

# **User's Manual**

Household beauty device Medi Lift EP-14

......

 Please read Safety Precautions on the back the of this page to use the device safely. ©2018 YA-MAN LTD. ALL RIGHTS RESERVED. Unauthorized copying and replication of the contents, text and images of this User's Manual are strictly prohibited. EP14-1-001E

#### Introduction

Thank you for purchasing YA-MAN product.

· Carefully read this User's Manual to use the device properly and safely.

· After reading the contents hereof, make sure to store this User's Manual in an accessible location.

· Make sure to include this User's Manual if you are transferring ownership of the device to another person.

Accessories

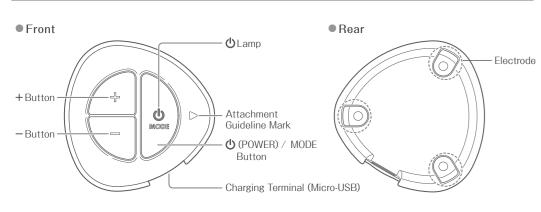
Charging USB Cable (Micro-USB)\* User's Manual

\*Do not use this cable for products other than Medi Lift.

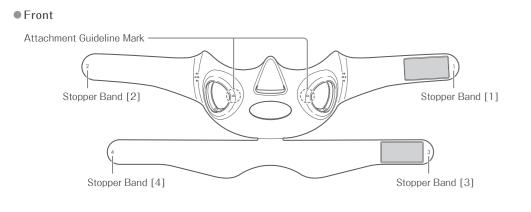
Design and specifications of the main unit and accessories are subject to change for improvement purposes without any notice.

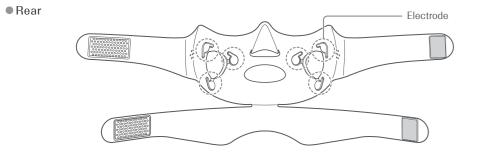
## Names and Functions of Components

#### Controller



#### Silicone Mask





#### Functions

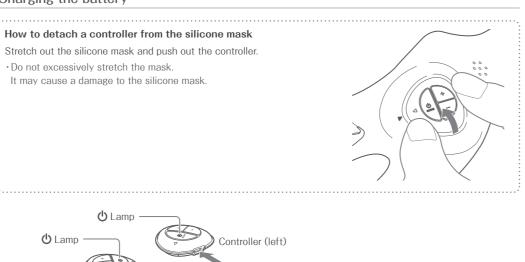
#### Auto Power Off

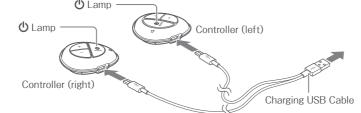
The device will automatically turn off approx, 10 minutes after it has been turned on and the mode was set. If you shift from one mode to another while using the device, the power will turn off approx, 10 minutes after you have changed to the new mode. Be careful of the operating time.

# Before Use

To retain

#### Charging the battery





· Charging will begin once you connect controllers to an electronic power supply as shown on a diagram. U lamps will flash purple during a charge. •When charging is complete, the 😃 lamp will turn off. Unplug a charging USB cable.

•At an indoor temperature of approximately 25°C, it will take about 1.5 hours to reach a full charge, at which the device can operate for about 5 hours. Actual charging time and operating time will differ depending upon the remaining power and the charging environment.

# Attention

· If there is any water droplet on the controllers and charging terminal, make sure to wipe dry.

Charging while water droplets are remaining on the device could cause a failure. . When charging the battery for the first time after purchasing the product, use the device only after the battery is fully charged. • When using the product for the first time or when the item has not been used for an extended period of time. the device may only operate for a short period of time even after the 🕐 lamps stopped flashing. In such a case, charge the controllers again before using it. · Use only the enclosed charging USB cable.

\*The controllers may not be charged properly with other items on the market.

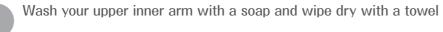
#### Pre-testing on skin

When using the device for the first time, always test first for compatibility with your skin.

#### / Caution

- Make sure to perform a pre-test in order to prevent skin problems from occurring.
- If a rash, reddening, itch, stinging sensation, or other abnormality occurs at the pre-testing site, immediately stop the pre-test.

• Do not use the device if a skin abnormality is perceived.



Apply oil-free gel on washed skin and hold the controller on your upper arm. Make sure three electrodes are in contact with your skin. Select Auto-mode and Level 1 (the minimum) with another hand and use it for approx. 3 minutes ·Test the silicone mask in a status with the controllers attached. Closely attach the three electrodes

on the back of either right or left side of the silicone mask to your skin. •The controllers are set to Auto-mode and the EMS level (intensity) is set to Level 1 (the minimum) by default when turned on.

· For how to use, refer to the section 'How to apply treatment'.

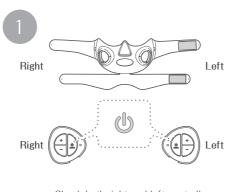
Wipe off gel and check that your skin shows no abnormality

Continue to use the product only if your skin experience no abnormality such as reddening or burning sensation on your skin within 24 hours.

#### How to Use

#### Wearing a silicone mask

Attach two controllers on the silicone mask Make sure the controllers are facing the right direction



Check both right and left controllers to make sure that the **(b)** lamps are directing upward.



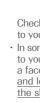
Hold an edge of the controller with your thumb and squeeze the controller into underneath of the mask to set it firm. Set the other controller following the same steps described above.



Align attachment guideline marks on the controller and the silicone mask Then insert a corner of the controlle into a chase of the silicone mask.



Turn inside out the silicone mask Be sure that the electrodes of the silicone mask and controllers are aligned.







Attentio





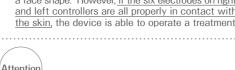






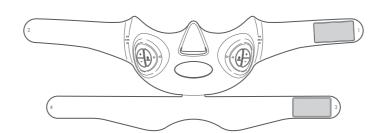


to your face.





·Be careful not to get your hair caught by hook and loop fasteners of the silicone mask when you wear it. · Be sure the electrodes (a total of six on the right and left controllers) on the back of the silicone mask are in contact with skin. If the contact between the electrodes and the skin is too loose, you may not be able to gain the effect of EMS • When you use highly viscous gel or other cosmetics, be very careful not to let them get through into the charging terminals while you are attaching or removing the controllers.



Check again to make sure that the 😃 lamps of both right and left controllers are directing upward.

 Do not give excessive pressure to the silicone mask while attaching the controllers to it. It may cause a damage to the silicone mask Do not press any button of the controllers when you attach them to the silicone mask

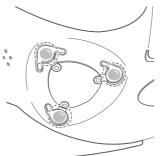
· Attach the controllers on the silicone mask while their powers are turned off.

#### Wearing a silicone mask

After removing make-up and washing your face, apply your lotion, serum or gel to moisturize your skin thoroughly before use. You can wear the silicone mask above a sheet mask

EMS current will not be carried if there is not enough moisture between the electrodes set on the silicone mask and the skin. Make sure there is always enough moisture.

\*Do not use cosmetics which contain oil such as an oil-based serum. It may cause a deterioration of the silicone mask. \*Be aware that when highly viscous gel and cosmetics get through a charging terminal of the controllers, it may cause a failure of the device.



Turn inside out the silicone mask and apply appropriate amount of gel on its electrodes (total of 6 points on right and left controllers) Be careful not to adhere gel to the controllers. particularly on the charging terminals Make sure to apply gel on the silicone mask

after the controllers are attached.





Pull the upper stopper bands [1] and [2] obliquely upward as if you are covering your ears. Tighten the hook-and-loop fasteners to hold it firm in the position.

Head shapes vary from individual to individual Hold the stopper band where it firmly stays in its position without sliding.



Check on a mirror that the silicone mask properly fits

 In some cases, the silicone mask may not closely fit. to your face and it may appear too loose due to a face shape. However, if the six electrodes on right and left controllers are all properly in contact with

· Be sure to use the product after your hair becomes dry, when you put oil-based leave-in treatments on your hair. · Be sure there is always enough moisture such as lotion, serum or gel between your skin and the electrodes. If there is not enough moisture, FMS transmission becomes inefficient and may cause decreased effects or skin troubles

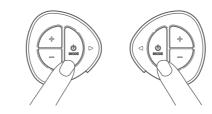
#### How to apply treatment

Use a mirror when you are using the device until you get used to it.

## Turn on the power

Press 😃 (POWER) /MODE button of the right and left controllers for a second or more at the same time. A beep will sound and the **(b)** lamp will light up purple.

Be sure that you are wearing the silicone mask with the controllers attached when you are turning on the device. • The mode is set to Auto-mode and the FMS (intensity) level is set to Level 1 (the minimum) by default when turned on.



The device will automatically turn off approx. 10 minutes after the mode is selected.

To stop the device during its operation, press () (POWER) /MODE button of the right and left controllers for a second or more at the same time.

#### Select your choice of mode

ress  ${f 0}$  (POWER) /MODE button of the right and left controllers at the same time. Each time you press the button, the mode will shift with a beep.

Auto-mode (purple)

Stretch-mode (blue)

electrode points  $\bigcirc \bigcirc \bigcirc$ .

Up-mode (red)

electrode points  $\bigcirc \bigcirc \bigcirc$ .

The Ů lamp will light up blue.

The Ů lamp will light up red.

shift alternately

on the situation.

The **U** lamp will light up purple.

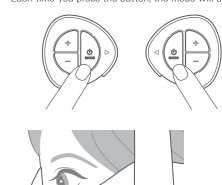
Stretch-mode and Up-mode will automatically

When the mode shifts, a feeling of electric

sensation (EMS) changes. You can adjust to your preferred EMS level (intensity) depending

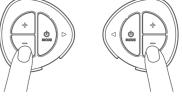
Gives an electric stimulation (EMS) between

Gives an electric stimulation (EMS) between



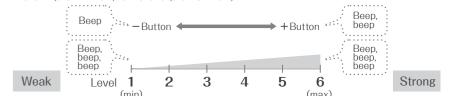






You can select among 6 levels (intensity) of EMS

• The alert will sound as "beep, beep, beep," when your selected level reaches to Level 1 (the minimum) or Level 6 (the maximum)



# Attention

· Always select Level 1 (the minimum) if it is your first treatment or until you become

If your skin becomes dry, you can add more lotion, serum or gel.

Turn off the power and take off the silicone mask before applying extra moisturizer.

The device will automatically turn off approx. 10 minutes after the mode is selected.

To stop the device during use, press 🕐 (POWER) /MODE button of the right and left controllers for a second or more at the same time

We recommend using the device approx. once a day.

% The device will automatically turn off approx. 10 minutes after the mode is selected.

- \* The above duration and frequency are only a guideline. Use the device appropriately based on your skin conditions.
- % If you notice anything unusual about your skin during or after use, stop using the device immediately
- \* When using the device continuously, please leave an interval of 5 hours or more between treatments.

#### After Treatment

#### How to clean (the controllers)

Clean the device after each use for a hygienic reason. Remove the controllers from the silicone mask.

## A Warning

• When cleaning the device, be sure to turn off the device May cause an electric shock.

Do not wash with water This device is not water-proof.



Wipe off any dirt using a well wrung soft cloth or similar material For stubborn dirt, wipe gently with a cloth soaked in a diluted neutral detergent.

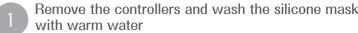
#### ∧ Caution

• Do not store or leave the device with lotion, serum or gel adhering to the device

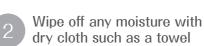
Never use alkaline detergent, alcohol, thinner, or nail polish remover

#### How to clean (the silicone mask)

Clean the silicone mask after each use for a hygienic reason. Remove the controllers from the silicone mask.



For stubborn dirt, wipe gently with a cloth soaked in a diluted neutral detergent.



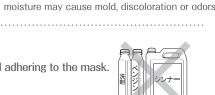
Wipe the electrodes thoroughly to ensure that no moisture or gel remains.

## / Caution

Do not store or leave the silicone mask with lotion, serum or gel adhering to the mask

• Do not use hot water.

• Never use alkaline detergent, alcohol, thinner, or nail polish remover.





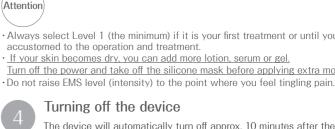




Dry the silicone mask

in a location with good ventilation

Leaving the device without removing dirt or





Be careful

hair in the

Fit the silicone mask to your face.

nose and mouth

Adjust the mask to positions of your eyes,

your mouth and face contours are lifted.

It will be more effective to wear a mask when

you are looking upward and concerned parts of

Pull up the lower stopper bands [3] and [4] along

hook-and-loop fasteners to hold it firm in the position.

If stopper band [3] or [4] are excessively tightened,

in fixed status and the six electrodes on both right

and left controllers are properly touching your skin,

your jawline towards top of the head. Tighten

Be careful not to cover the controllers.

you can use the mask without fixing

the lower stopper band [3] and [4].

Is there any bilateral difference in

·Skin moisture level may be insufficient

silicone mask with lotion serum or gel

Moisturize well your skin where in contact with the

The difference in skin moisture level of right and left

•There is space between the controllers and

Check if the electrodes are properly attached to

If there is space between the electrodes and

sides of your face may affect the feeling of sensation.

the silicone mask, EMS will not flow through the skin.

You cannot feel EMS?

the silicone mask.

the silicone mask.

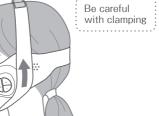
feeling of EMS sensation?

there is a danger of compressing a neck.

When your upper stopper band [1] and [2] are

not to tangle

silicone mask



#### Safety Precautions

- · Carefully read these 'Safety Precautions' before using the device.
- Sensibly use the device in accordance with the prescribed steps.
- · If any abnormality arises, immediately discontinue the use of the device and arrange to have the device repaired. · Do not use the device in a defective state, as doing so could cause physical harm to the user. · Precautions listed in the User's Manual are very important. For your safety, please follow them carefully.
- · Precautions are classified as Danger, Warning, Caution in order to clearly specify the level and urgency of danger and possible injury or damage that may occur if the device is misused.

#### Classifications of Precautions

\land Danger	By failing to properly operate the device according to this type of precaution, it is expected that a hazard that could cause the death or serious injury of an individual will imminently arise.
\land Warning	By failing to properly operate the device according to this type of precaution, a hazard that could cause the death or serious injury of an individual might conceivably arise.
▲ Caution	The failure to properly operate the device according to this type of precaution could conceivably cause an injury to an individual or property damage*to occur.
% "Property damage" refers	to expanded damage affecting a dwelling, household belongings, or domestic animals and pets.
<ul> <li>Symbols</li> </ul>	

- This symbol shows you what you must not do.
- This symbol shows you what you must do.

/ This symbol shows you what you must be careful with.

#### / Danger (regarding use and storage)

• The following persons should not use the device. Use of the device could cause an electronic medical device to malfunction.

Prohibited Persons using electronic medical devices

· Pacemaker or other implanted electronic medical device, artificial heart-lung machine or other electronic life-support medical device, electrocardiograph or other electronic medical devices worn on the body.

#### /Narning (regarding use and storage)

The following persons should not use the device.	
May cause an accident or other problems.	

- Prohibited • Those undergoing treatment by a doctor, those in a physical growth stage, those with acute medical conditions, tubercular conditions, fever or high blood pressure.
- Those with communicable diseases, malignant tumors, diseases of blood, internal organs, skin conditions, allergies or atopic dermatitis. Those with skin problems, sensitive/weak skin, or pathological pigmentation on the skin due to physical stimulation or other causes.
- Those experiencing severe fatigue, those in poor health, intoxicated persons, pregnant women, women during their period or breastfeeding mothers.
- Those taking medications that cause drowsiness.
- •Those having capillary dilatation due to long-term use of steroid hormonal drugs or a liver disorder.
- You may feel an unpleasant sensation with EMS if you have teeth fillings or are having any dental treatment. Choose a lower intensity level and apply the controllers on a different area.
- Do not use the device on various areas as indicated below and outside of specified areas on the face. May cause an accident or other problems.
- ·Facial areas with cuts or that have undergone cosmetic surgery, inside the mouth, or on mucous membranes,
- skin irritation or redness caused by excessive sunburn.
- Facial areas that are parts inflamed or suppurated due to acne or skin infection, itchy or have a burning sensation or swollen moles. · Viral warts, Adam's apple, eyeballs or eyelids.
- \*If you are uncertain as to whether it is safe to use the device, consult a doctor prior to use
- When you use the device continuously, please leave an interval of 5 hours or more between treatments. May cause an injury or fever.
- Do not use continuously for an overly long period (for example, through commercial use). May cause an injury or a failure of the device.
- Do not submerge the controllers into water.
- May cause an injury or a failure of the device.
- Do not allow persons who are unable to express their intentions on their own to use the device. Do not allow physically challenged persons to use the device unattended. May cause an accident or injury
- Keep out of reach of children and do not allow children to use the device. May cause an accident or injury
- Do not allow children or disabled persons to use this product on their own. Minors should use only th the consent and under the supervision of their parents May cause an accident or injury.

• Do not use the device for any purpose other than those stated in the User's Manual. May cause an injury or a failure of the device.	Non-intended uses are prohibited
• Do not use the device if any abnormal odor or excess heat is detected. May cause a damage or ignition of the device.	Prohibition against use when an odor or abnormal generation of heat is detected
• Do not disassemble, repair, or modify the device by yourself. May cause a fire, electric shock, or injury. Contact your distributor for advice on repairing the device.	Disassembly prohibited
• Do not place the device in an unstable location. Do not drop or strike the device. May cause an injury or a failure of the device.	Dropping prohibited
• Do not place heavy objects on, drop or strike the main unit during use. May cause an injury or a failure of the device.	Shock prohibited
⚠️ Caution (regarding use and storage)	
• Do not use the device on parts other than the face. May cause an injury.	Prohibited

- Before each use, check the electrodes for any crack, deformation, or other damages Do not use if you see any sign of damage. May cause potential skin problems such as scars or worsening of symptoms.
- Do not wipe the device with alcohol, thinner, benzene, nail polish remover, or other such substance. May cause damage to the surface of the device.
- Do not leave in humid places such as in a bathroom or underwater. Never bring the device in saunas or bedrock baths.
- May cause an injury or a failure of the device.
- Do not use the device out of doors May cause a failure of the device.
- Discontinue use if you feel unwell or see an abnormal skin reaction during use. If the condition persists the next day, consult a doctor.
- Always select EMS (intensity) Level 1 (the minimum) if it is your first treatment or until you become accustomed to the operation and treatment. May cause an accident or injury. Use the device appropriately based on your skin conditions.
- If you feel an unpleasant tingling on your skin, reduce EMS (intensity) level. Do not continue to use in such conditions as this may damage your skin.
- Clean the device after each use. Refer to 'After Treatment' to remove serum and such others. May cause a failure of the device or skin problems
- Be sure to comply with the following points. May cause an accident, injury, or a failure of the device.
- ·Do not use the device more than a set time. ·Use the device appropriately based on your skin conditions. •Do not use the device if your skin is experiencing a rash, inflammation, itchiness, or other abnormalities • Do not use the device on the skin after sunbathing, together with peeling or other treatments
- Make sure there is enough moisture such as lotion, serum, or gel between the electrodes and skin. If your skin becomes dry, take off the silicone mask with the power being turned off and apply additional moisturizer. Transfer of EMS may become difficult if there is not enough moisture. May cause deterioration in effectiveness or skin problems.

# / Warning (regarding the power supply)

 $\bigcirc$ 

 $\bigcirc$ 

User

restrictions

<ul> <li>Do not damage, modify, or bundle the charging USB cable.</li> <li>Do not place heavy objects on top of the charging USB cable, or allow them to be put in between objects.</li> <li>May damage the charging USB cable to cause a fire or electric shock.</li> </ul>	Careless or reckless use is prohibited
<ul> <li>Do not pull the charging USB cable cords to move or lift the controllers. May cause an electric shock, short circuit, ignition, or break of the cables.</li> </ul>	Pulling cords to move is prohibited
<ul> <li>Do not use if the USB charging cable is damaged or an USB port is loose. May cause an electric shock, short circuit, or ignition. Contact your distributor for advice on repairing the device.</li> </ul>	Use of a damaged cord or plug prohibited
<ul> <li><u>Do not soak into, spill over or wash charging USB cable with water.</u> May cause an electric shock, short circuit, ignition, or a failure of the device.</li> </ul>	Prohibition against exposure to water
<ul> <li>Be sure to turn off the power when not in use and during cleaning. Unplug the charging USB cable from the controllers and the USB port when not in use. Do not insert or disconnect the plug with wet hands. May cause an electric shock, short circuit, or ignition.</li> </ul>	Disconnecting the plug
<ul> <li>When unplugging the charging USB cable from the controllers and the USB port, do so by gripping the plug (do not touch a metal parts). Do not insert or disconnect the plug with wet hands.</li> <li>May cause an electric shock, short circuit, or ignition.</li> </ul>	
<ul> <li>Be sure to use in an operating voltage range from 100 to 240 volts. Make sure that the charging USB cable is fully inserted into the USB port.</li> </ul>	0

• If any problem occurs, turn off the power immediately. Do not use the device if malfunction occurs; smoke, an abnormal noise, or an odor is detected or if it is otherwise operating in an abnormal state.

May cause a fire, an electric shock, or a failure of the device.

- Use only the enclosed charging USB cable. Directly plug the charging USB cable into the USB port and do not overload cables. May cause an electric shock, short circuit, ignition, or a failure of the device.  $\%\,\mbox{The}$  enclosed USB cable is only for charging.
- Before charging the device, check to make sure that the charging terminals are not wet with water or serum. May cause an electric shock, short circuit, or a ignition.
- Do not leave in hot or humid places, such as near flame, in bright sunlight, or in a bathroom. Do not leave near flammable gas and other such substances. Combustion Do not put in fire, heat or charge or use in a hot place. warning Do not bring the device close to a heater
- The device features a built-in rechargeable battery. May cause an overheating, ignition, explosion or malfunction.

#### Additional Information

#### Storing

- Store in a clean, well-ventilated place out of the reach of children.
- Remove the charging USB cable from the controllers and the USB port when not in use
- for a long time and store them safely. • Do not leave in hot or humid places, such as near flame, in bright sunlight, or in a bathroom.

Maintenance and inspections

- If you have not used the device for an extended period, inspect it carefully and check that the device works properly and safely before use.
- If the device is malfunctioning, go to 'Troubleshooting' and attempt to identify the problem before arranging to
- have the device repaired. If the problem persists, contact your local distributor.
- If the device malfunctions or appears damaged, please contact your local distributor.

• Do not use the device on pets.

May cause an injury.



# ev

 $\bigcirc$ 

Out of door uses

are prohibited

A

Must comply

- O What dura
- () How sho
- () Can
- () Can
- () Can
- Stir
- infla
- () I fee
- () I fe
- Q Can durir

Must comply

shaving or sunburn?

# Rated Power B Char Oper

Outside	
V	
Ma	
Count	

A Rec

ambie

If you perceive any abnormality while using the device, verify the following points before arranging to have the device repaired.

0 10110	
Symptom	Possible causes and solutions
Does not turn on	$\rightarrow$ Press $\textcircled{O}$ the POWER/MODE button for approx. 1 second.
	$\rightarrow$ Run out of power. Charge the battery.
vice only operates	$\rightarrow$ (The device will automatically turn off approx. 10 minutes after the mode is selected. )
or a few minutes en after charging	→ Low battery. Charge the battery.
	→ Battery life ended. Contact your distributor.
Unit does not	→ Connect the charging USB cable to the USB port.
start charging	$\rightarrow$ Connect the charging USB cable to the main unit.
MS feels strong	→ Decrease EMS level with (-) button.
tingling, painful)	$\rightarrow$ (Your skin is dry. Moisturize your skin with lotion, serum or gel before using the device.)
	→ Raise EMS level with (+) button.
MS feels weak (no sensation)	→ The electrodes may not be properly in touch with you skin. Wear the silicone mask properly.
	$\rightarrow$ (Your skin is dry. Moisturize your skin with lotion, serum or gel before using the device.)

#### Frequently asked questions

hat is the recommended ration and frequency of use?	A	We recommend using the device approx. 10 minutes per treatment. **The device will automatically turn off approx. 10 minutes after the mode is selected. **The above durations/frequencies are only a guideline. Use the device appropriately based on your skin conditions. *If you perceive a skin abnormality, immediately stop using.
ow much lotion or serum ould be used for one treatment?	Α	As a unique feature of this product, more you apply water, lotion or serum, more you will feel EMS. If there is insufficient moisture, you may feel tingling sensation.
an I use the device in the bathroom?	A	The device is not waterproof. Do not use the device in the bathroom.
an I use the device during my sleep?	Α	Do not use the device during your sleep.
an I use the device continuously?	Α	We recommend using the device once a day, for approx. 10 minutes. When using the device continuously, please leave an interval of 5 hours or more between treatments.
imulation feels different right and left sides of the face	Α	Most people have asymmetrical faces and may feel uneven stimulation on right and left sides of their faces. Adjust EMS level of right and left controllers.
y skin gets outbreaks of a rash, lammation and itchiness	A	This is due to the stimulation of EMS. If your symptoms persist for more than a day, consult a doctor.
eel physical discomforts and fatigue	Α	This is due to the stimulation of EMS. Stop using the device until your facial discomfort is gone.
eel tooth pain	A	You may feel tooth pain when you are undergoing dental treatment or having silver-crowned tooth. If you feel a sense of discomfort, please consult a doctor.
an I use the device ring pregnancy?	A	Do not wear the mask during pregnancy or soon after delivery. Please consult your primary care doctor.
n I wear a mask right after	٨	It may cause an inflammation. If you experience any skin trouble,

Product specifications

power supply	DC5V 0.5A
r consumption	Maximum approx. 1.5W (when charging)
Battery	Lithium ion battery
arging time	Approx. 1.5 hours **May vary depending on the charging environment.
erating time	Approx. 5 hours (when fully charged) %Operating time may vary with conditions of use and EMS level.
de dimensions	Silicone mask: approx. W600×H180 (mm) Controller: approx. W50×H50×D15 (mm)
Weight	Silicone mask: approx. 112g Controller: approx. 17g (one piece)
Materials	Silicone mask: silicone Controller: polycarbonate
ntry of origin	Silicone mask: China Controller: Japan
ccessories	Charging USB cable (Micro-USB) One User's Manual
commended nt temperature	10°C~40°C

A immediately stop using the device and consult a doctor.

#### After-sales service

Rechargeable battery

• The rechargeable battery is a consumable item • If the device no longer operates for more than a short period of time even after the battery has been recharged, the battery may have reached the end of its service life. (The battery is expected to last 300 charge cycles.) If you need battery replacement, contact your local distributor.

E

Li-ion

#### Disposing of the device

• Follow your local government rules for proper disposal of this product.

#### This product uses a lithium ion battery.

#### Contact

Contact your distributor for any question you may have regarding the warranty that applies to the device, repairs of the device, or other matters requiring clarification.