

Contacts for overseas customers

- Please contact your local distributor or visit YA-MAN Global websites (<https://www.ya-man.com/en/>).

Marking Description



This marking indicates that this product should not be disposed with other household wastes throughout the UK and EU.

To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources.

To return your used device, please use the return and collection systems or contact the retailer where the product was purchased, they can take this product for environmental safe recycling.



This marking indicates that it is a detachable supply unit.

This product must be charged only using the included detachable power supply.



User's Manual

Home-care Beauty Device

Photo PLUS Prestige SP II

YJFM24VB, YJFM24V



English User's Manual come with this product.

Please download the other language's User's Manual version from this link

(<https://www.ya-man.co.jp/en/support/documents/>) or scan with QR code with your camera phone.

Please carefully read User's Manual to ensure safe and proper use of the device.



TO ACCESS SCAN WITH
YOUR CAMERA PHONE

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Thank you for purchasing a YA-MAN product.

- Please read this User's Manual carefully for information on how to use the device properly and safely.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Be sure to include this User's Manual if you are transferring ownership of the device to another person.




Safety Precautions

- Read these Safety Precautions carefully before using the device in order to use it correctly.
- Use the device sensibly in accordance with the prescribed steps.
- Immediately discontinue use and arrange to have the device repaired if any abnormality occurs.
- Do not use the device in a defective state, as doing so could cause a physical harm to the user.
- The precautions listed in the User's Manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or ATTENTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

● Classifications of Precautions

	DANGER	Improper use of this device poses a severe and likely risk of death or serious injury.
	WARNING	Improper use of this device may pose a risk of death or serious injury.
	ATTENTION	Improper use of this device may result in injury or property damage*. *Property damage* refers to damage affecting a dwelling, household belongings, or domestic animals and pets.

● Symbols

	This symbol shows you what you must not do.
	This symbol shows you what you must do.
	This symbol shows you what you must be careful with.

DANGER

The following individuals should not use the device:



Prohibition

Use of the device could cause electronic medical devices to malfunction.

- ◆ Do not use the device in conjunction with any medical electronic equipment, including:
 - pacemakers or other implanted electronic medical devices;
 - artificial heart-lung machines or other electronic life-support medical devices; and
 - electrocardiographs or other worn electronic medical devices.



WARNING

Do not use under the following conditions:

- Failure to comply may cause accidents or other problems.
- If you have existing or suspected epilepsy, heart disease, or related disorders
- If you are unable to sense temperature or stimulation
- If you have an autoimmune disease
- Infants or those who are unable to express their intentions on their own

Consult a physician prior to use under the following conditions:

- If you have an acute disease
- If you have an infectious disease
- If you have a malignant tumor
- If you have a febrile disease
- If you have high blood pressure or a blood disease
- If you have a fever
- If you have sensory impairment due to severe peripheral circulatory dysfunction (e.g. diabetes)
- If you have a nerve damage
- If you have a skin disease or atopic dermatitis
- If you are a hospital outpatient and are taking medication
- If you have a pre-existing skin condition, such as an allergic constitution or contact dermatitis, or if you have a concern about your skin when using this device



Prohibition

Do not use in the following cases or on the following areas:

- Failure to comply may cause accidents or other problems.
- If your skin is damaged, experiencing a rash, inflammation, or other abnormalities
- If you are under the influence of alcohol
- Anywhere inside the mouth, around the pubic region, or any mucous membrane
- Eyeballs
- Upper eyelids (except in COOL Mode, but can be treated with the LED light.)
- Lower eyelids and outer corners of the eyes (except in EYE CARE Mode and COOL Mode, but can be treated with the LED light.)
- Throat
- Head
- Bulging moles
- Viral warts
- Areas where you have broken a bone
- Areas of internal bleeding, swelling or scabbing after cosmetic medical procedures
- * Avoid using the device for 2 weeks after cosmetic medical procedures. After this period, consult with a physician and only use the device if the physician confirms there is no problem. (e.g. Hyaluronic acid injections, silicone injections, botox, thread lifts, double eyelid surgery, HIFU, etc.)
- Areas where metal was implanted by surgery (reconstructive surgery, plastic surgery, cosmetic surgery, etc.)



Prohibition

Do not use the device for a long time over areas where the skin is thin or areas above bones.

Failure to comply may cause skin problems or physical ailments.



Prohibition

Do not overuse the device. For usage time and frequency, follow the instructions in the User's Manual.

Failure to comply may cause physical injuries.



Prohibition

Before use, check to make sure the electrode and treatment head are not cracked, deformed or broken. Do not use the device if it is damaged or malfunctioning.

Failure to comply may cause injuries or skin problems.

WARNING

Do not use, store or charge the device in the following locations:

- In bathrooms or near bathtubs, showers, washbasins or other containers filled with water
 - A dusty location, a location where there is exposure to direct sunlight or outdoors
 - Uneven or unstable location, or a location where there is vibration or shocks
 - A location where there are strong radio waves or magnetism
 - Near a flammable substance (such as alcohol, thinner, benzene, nail polish remover or spray).
 - A location where there is exposure to oil smoke or steam
 - A location that may become hot, such as near a heating device (e.g. a heater)
 - A location with drastic temperature changes (for example, near an air conditioner or heater)
- Failure to comply may cause a fire, electric shocks, accidents, malfunction of the device, falls or injuries.



Prohibition



Prohibition

Do not use the device if the AC adapter is damaged.

Use a dedicated AC adapter.



Prohibition

Do not pull the plug from a power outlet or pull the plug from the main unit during use.

Failure to comply may cause an electric shock or a fire due to a short circuit.

Be sure to turn off the power before pulling out the plug.



Non-intended
uses prohibited

Do not use the device for any purpose or in areas other than those stated in the User's Manual.

Failure to comply may cause a malfunction of the device or injuries.



User
restrictions

Children should obtain the consent of their guardians before using the device and should only use it under the supervision of a guardian or a specialist.

Failure to comply may cause an accident or an injury.



Prohibition

Do not use at a temperature below the specified ambient temperature.

Failure to comply may cause the electrodes to stick to and damage the skin.



Prohibition

Do not leave the device unattended while it is turned on.

Failure to comply may cause a fire or accident.



User
restrictions

Keep the device and AC adapter away from children and do not allow them to use it alone. Do not allow children to play with the device.

Failure to comply may cause an accident or an injury.



Combustion
warning

Do not dispose of the device in a fire or place it near fire or flames. Do not use, charge or store in a high-temperature or high-pressure area.

The device features a built-in rechargeable battery. Failure to comply may lead to the generation of heat, a fire or explosion.

WARNING



Must Comply

If the device is dropped or damaged, turn off the power immediately, pull out the plug, and request a repair/inspection.

Failure to comply may cause a fire or electric shock.



Disassembly
prohibited

Do not disassemble, attempt to repair or modify this device in any way.

Failure to comply may cause a fire, electric shock or other injuries. Contact your local distributor for an advice on repairing the device.



Removing
the plug

If you feel an earthquake, see lightning or hear thunder, turn off the power and unplug the device.

Failure to comply may cause a fire or electric shock.



Prohibition

Always use the dedicated AC adapter.

Failure to comply may cause an electric shock, a short circuit or a fire.



Overloading
of an electric
circuit is
prohibited

Do not connect too many plugs to one outlet exceeding the rated capacity of the outlet.

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.



Use of a
damaged
electric circuit
prohibited

Do not use if the AC adapter is damaged or if the wall socket is too loose.

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device. Contact your local distributor for an advice on repairing the device.



Removing
the plug

When disconnecting the plug from a power outlet, be sure to pull it out by grasping its head instead of the cord (do not touch the metal parts). Do not insert or disconnect the plug with wet or damp hands.

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.



Removing
the plug

After using the device, when the device is not in use and when cleaning it, be sure to turn off the power and remove the plug from a power outlet.

Make sure to disconnect the AC adapter from a power outlet after charging is completed. Failure to comply may cause a fire or accident.



Careless or
reckless use
prohibited

Do not damage or modify the AC adapter. Do not apply unnecessary force, bundle, or twist.

Failure to comply may cause the cable to break, resulting in a fire or an electric shock. Straighten out any twists in the cord before storing.



Must Comply

Be sure to use the device in an operating voltage range between 100~240 volts. Make sure the plug is fully inserted into the power outlet.

Failure to comply may cause a fire, an electric shock, or other accidents.
* The free-repair warranty is only valid in Japan.

CAUTION



Prohibition

Do not press the device strongly or use it intensively on a single area.

Pressing the device stronger than necessary or using it intensively on a single area may damage the skin.



Prohibition

Do not use while driving.

Failure to comply may cause accidents or injuries.



Prohibition

Do not use COOL Mode continuously.

If used for continuous treatments, the head will not fully cool. Have an interval of at least 30 minutes between treatments.



Must Comply

Use only Level 1 upon the first use and until you are accustomed to use. Even if you do not feel any stimulation, make only small adjustments to the intensity level. Use the device at an intensity level that suits you.

Make only gradual adjustments to the intensity level. Failure to comply may cause an accident or an injury.



Prohibition

Do not allow the device to come into contact with another beauty device or electronic appliance while the power is on. Do not use with other electronic products (electric blankets/bed sheets, heated tables, etc.) at the same time.

Failure to comply may lead to accidents due to malfunctions.



Prohibition

Do not expose the device to strong water pressure from showers or faucets nor submerge it in water.

Though the water resistance rating of the device is JIS protection grade IPX5, it is only protected against dripping water according to the product specifications. Do not intentionally splash water on the device because it is not designed to withstand strong water pressure from showers or faucets, nor to be submerged in water. Failure to comply may cause a malfunction of the device.



Must Comply

During the treatment, carefully check that your skin is not showing any abnormalities. Stop using the device immediately if you start to feel pain, fatigue or if you see any skin reaction during use.

Stop using the device immediately if the treatment does not agree with your skin. If symptoms persist the following day and beyond, consult a physician.

CAUTION



Prohibition

Do not look directly into the LED light. When using the LED light to treat areas around the upper eyelids, lower eyelids or outer corner of the eye, be sure to close your eyes and keep the electrode head at least 5 cm away from your skin.

Failure to comply may cause damage to your eyes or skin.



Must Comply

If you are currently undergoing dental treatment or have teeth fillings, choose a lower intensity level and apply the device on a different area.

You may feel strong irritation or discomfort due to EMS on your cheeks or chin. If you feel strong discomfort, consult a physician.



Must Comply

Avoid using the device on the same area for longer than 15 minutes.

When using on the same area again, be sure to leave an interval of 24 hours or more between treatments. Excessive use may damage the skin. The above recommendations are merely guidelines. Please observe your skin condition and use the device accordingly.



Removing the plug

If a power failure occurs, turn off the power immediately and unplug the device from the power outlet.

Failure to comply may cause an accident.



WARNING



Use the device at AC100~240V only (free warranty service is only available in Japan).

Must Comply Failure to comply may cause a fire, electric shock or a failure of the device.

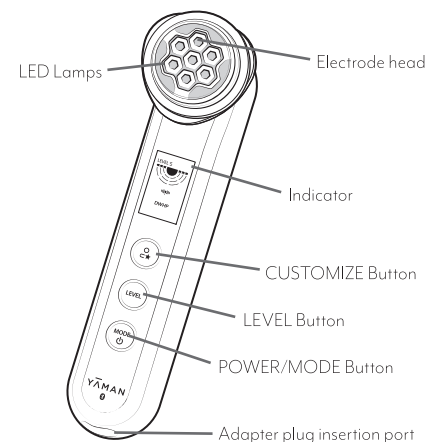


Be sure to check the plug configuration and the voltage of the power outlet before use.

Combustion warning Failure to comply may cause the generation of heat, a fire, or a malfunction of the device.

- The plug configuration and voltage may vary depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- For information about plug adapters, consult a consumer electronics retailer.

● Main Unit



[Accessories]

● Cotton Stopper

- * The cotton stopper is attached to the electrode head when purchased.
- * Use this stopper to fix a cotton pad to the electrode head.



● AC adapter

- * The design and specifications of the device and accessories are subject to change for improvements without prior notice.

Charging the Battery

This product is rechargeable and can be used either without an electric cord or by connecting it to an AC adapter.

Always use the device after charging when you use device without an electrical cord.

- Before using for the first time, or if you have not used the device for an extended period, fully charge the battery and make sure that the charging indicator has turned from flashing to solid, indicating a full charge.
- Make sure that there is no water on the adapter plug insertion port. Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.

Estimated Charging Time

Charging time	Operating time
Approx. 3 hours	Approx. 30 minutes

- * Charging at room temperature of approx. 25°C.
- * Operating time when fully charged.
- * Operating time may vary depending on the operating mode, operating level and/or operating environment.
- * The actual charging time will differ depending upon the remaining battery and the charging environment.

Charging the Battery

1 Insert the AC adapter plug into the adapter socket of the main unit.

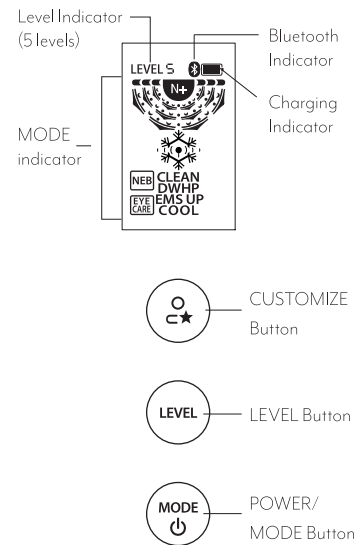
2 Plug the AC adapter into the power outlet.

- Use only the supplied exclusive AC adapter with this device.
- Plug the AC adapter directly into the wall socket. Do not overload the electric circuit.
- When charging begins, the charge indicator will flash. When charging has completed, the charging indicator will turn solid.

3 After charging is completed, disconnect the AC adapter plug from the wall socket, then disconnect the adapter plug from the device.

How to Read the Panel

Indicator and Buttons









- Press and hold the POWER/MODE button to turn on the device (enter Standby status).
- Treatment mode can be changed by pressing the POWER/MODE button during operation.
- You can select the treatment level in CLEAN, DWHP /NEB, EMS UP, and EYE CARE Modes for both DEFAULT Care and CUSTOMIZED Care. Each Mode has 5 intensity levels that can be adjusted with the Level / Vibration button.
- Press and hold the POWER/MODE button to turn the power off.
- The Bluetooth mark is displayed in the MODE indicator when customizing modes.

● MODE Indicator

• DEFAULT Care

After turning on the device by pressing and holding the POWER/MODE button, the treatment mode will be selected in the following order each time you press the POWER/MODE button: CLEAN → DWHP → EMS UP → EYE CARE → COOL → CLEAN (repeat)








Mode	CLEAN	DWHP	EMS UP	EYE CARE	COOL
Function	CERTEC*/ Ion derivation/ LED (Red)	CERTEC*/ DYHP/ DWHP/ LED (Red/ Orange)	CERTEC*/ EMS/ LED (Red)	CERTEC*/ Micro-currents/ EMS for eyes/LED (Red)	Cooling/ LED (blue)
MODE indicator	 CLEAN	 DWHP	 EMS UP	  EYE CARE	 COOL

• CUSTOMIZED Care

After pressing the POWER/MODE button, the treatment mode will be selected in the following order each time you press the CUSTOMIZE button: CLEAN → NEB → EMS UP → EYE CARE → COOL → CLEAN (repeat). You can customize treatment modes using the WeChat Mini Program. The Bluetooth mark is displayed in the MODE indicator when customizing modes.

* Only those who have a Chinese mainland telephone number can use the program.

The following treatment modes can be used as the default settings without connecting the device to WeChat.

Mode	CLEAN	NEB	EMS UP	EYE CARE	COOL
Function	CERTEC*/ Ion derivation/ LED (Red)	CERTEC*/ DYHP/ LED (Red/ Orange)	CERTEC*/ EMS/ LED (Red)	CERTEC*/ Micro-currents/ EMS for eyes/LED (Red)	Cooling/ LED (blue)
MODE indicator	 CLEAN	  NEB	 EMS UP	  EYE CARE	 COOL

*Cell Energy Regeneration Technology

● LEVEL Indicator

Use only Level 1 upon the first use and until you are accustomed to use, 5 levels are available; choose the level you feel more comfortable with. Each time the LEVEL button is pressed, the level will change.

● Charging Guide Display

The charging indicator lights up/ flashes from 1 to 3 depending on the level of charge.

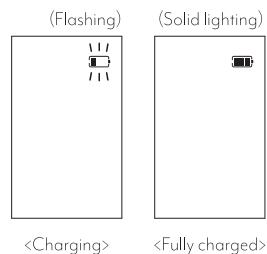
When using without an electric cord: Light is on

When using while charging: Light is off

Charging: Flashing

When charging has completed, the charging indicator will turn solid.

* When using the device without an electric cord, if the battery level is insufficient, the device will beep 3 times, the charging indicator will flash 3 times and the power will be turned off.



● Safety Functions

• Temperature sensor

Output will be reduced automatically for safety reasons when the temperature on the skin or the electrode head rises. If the temperature becomes too high, the power will be turned off for safety after 10 short beeps. If this happens, let the device rest for about 30 minutes.

• Current sensor

Measures the current output value and controls the output to avoid excessive current.

• Motion sensor

The motion sensor detects movement of the device and pauses output for safety reasons when the electrode head has been used on the same area continuously. When movement of the device slows, the motion sensor may reduce the level of warmth.

• Touch sensor

The touch sensor detects it when the device touches the skin and is removed from the skin and adjusts output.

● Timer / Standby

When about half of the mode setting time has passed, you will be notified by a beep. Use it as a guide to change to treat the other side (timer function).

The device goes into standby status after it is turned on and after CLEAN and DWHP Modes or NEB, EMS UP, and EYE CARE Modes for each care process are completed, and the indicator of the next treatment mode flashes. Standby time after the end of each mode is about 5 minutes.

* When you press the POWER/MODE button, the mode indicated in flashing light will start.

* If the next mode is not started within approx. 5 minutes, the device will be turned off automatically after 2 short beeps.

● Auto-off Function (Automatic Power-off)

If the device is not operated within approx. 5 minutes of going into standby status, it will be turned off automatically after 2 short beeps. At the end of COOL Mode for both Default Care and Customized Care, the device will be turned off automatically after two short beeps.

● Personal memory function

The device remembers the level being used when the last treatment mode ended, and returns to the same settings the next time it is switched on.

● Resistance Factor Control

This feature detects how easily the skin current flows and controls the current so that the treatment can be performed with the appropriate output.

● Water-resistance

This product is IPX5 level water-resistance (JIS waterproof protection class).

* The device is not completely waterproof. Do not submerge the device in water or leave it under running water.

* The AC adapter is not waterproof.

Pre-testing on Skin

* When using the device or a skincare product for the first time, always test for compatibility.

1

Clean your skin.

- Wash the inner side of your arm with soap and water, then wipe dry with a towel.
- Remove all metal accessories (watches, necklaces, rings, earrings, etc.) when using the device. Failure to comply may cause an accident or an injury.

2

Apply water or skincare product (gel or lotion) on the inner side of your arm and apply DWHP Mode (the default treatment mode) for approx. 3 minutes.

- Do not wet or rub the pre-testing area.

If you experience any skin abnormalities (redness or burning sensation) at the pre-testing area within 24 hours, stop using the device.



CAUTION

- Be sure to perform a pre-test in order to prevent skin problems from occurring.
- If a rash, reddening, itchiness, stinging sensation, or other abnormalities occur at the pre-testing area, immediately stop the pre-test and wash the affected area.
- Do not use the device if any skin abnormalities are perceived.

About Treatment Modes

This product offers Default Care and Customized Care.

• DEFAULT Care

Mode	Function	Recommended skincare product	Cotton pad	Operating time	Level	Recommended frequency
CLEAN	• CERTEC* • Ion derivation • LED (Red)	Skin lotion or water	With a cotton pad	Approx. 3 minutes	5 levels	2 to 3 times a week
DWHP	• CERTEC* • DYHP • DWHP • LED (Red / Orange)	Serum or sheet mask	Either with or without a cotton pad	Approx. 3 minutes	5 levels	
EMS UP	• CERTEC* • EMS • LED (Red)	Serum or sheet mask	Either with or without a cotton pad	Approx. 3 minutes	5 levels	
EYE CARE	• CERTEC* • Micro-currents • EMS for eyes • LED (Red)	Eye care cosmetics	Either with or without a cotton pad	Approx. 3 minutes	5 levels	5 times a week
COOL	• Cool down • LED (Blue)	The device should be used after applying emulsion or cream to the skin	Without a cotton pad	Approx. 3 minutes	N/A	Everyday use is possible

* Cell Energy Regeneration Technology

• CUSTOMIZED Care

For Customized Care, treatment modes can be customized using the WeChat Mini Program.

* Only those who have a Chinese mainland telephone number can use the program.

The following treatment modes can be used as the default settings without connecting the device to WeChat.

Mode	Function	Recommended skincare product	Cotton pad	Operating time	Level	Recommended frequency
CLEAN	• CERTEC* • Ion derivation • LED (Red)	Skin lotion or water	With a cotton pad	Approx. 3 minutes	5 levels	2 to 3 times a week
NEB	• CERTEC* • DYHP • LED (Red / Orange)	Serum or sheet mask	Either with or without a cotton pad	Approx. 3 minutes	5 levels	
EMS UP	• CERTEC* • EMS • LED (Red)	Serum or sheet mask	Either with or without a cotton pad	Approx. 3 minutes	5 levels	
EYE CARE	• CERTEC* • Micro-currents • Eyes only EMS • LED (Red)	Eye care cosmetics	Either with or without a cotton pad	Approx. 3 minutes	5 levels	5 times a week
COOL	• Cool down • LED (Blue)	The device should be used after applying emulsion or cream to the skin	Without a cotton pad	Approx. 3 minutes	N/A	Everyday use is possible

* Cell Energy Regeneration Technology

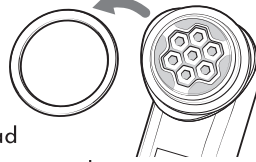
- Be sure to keep moving the device over the skin while you are using it (except in EYE CARE Mode and COOL Mode).
- If the COOL Mode is used for continuous treatments, the head will not become fully cool. Have an interval of at least 30 minutes between treatments.
- If using your regular skincare product, be sure it is water soluble. Do not use oil-based or scrubbing skincare products except in COOL Mode.

How to Use

How to attach a cotton pad to the electrode head

1 Remove the cotton stopper from the electrode head.

2 Place a cotton pad on top of the electrode head and press the cotton stopper down over the cotton pad.



* If the cotton stopper does not fit properly on the electrode head, please use a larger and thinner piece of cotton. As thick cotton pads are difficult to fix in place, split them in half before use.

* If the cotton pad is too thick, the thermal action of the CERTEC* treatment may be adversely affected and you will feel less heat.

3 Apply your regular skin lotion or gel onto the cotton pad.

* Make sure the skin lotion or gel coats the entire surface of the electrode head.

* If using a smooth (non-viscous) skin lotion, the feeling of warmth may decrease.

Recommended skin lotion: high-viscosity skin lotion

* Be sure to thoroughly wipe off any lotion or gel left on the device with a dry cloth after each use.

How to Use

● Precautions

● If using your regular skincare product, be sure it is water soluble. Do not use oil-based or scrubbing skincare products except in COOL Mode.

● Be sure to move the device on your skin while it is in use. Using the device continuously on the same area may cause burns.

● The perceived warmth of the CERTEC* changes depending on the type of skin-care product used and the skin's condition at the time of treatment.

● All the treatment modes cannot be used for the upper eyelids. The device cannot be used over the lower eyelids and outer corners of the eyes except in EYE CARE MODE and COOL Modes.

* The LED light can be used over the upper eyelids, lower eyelids, and outer corner of the eye. Close your eyes and hold the device at least 5 cm away from your skin.

● Recommended environmental temperature: 15°C to 30°C

● Remove all metal accessories (watches, necklaces, rings, earrings, etc.) when using the device. Failure to comply may cause an accident or an injury.

● Please carefully clean the parts of the device that come into contact with the skin every time you use it and keep the device clean at all times.

Failure to comply may cause skin problems.

* Cell Energy Regeneration Technology

● Treatment Method

1 Remove makeup and gently cleanse your face.

* Make sure to remove makeup before using the device on your face. If you use the device over makeup, the foundation may cause dark staining of the skin.

• Remove oil and dirt from your skin so that it is in a clean condition prior to the treatment.

* Cool Mode can be used over makeup.

• If using your regular skincare product, be sure it is water soluble (except in COOL Mode). Do not use oil-based or scrubbing skincare products.

Failure to comply may cause product malfunctions or skin problems.

2 Attach a cotton pad if necessary and apply skin lotion onto it.

* Be sure to replace the cotton pad used in CLEAN Mode.

3 Press and hold the POWER/MODE button to turn on the device (enter standby status).

Select the mode and level when treating your skin with DEFAULT Care. Press the CUSTOMIZE button first and then select the mode and level when treating your skin with CUSTOMIZED Care.

4 Place the electrode head on the skin and move it according to the instructions shown in "How to use the device on your skin" (page 19–21).

• At the end of each mode, standby status is activated (for about 5 minutes), and when the POWER/MODE button is pressed, the next mode starts.

* During use, make sure the electrode head is firmly touching the skin.

5 Press and hold the POWER/MODE button to turn the power off.

* When treatment in COOL Mode has finished, the power will turn off automatically.

6 After treatment, condition your skin as necessary.

• Please apply skin cream as appropriate.

* After each use, refer to 'After Treatment' (page 22) and remove the remaining sebum, serum and other particles stuck to the device. Failing to remove them may cause a malfunction of the device or skin problems.

How to use the device on your skin

Move the electrode head over the skin in the direction of the arrows shown below.

- Please reapply skin-care products or water during treatment to ensure there is always some liquid between the electrode head and the skin.

If there is an insufficient amount of skincare product or water, the stimulation will become weaker, causing skin problems.

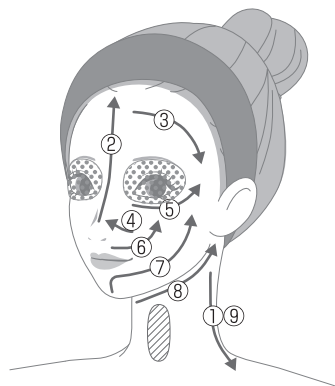
- Be sure to keep on moving the device over the skin while you are using it (except when using the device in EYE CARE Mode and COOL Mode).

Placing the device continuously on the same area may cause burns or low-temperature injuries.

- Do not place the electrode head over the upper and lower eyelids and outer corners of the eyes (except in EYE CARE MODE and COOL Mode, but can be treated with the LED light.)

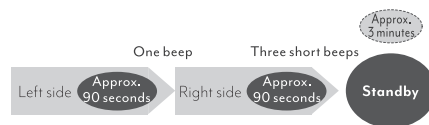
<CLEAN, DWHP, and NEB Modes>

- If the temperature feels too hot, move the head more quickly. You can also use a cotton pad to lower the temperature.
- Use in a position in which the entire surface of the electrode head comes in a contact with your skin.



- Areas you should not treat
 - Areas where only the LED light can be used (refer to p. 21 for details on usage).
- * Close your eyes and hold the device at least 5 cm away from your skin.

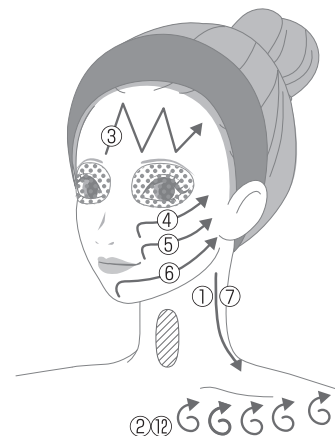
Recommended speed for moving the device: 2 cm/second



<EMS UP Mode>

If you feel an unpleasant tingling on your skin, reduce the intensity level or move to another area.

You could also moisten the skin with water, lotion or gel before using the device. Failure to comply may cause skin damage.

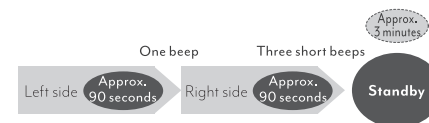


- Press and move the device in a circular, massaging motion, as indicated by the arrows.

- Areas you should not treat

- Areas where only the LED light can be used (refer to p. 21 for details on usage).

* Close your eyes and hold the device at least 5 cm away from your skin.

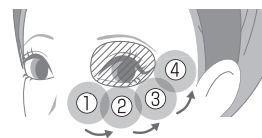


<EYE CARE Mode>

Press the electrode head repeatedly on your face from the inner corner to the outer corner of the eye as if stamping on the skin (Press → Release → Move electrode head).

- * Do not press down continuously on the skin for longer than 3 seconds.

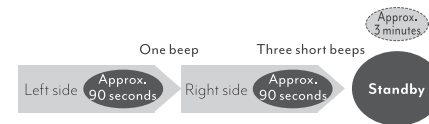
- * Do not move the device while pressing.



- Areas you should not treat: Upper eyelids

- * Under eyelid and outer corner of the eye can be treated

Estimated pressing time: approx. 3 seconds for each point



If you are concerned about dryness around your eyes, we recommend applying EYE CARE Mode for approx. 3 minutes for each side (6 minutes in total).

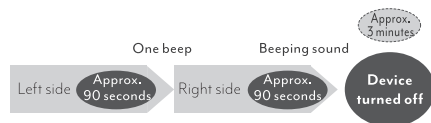
<COOL Mode>

Press the electrode head repeatedly on your face as if stamping on the skin (Press → Release → Move electrode head).

* The device can also be used over the upper eyelids, lower eyelids, and outer corner of the eye.

● How to treat the upper eyelids, lower eyelids and outer corners of the eye

Remove the cotton pad, close your eyes and hold the electrode head to at least 5 cm away from the skin to use the LED light.



After Treatment

* Please carefully clean the parts of the device that come into contact with the skin every time you use it and keep the device clean at all times.

Failure to comply may cause skin problems.

● How to clean and store the product

- 1 Ensure the power is off and unplug the AC adapter from the main unit.
- 2 To clean the treatment head and cotton stopper, wipe with a damp and well-wrung cloth to remove any dirt. Wash the cotton stopper with water.
 - Remove the cotton stopper from the main unit and wash it with water before wiping it dry.
 - Do not wipe the device with solvents such as alcohol, thinner, benzene, nail polish remover, kerosene, chemicals or polishing powder.Failure to comply may cause damage to the surface of the device.
 - After using the device, thoroughly wipe off any remaining lotion and gel, ensuring none is left on the device. Failure to comply may cause a malfunction of the device.
- 3 Wipe off any dirt from areas other than the electrode head and cotton stopper with a dry cloth.

Storing the Device

- When the device is not in use for a long period of time, turn off the power and disconnect the AC adapter from the main unit and wall socket before storing.
- Avoid storing the device near a heater or in a bathroom or other high-temperature/high-humidity locations. Also, avoid unstable locations or places where there is exposure to direct sunlight.
- Keep the device out of the reach of children.

Maintenance and Inspections

- When you have not used the device for a long period of time, check to see that it is functioning normally before re-starting use. Failure to comply may cause an accident or a malfunction of the device.
- If the device is malfunctioning, go to 'Checklist for Possible Problems' (pages 23-24) and attempt to identify the problem before arranging to have the device repaired. If the problem persists, inquiry the Global After Service (<https://www.ya-man.co.jp/en/support/repair/>) or your local distributor.
- If the device malfunctions, appears damaged or needs service, please contact your local distributor.

Troubleshooting

Checklist for Possible Problems

Symptom	Possible causes and solutions
The device does not turn on	<p>→ Press and hold the POWER/MODE button to turn the device on (page 18).</p> <p>→ The battery is running low. Charge the battery (page 9). Alternatively, use the device by connecting it to an AC adapter.</p>
Device only operates for a few minutes even after charging.	<p>→ There is an insufficient charge. Charge the battery (page 9). Alternatively, use the device by connecting it to an AC adapter.</p> <p>→ The expected life of the rechargeable battery (approximate number of charging times: 300 times) has expired. Inquiry the Global After Service (https://www.ya-man.co.jp/en/support/repair/) or your local distributor. * Do not try to replace the battery by yourself. Failure to comply may cause a malfunction.</p> <p>→ You may have pressed the wrong button. Press and hold the POWER/MODE button to turn the device on again (page 18).</p> <p>→ The device is in standby or Auto-off status (pages 12-13). Press the POWER / MODE button.</p> <p>→ If the device is used at low temperature, the power may switch off immediately. Use the device while charging it.</p>
The device won't stay on	<p>→ If you hear 3 long beeps before it shuts off, the battery is insufficiently charged. Charge the battery (page 9). Alternatively, use the device by connecting it to an AC adapter.</p> <p>→ If the device is left at low temperature for a long time, it may turn itself off. Leave it at the recommended ambient temperature of 15 °C to 30 °C for a while, check the charging status and try again.</p>
Device does not start charging (charge indicator does not flash).	<p>→ The adapter is not plugged into the device. Plug adapter into the device (page 9).</p> <p>→ Plug the AC adapter into the wall socket and press the LEVEL button and POWER/MODE buttons at the same time while the power is off (reset).</p>
The device is too warm	<p>→ The device is being used continuously. Turn off the device and wait at least 30 minutes before using it again.</p>

Symptom	Possible causes and solutions
COOL Mode is not very cool	<p>→ COOL Mode is being used continuously. Turn off the device and wait at least 30 minutes before using it again.</p> <p>→ The device is being used in an environment where the temperature exceeds the recommended range. Use the device within a temperature range of 15° C to 30° C.</p>
EMS causes uncomfortable tingling or pain.	<p>→ Lower the intensity with the Level button.</p> <p>→ The entire surface of the electrode head is not touching the skin. Use a mirror to check that the entire surface touches the skin.</p>
The EMS feels weak or I cannot feel it at all.	<p>→ Increase the intensity with the Level button.</p> <p>→ The skin lacks moisture or is dry. Moisturize your skin with lotion or gel.</p> <p>→ You are not applying the device along muscles. Verify that you are applying the device along muscles with the help of a mirror (page 20).</p> <p>→ There is an insufficient charge. Charge the battery (page 9). Alternatively, use the device by connecting it to an AC adapter.</p>
The treatment temperature is too high (except in COOL Mode).	<p>→ You have been using the electrode head on your skin for a long time. Be sure to move the electrode head over your skin when using the device, except in COOL Mode.</p> <p>→ The electrode head moves slowly. Move the device a little quicker.</p> <p>→ It may feel very hot depending on the skin-care product used or the presence/absence of a cotton pad. If it feels hot, try the following: • Use a cotton pad, or when a cotton pad is already used, remove it. • Change the skin-care product used.</p>
I cannot feel any warmth of CERTEC*	<p>→ The device is in standby or Auto-off status (pages 12-13). Turn the power off and then on again, or activate the modes by pressing the POWER/MODE button.</p> <p>→ The skin lacks moisture or is dry. Moisturize your skin with lotion or gel.</p> <p>→ The electrode head moves fast. Please move the device a little slower.</p>
I can't select the level.	<p>→ There is no intensity level selection available in COOL Mode.</p>
The device cannot be operated.	<p>→ Press the LEVEL button and the POWER/MODE button at the same time (reset)</p>

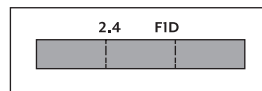
Frequently Asked Questions

Q	A
How much lotion or gel should I use each time?	<p>This device is designed to achieve better results with sufficient use of lotions and/or gel.</p> <p>As a general guide, when using cotton pads, be sure the entire electrode head is moistened with face lotion.</p> <p>Use about two pearl-sized drops of gel.</p> <p>We recommend adding more lotion or gel if you feel there is not enough.</p>
Can I use this product in the bath? Also, can I wash the main unit with water?	<p>The device cannot be used in the bath (bathroom, tub). The main unit is rated JIS-compliant IPX5, which means that it is resistant to splashes but cannot withstand strong jets from showers and faucets, nor can it be submerged in water. Do not wash the device with water. Failure to comply may cause a malfunction. Only the cotton stopper can be washed with water.</p>
Why do I not feel the warmth of CERTEC* when using CLEAN, DWHP, NEB, EMS UP or EYE CARE Modes?	<p>Move the electrode head more slowly or press harder against the skin surface.</p> <p>It is also possible that there is insufficient moisture on the cotton pad. Add more lotion or gel.</p>
Why can't I see any dirt on the cotton pad?	<p>Dirt is removed even though it may not be visible on the cotton.</p> <p>The amount of visible dirt on the cotton can vary among individuals.</p>
Can I use the device over a facial mask?	<p>It can be used over a facial mask too (except in CLEAN Mode). It is recommended when using DWHP Mode for DEFAULT Care and NEB Mode for CUSTOMIZED Care.</p>

* Cell Energy Regeneration Technology

● About the Bluetooth® Function

- The device is compatible with security functions that conform to Bluetooth standard specifications, which will take effect when using the device to communicate through the use of the Bluetooth function. The security may, however, be inadequate depending on the given configuration.
- Please note that we take no liability whatsoever in the event that a data or information leak occurs through communications based on the use of the Bluetooth function.
- The frequency band for the device is as follows.



2.4 : The device uses the 2,400 MHz band.

F : Indicates frequency modulation among forms of the main carrier wave's frequency modulation.

I : Indicates that a single channel for digital signals is used and that auxiliary carrier waves are not used given the properties of signals for modulating main carrier waves.

D : Indicates the format for forwarded information to accommodate data forwarding, telemetering, and remote commands.



: Means that the entire band between 2,402 MHz and 2,480 MHz is used, and that the bandwidth of the mobile identification device is not avoidable.

If you intend to use the device onboard an aircraft, check with the airline in advance.

- Points when using the Bluetooth function

The frequency band used by the device is shared by microwave ovens and other household appliances; industrial, scientific, and medical equipment; wireless stations that are used to identify moving bodies on production lines in plants which requires a license; and specified low-power radio stations and amateur radio stations for which no license is required (hereinafter referred to as "another radio transmitter").

 1. Checky that another radio transmitter is not being operated nearby before using the device.
 2. In the unlikely event that radio interference occurs between the device and another radio transmitter, immediately change the location of use, shut off power to the device, or otherwise avoid radio interference.

The device utilizes specified radio equipment, which a certification of construction type has been granted under the Radio Act.

- The device and all other Bluetooth-equipped devices have been verified as being in compliance with the Bluetooth standard specifications according to a method set forth by the Bluetooth Special Interest Group (SIG) and have been granted certification accordingly. Provided, however, that the method of operations may differ and that data transfers even upon establishing a connection may not be possible depending on the properties and specifications of the connected device.
- Caution
Never use this product when it is modified. The use of a modified device constitutes a violation of the Radio Act.
- Points to keep in mind regarding radio waves
This product has the Bluetooth function. In some countries and regions, the use of the Bluetooth function may not be allowed by law. If you want to use this product in countries or regions other than those where you have purchased it, please contact the concerned authorities of each country or region.

● Trademark

- The Bluetooth® word mark and logo are registered trademarks belonging to Bluetooth SIG, Inc., and are used by YA-MAN, Ltd. under a licensing arrangement.

● Rechargeable battery

- The rechargeable battery is a consumable item (It is not covered by warranty).
- If the operation time after charging has become extremely short, it could be the end of the battery's useful life. The battery can be charged approx. 300 times.
- If you need a battery replacement, contact your local distributor.

● DISPOSAL INFORMATION

- **Follow your local government rules on separation of trash for proper disposal of this product.**
- **This product uses a lithium ion battery. For information on the disposal of batteries, see [Disposing of the Battery and Removing the Battery](#) on the following pages.**

<Disposing of the Battery>

The lithium-ion battery used in this product is a valuable recyclable resource.

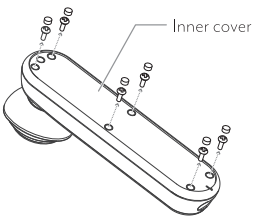
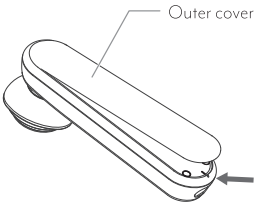
- The battery must be removed from the appliance before it is disposed of.
- Be sure to turn off the power and disconnect the AC adapter before removing the batteries.
- Use a screwdriver to remove the battery. Be careful not to injure yourself.
- When removing the battery, be careful not to damage it with a hard object.
 - * Failure to comply may cause the generation of heat or a fire.
- Follow your local government rules for proper disposal or recycling of this product.



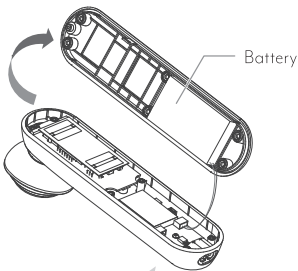
<Removing the Battery>

Operation Steps Refer to figures ① to ④ below to remove the battery.

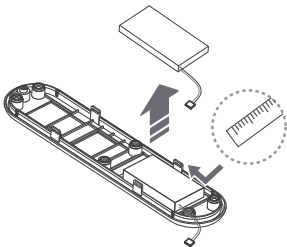
- ① Remove the outer cover using a flat-tipped object.
* It is fixed with strongly adhesive tape.
- ② Remove the 6 rubber stoppers and screws on the inner cover.



- ③ Remove the inner cover and disconnect the battery cable from the connector.
* It is fixed with strongly adhesive tape.
- ④ Remove the battery using a flat object like a ruler.



❗ Do not cut the cable.



❗ Pay attention not to damage the battery



Below figures are intended to be used for disposing of the product, not repairing it.
CAUTION: Disassembling the device by yourself may cause a failure.

● Product Specifications

Rated Power Supply	DC9V 2.0A
Power Consumption	Approx. 18 W
Battery	Lithium-ion battery
Charging Time	Approx. 3 hours *Charge time may vary with conditions of the charging environment.)
Outer Dimensions	Main unit (with a cotton stopper): approx. W52 x D62 x H203 (mm)
Weight	Main unit (with cotton stopper): approx. 312 g
Materials	Main unit: ABS resin. Indicator panel: Acrylic resin and PC resin(YJFM24VB). /Acrylic resin and PU resin (aluminum in some parts)(YJFM24V). Electrode head: PET resin and stainless steel Main unit's metallic parts: ABS resin (indium vapor deposition)
Country of Origin	Japan
Accessories	Cotton stopper, AC adapter
Recommended Environmental Temperature	15°C-30°C
Water Resistance Class	JIS-compliant IPX5 class protection