set low or unit is in standby	→ Increase level with RF Level button
	→ You are moving the head too quickly	→ Moving at 2-5cm per second is suggested
	→ Entire treatment is head not in contact	→ Be sure entire head contacts the skin

Symptom	Possible Cause	Solution
You do not feel RF heating	→ You are using it in or under water	→ You may feel less RF under water
RF feels too hot	→ You are keeping the head on one area or moving it too slowly	→ Suggested speed for moving the head is 2-5cm / second
	→ The entire treatment head is not in contact with skin	→ Be sure the entire treatment head contacts the skin
	→ Level is too high	→ Decrease level using RF level button
Treatment head feels hot	→ It is normal for the treatment head to get warm with CAVI*	→ Stop use if too hot, wait 10 min. and turn on the power again
You do not feel a sensation in CAVI*	→ You will not normally feel CAVI* treatment	* CAVI = Cavitation which is an ultrasonic vibration feature NOTE: CAVI does not work in FACE mode
Cannot change CAVI* intensity level	→ CAVI* intensity level is not adjustable	
There is a sound while using CAVI*	→ CAVI* sound is due to vibration and is normal	
You do not feel EMS treatment	→ Treatment area dry	→ Wet your skin with water, gel, etc.
	→ Level is too low or unit is in standby	→ Increase level using EMS level button
	→ Each individual feels EMS differently	
EMS is unpleasant or painful	→ You are on an area that feels less EMS	→ Move to a different area (see p.17-19)
	→ Level is too high	→ Decrease level using EMS level button
	→ The entire treatment head is not in contact with the skin	→ Be sure the entire treatment head contacts the skin

FAQ (Frequently Asked Questions)

Q	A
Can I use this product in the bath?	Yes, the device is waterproof (equivalent to IPX7 waterproof standard). However, do not submerge in water and leave it for an extended period. If the head is difficult to move over the skin while in water, press it more lightly on the skin surface.
What is the recommended use?	Recommended use is during or after a bath when your body is warmed up. Treatment is helpful for making your body smooth & supple.
Can I use it in a sauna or bedrock bath?	Never use in a sauna or bedrock bath since the product may get hot and could cause burns.
Can I use it outside of the bath?	Yes. However, when using it outside of the bath and your skin is dry, you may feel less Sonic, RF, or EMS treatment. Use it with gel, water, etc. applied to the skin.
I have sensitive skin. Can I use this product?	Perform a pre-test on your skin first to check your skin reaction (see p.13). If there is no adverse reaction to your skin, you may use it. If you feel or see any negative reaction on your skin, stop use immediately. If you cannot judge by yourself, consult a doctor.
What kind of skincare product should I use?	You may use your own lotion, serum, or gel. However, do not use any of the following as they may cause skin problems or a product malfunction: <ul style="list-style-type: none"> • oil • scrub • stimulating toner • toner or massage gel with warming effect • toner or massage gel that contains fat burning ingredients, etc.

● Rechargeable Battery

- The rechargeable battery is a consumable item (not covered by warranty).
- If the operation time after charging has become extremely short, it could be the end of the battery's useful life. Battery can be charged approximately 300 times.
- Consult your local distributor for battery replacement.

● Disposing of Product

- This product uses a lithium ion storage battery.
Follow your local rules when disposing of the product.

