

User's Manual

Home-care Beauty Device	Photo PLUS Deep Lift	YJFA1
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English User's Manual come with this product.

Please download the other language's User's Manual version from this link (<https://www.ya-man.co.jp/en/support/documents/>) or scan with QR code with your camera phone.

Please carefully read User's Manual to ensure safe and proper use of the device.



TO ACCESS SCAN WITH
YOUR CAMERA PHONE



Introduction

Thank you for purchasing a YA-MAN product.

- Please read this User's Manual carefully for information on how to use the device properly and safely.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Make sure to include this User's Manual if you are transferring ownership of the device to another person.

Safety Precautions

- Read these Safety Precautions carefully before using the device in order to use it correctly.
- Use the device sensibly in accordance with the prescribed steps.
- Immediately discontinue use and arrange to have the device repaired if any abnormality occurs.
- Do not use the device in a defective state, as doing so could cause a physical harm to the user.
- The precautions listed in the User's Manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or ATTENTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

● Classifications of Precautions



DANGER

Improper use of this device poses a severe and likely risk of death or serious injury.



WARNING

Improper use of this device may pose a risk of death or serious injury.



CAUTION

Improper use of this device may result in injury or property damage*.

* 'Property damage' refers to damage affecting dwellings, household belongings, or domestic animals and pets.

● Symbols



This symbol shows you what you must not do.



This symbol shows you what you must do.



This symbol shows you what you must be careful with.



DANGER (Use and storage)

- **The following individuals should not use the device:**

Failure to comply may cause electronic medical devices to malfunction.

- ◆ Do not use the device in conjunction with any medical electronic equipment, including:
 - pacemakers or other implanted electronic medical device;
 - artificial heart-lung machines or other electronic life-support medical devices; and
 - electrocardiographs or other electronic medical devices worn on the body.



Prohibition



WARNING (Use and storage)

- **Do not use under the following conditions:**

Doing so may cause an accident or other problems.

- If you have existing or suspected heart disease or related disorders • If you are unable to express your intentions on your own
- If you are unable to sense temperature or stimulation • If you have an autoimmune disease

Consult a physician prior to use under the following conditions:

- If you have an acute disease • If you have an infectious disease • If you have a malignant tumor • If you have a febrile disease
- If you have high blood pressure or a blood disease • If you have a fever
- If you have sensory impairment due to severe peripheral circulatory dysfunction (e.g. diabetes) • If you have nerve damage
- If you have a skin disease or atopic dermatitis • If you are a hospital outpatient and are taking medication
- If you have a pre-existing skin condition, such as an allergic constitution or contact dermatitis, or if you have a concern about your skin when using the device



Prohibition

- **Do not use in the following cases or on the following areas:**

Doing so may cause an accident or other problems.

- If your skin is damaged, experiencing a rash, inflammation, or other abnormalities • If you are under the influence of alcohol • Head
- Anywhere inside the mouth, around the pubic region, or any mucous membrane • Eyeballs
- Upper eyelids (Use only in COOL Mode. The LED light may be applied.)
- Lower eyelids and outer corners of the eyes (Use only in EYE CARE or COOL Mode. The LED light may be applied.) • Throat • Bulging moles • Viral warts
- Areas where you have broken a bone
- Areas of internal bleeding, swelling or scabbing after cosmetic medical procedures

*Avoid using the device for 2 weeks after cosmetic medical procedures. After this period, consult with a physician and only use the device if the physician confirms there is no problem (e.g. hyaluronic acid injections, silicone injections, Botox, thread lifts, double eyelid surgery, HIFU).

- Areas where metal was implanted by surgery (reconstructive surgery, plastic surgery, cosmetic surgery, etc.)

- **Do not use the device continuously for an overly long period (for example, through commercial use).**

Failure to comply may cause an injury or overheating.

WARNING (Use and storage)

- **Do not use the device for a long time over areas where the skin is thin or areas above bones.**

Failure to comply may cause skin problems or physical ailments.



Prohibition

- **Do not use the device on the areas outside of specified areas.**

Failure to comply may cause injuries.

- **Do not use continuously on the same area except when in EYE CARE or COOL Mode. Move the device continuously over the skin during use. Do not use on areas that cannot be reached by the entire treatment head surface.**

Failure to comply may cause burns or low temperature burns.

- **Do not throw the device into fire, expose it to high heat, or use/store it in a high-temperature environment.**

Failure to comply may cause overheating, a fire or explosion.

- **Do not use the device near a flammable substance (such as alcohol, thinner, benzene, nail polish remover, or aerosol sprays).**

Failure to comply may cause a fire, electric shock or other injuries.

- **Do not use or store the device in the following locations:**

- Dusty areas • A location where there is exposure to direct sunlight
- Uneven or unstable location, or a location where there is vibration or shocks
- An outdoor location
- A location where there are strong radio waves or magnetism
- Locations that are accessible to children
- A location where there is exposure to oil smoke or steam
- A location with drastic temperature changes (e.g., near an air conditioner or heater)

Failure to comply may lead to a fire, electric shock, a malfunction of the device, or falls.

- **Do not use the device when an odor or abnormal overheating is detected.**

Failure to comply may cause the device to become damaged or catch fire.



Use prohibited
when an odor or
abnormal overheating
is detected

- **Do not place heavy items on the device, drop the device (especially during use) or otherwise subject the device to a strong impact.**

Failure to comply may cause an injury or a failure of the device.



Shock is
prohibited

- **Do not place the device in an unstable location. Do not drop or strike.**

Failure to comply may cause a malfunction of the device. An injury may also be caused if the device is dropped on a foot or other exposed body part.



Dropping of
the device is
prohibited

- **Do not use the device on individuals who are unable to express their will or who have reduced skin sensitivity.**

Failure to comply may cause an accident or an injury.



User restrictions

- **Do not allow children or disabled persons to use the device on their own. Children shall not play with the device. Cleaning and user maintenance shall not be made by children without supervision.**

Failure to comply may cause injuries.

- **Keep the device, charging base, and USB cable away from children and do not allow them to use the device. Do not allow children to play with the device.**

Failure to comply may cause an accident or an injury.

- **Do not use the device for any purpose or in areas other than those stated in the User's Manual.**

Failure to comply may cause an injury or a failure of the device.



Non-intended
uses prohibited

WARNING (Use and storage)

- **Do not use or charge the device in the bathroom or near a bathtub, shower, sink or other vessels filled with water.**

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.



No contact
with water

- **Do not wet, wash or immerse the device in water.**

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.

-
- **Do not disassemble, attempt to repair or modify the device in any way.**

Failure to comply may cause a fire, electric shock or other injuries.

Contact your local distributor for an advice on repairing the device.



Disassembly
prohibited

-
- **Always perform a pre-test before using the device for the first time.**

Failure to comply may cause an accident or an injury.



Must Comply

- **If you are currently undergoing dental treatment or have teeth fillings, choose a lower intensity level and apply the device on a different area.**

You may feel strong irritation or discomfort due to the EMS effect on your cheeks or chin. If you feel strong discomfort, consult a physician.

- **If water or foreign substance gets into the device (such as the main body), immediately discontinue use and request an inspection.**

Failure to comply may lead to a fire or electric shock.



WARNING (Use and storage)

- **Do not leave the device near fire, in direct sunlight, in a bathroom, or in any high-temperature or high-humidity environment. Keep it away from combustible gases and flammable materials. Do not throw the device into fire, expose it to high heat, or charge/use it in a high-temperature environment. Keep the device away from heating appliances.**

The device features a built-in rechargeable battery. Failure to comply may cause overheating, a fire, the explosion of the device, or failure of the device.



Fire hazard warning

-
- **Do not put the device into a microwave or pressure vessel.**

Failure to comply may cause overheating, a fire or explosion.



Caution
against rupture



CAUTION (Use and storage)

- **Do not press the device firmly or use it intensively on a single spot.**
Pressing the device more strongly than necessary or use it intensively on a single spot may damage the skin.
- **Avoid letting the electrode head come into a contact with any other metal surfaces or objects.**
Failure to comply may cause overheating, a fire, malfunctions or damage to the device.
- **Before use, check to make sure that the electrode is not cracked, deformed or broken. Do not use the device if it is damaged or malfunctioning.**
Failure to comply may cause skin problems or a malfunctioning of the device.
- **Do not use the device in locations that are extremely hot or cold.**
The recommended temperature range for the device's usage environment is 15°C to 30°C.



Prohibition



CAUTION (Use and storage)

- **Do not wipe the device or charging base with solvents such as alcohol, thinner, benzene, nail polish remover, kerosene, chemicals or polishing powder.**

Failure to comply may cause a damage to the surface of the device.

- **Do not use the device on pets.**

Failure to comply may cause an injury.

- **Do not leave the device on the floor or on top of furniture while it is switched on. Be sure to turn the device off after use.**

Failure to comply may cause injuries or damages the furniture.

- **Do not allow the device to come into a contact with another electronic appliance (electric blankets/bed sheets, heated tables, etc.) while the power is on. Do not use with other electronic products simultaneously.**

Failure to comply may cause an injury or a failure of the device.

- **Do not look directly into the LED light. Close your eyes and keep the electrode head at least 5 cm away from the skin when treating the upper eyelids, lower eyelids, or outer corners of the eyes. In COOL Mode, the electrode head may be applied directly to the skin.**

Failure to comply may cause damage to your eyes or skin.

- **Do not use COOL Mode continuously.**

If used for continuous treatments, the head will not fully cool.

To resume using the device, wait at least 30 minutes before using again.

- **Do not use the device in combination with peelings.**

Failure to comply may cause skin problems.

-
- **Remove any accessories (necklace, belt, rings, earrings, etc.) before using the device.**

Failure to comply may cause an accident or an injury.

- **Use only Level 1 upon the first use and until you are accustomed to use.**

Failure to comply may cause an accident or an injury.

- **Stop using the device immediately if you feel any pain during use.**

Failure to comply may cause an accident or skin problems.



Prohibition



Must Comply



CAUTION (Use and storage)



Must Comply

- **Reapply skincare products or water during treatment to ensure that there is always some moistures between the electrode head and the skin.**

If there is an insufficient amount of skincare product or water, the stimulation will become weaker, causing skin problems.

- **If you feel an unpleasant tingling on your skin, reduce the intensity level or move to another area. You could also moisten your skin with skincare products, such as lotion, before using the device.**

Failure to comply may cause a damage to your skin.

- **Carefully clean the parts of the device that come into a contact with the skin every time you use it and keep the device clean at all times.**

Failure to comply may cause skin problems.

- **If you begin feeling ill or if a skin abnormality appears during use, stop using the device immediately.**

Check carefully to make sure that there are no skin abnormalities before using the device. Stop using the device immediately if the treatment does not agree with your skin.

- **Be sure to use the device only for the following lengths of time.**

[Daily Care]

- DAILY Mode: up to 3 minutes per treatment, once a day

[Special Care]

- CLEAN Mode: up to 3 minutes per treatment, once a day, 2 to 3 times a week
- D×LIFT Mode: up to 5 minutes per treatment, once a day, 2 to 3 times a week
- EYE CARE Mode: up to 2 minutes per treatment, twice a day, 5 times a week
- COOL Mode: up to 3 minutes per treatment, once a day
- Do not use both Daily Care and Special Care in the same mode (CLEAN or D×LIFT) on the same day.

- **Avoid using the device continuously on the same area of skin (except when in EYE CARE Mode).**

When using on the same area again, be sure to leave an interval of 24 hours or more between treatments.

Excessive use may damage the skin.

The above is for reference only. Please observe your skin condition and use the device accordingly.

- **After each use, be sure to remove dirt and other particles that have adhered to the device according to 'After Treatment' (page 27).**

Failure to comply may cause skin problems or a malfunctioning of the device.

WARNING (The power supply)

- **Do not damage, modify or bundle the USB charging cable.**

Do not place heavy objects on the USB charging cable or allow it to get pinched in between other objects as this may damage the cable and cause a fire or electrical shock hazard.



Careless or reckless use prohibited

- **Do not pull the USB charging cable when moving or lifting the device.**

Failure to comply may cause an electric shock, short circuit, fire or disconnection.



Do not pull on the cord to move the device

- **Do not use the device if the USB charging cable is damaged or if the USB port is loose.**

Failure to comply may cause an electric shock, short circuit or fire. Contact your local distributor for an advice on repairing the device.



Use of a damaged electric circuit prohibited

- **When unplugging the USB charging cable from the device and the USB port, do so by gripping the USB plug (do not touch the metal parts). Do not insert or disconnect the plug with wet or damp hands.**

Failure to comply may cause an electric shock, short circuit or fire.



Removing the plug

- **When cleaning the device, be sure the power is switched off. When the device is not in use, disconnect the USB charging cable from the device. Do not insert or disconnect the plug with wet or damp hands.**

Failure to comply may cause an electric shock, short circuit or fire.

- **Do not wash or submerge the USB charging cable in water.**

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.



No contact with water

- **Make sure that the USB charging cable is fully inserted into the USB port.**

Failure to comply may cause a fire, electric shock or a failure of the device.



Must Comply

- **Be sure to use the dedicated USB charging cable supplied with the product. Plug the AC adapter (commercially available) directly into a wall outlet and do not overload the electric circuit.**

Failure to comply may cause an electric shock, short circuit, fire, or malfunction of the device.

- **Before charging the device, check to make sure there is no lotion on the charging terminal.**

Failure to comply may cause an electric shock, short circuit or fire.

- **If any problem occurs, turn off the power immediately.**

Refrain from using the device if faulty operation, smoke, abnormal noise or odors are detected or if it is otherwise operating in an abnormal state.

- **When you feel an earthquake or hear a thunder, stop using the device and turn it off. If the device is charging, remove the USB charging cable from the device.**

- **Do not plug the AC adapter (commercially available) into a power outlet or charge the device if there is skin lotion or any other liquid in the charging base.**



Prohibition

When Using Outside of Japan



WARNING

- **Use only with a 5 V DC USB power supply.**

Failure to comply may cause a fire, electric shock or a failure of the device.



Must Comply

- **Be sure to check the plug configuration and the voltage of the power outlet before use.**

Failure to comply may cause overheating, a fire, or a malfunction of the device.



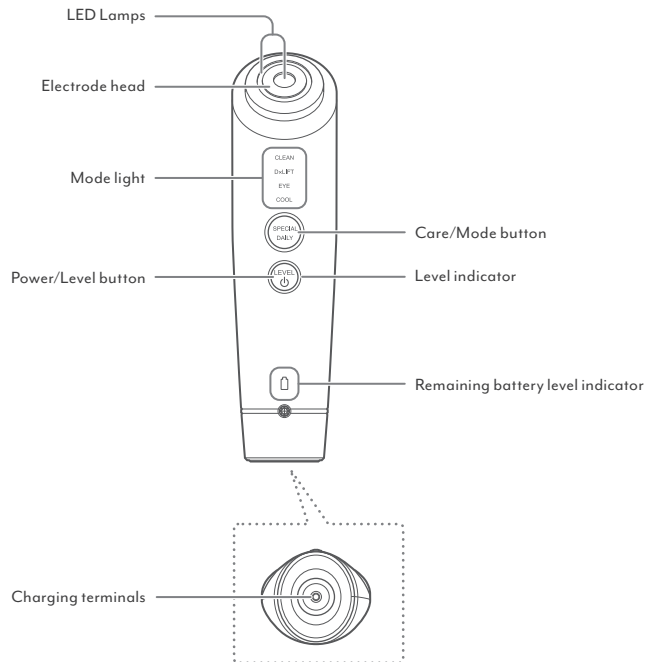
Fire hazard warning

- The plug configuration and voltage may vary depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- For information about plug adapters, consult a travel agency or a consumer electronics retailer.

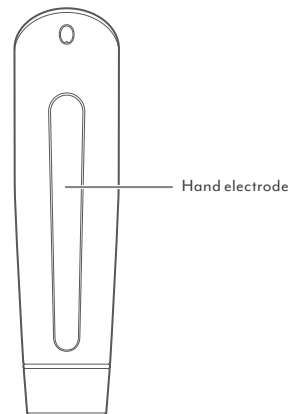
Names and Functions of Components

Main unit

● Front view



● Back

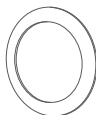


Accessories

- **Charging base**



- **Cotton stopper**
(attached to the electrode head of the main body when packaged)



Use this stopper to apply a cotton to the electrode head (page 19).

- **USB charging cable**
(USB Type-C)

- **User's Manual**

*An exclusively item for this product. Do not use attachments other than those provided with the product.

*The design and specifications of the device and attached accessories are subject to change for improvement purposes without notice.

Functions

Safety Function

Equipped with a variety of sensors for safe use.

Excessive care is prevented by controlling the output according to the condition of the device and your skin.

- Temperature sensor

If the temperature of your skin or the treatment head becomes too high, the power will be turned off for safety (the device beeps 10 times).

If this happens, let the device rest for about 30 minutes.

- Motion sensor

The motion sensor detects movement of the device and pauses output for safety reasons when the device is stopped or when the electrode head has been used on the same area continuously.

- Current sensor

Detects whether the electrode is touching your skin and activates the output.

- Output control sensor

Constantly monitors the current flowing through your skin and adjusts the output to the appropriate level.

Other Features

- Timer

One beep will sound to indicate the half-way point in the operation time. For the operating time of each mode, refer to pages 17–18.

- Standby Mode (only if Special Care is selected)

When treatment in a certain mode is completed, the device will emit short rapid beeping sounds and the following mode indicator flashes (Standby Mode indicates operation has stopped).

For the operating time of each mode, refer to pages 17–18.

Briefly press the Care/Mode button again to start the mode that was flashing.

When treatment in COOL Mode has finished, the device will emit short rapid beeping sounds and the power will switch off automatically without the device going to Standby Mode.

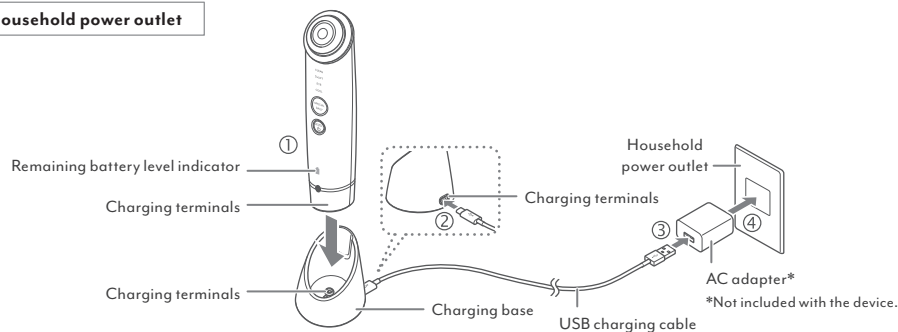
- Auto Power Off

In Daily Mode, the device will automatically turn off after the treatment ends. In Special Care Mode, if no operation is performed for approximately 5 minutes while in Standby Mode, the device will emit two short beeps and then turn off automatically.

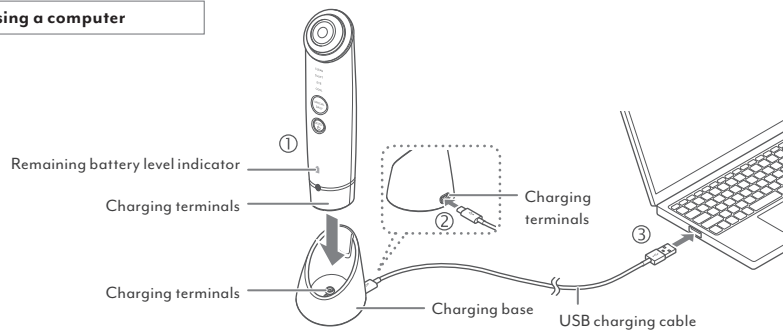
Before Use

Charge the Device

Using a household power outlet



Using a computer



To begin charging, place the main body of the device on the charging base that is connected to the USB charging cord, as shown in the diagram.

*If charging does not begin after about 10 seconds, check that the USB charging cable and the AC adapter (commercially available) are connected properly.

Charging	The remaining battery level indicator flashes in white.
When charging is complete	The remaining battery level indicator lights up in white for 5 seconds and then turns off.
Charging Time	Approx. 3 hours (at indoor temperature approx. 25°C). The actual charging time may vary depending on the remaining battery level, the charging conditions, and the AC adapter (commercially available) being used.
Operating time	Approx. 30 minutes (at the maximum power level in D×LIFT Mode). The actual operating time may vary depending on the remaining battery level and charging conditions.

While the power is on, the battery level indicator shows the remaining charge.

Remaining battery level indicator	
White light	The battery is sufficiently charged.
Red light	The battery level is low.
Red flash	Charge the device before use.



- Do not overload an electrical circuit with the AC adapter (commercially available). Be sure the AC adapter is inserted directly into the wall outlet. Please check the current rating indicated on the AC adapter (commercially available). Those with a rating of less than 1A may not be able to recharge the device.
- Fully charge the battery before using the device for the first time.
- When using the device for the first time or when the device has not been used for an extended period of time, it is possible that you will be unable to use the device for very long even with a full charge status is displayed. In such cases, recharge the device before using it.
- Use only the enclosed USB charging cable.
- Do not recharge the device in locations where there are high temperatures or a high degree of humidity, such as bathrooms or washrooms.

Pre-testing on Skin

When using the device for the first time, always test for its compatibility with your skin.



CAUTION

- Be sure to perform a pre-test in order to prevent skin problems from occurring.
- If a rash, redness, itchiness, stinging sensation, or other abnormality occurs at the pre-testing area, immediately stop the pre-test.
- Check carefully to make sure that there are no skin abnormalities before using the device. Stop using the device immediately if the treatment does not agree with your skin.

1

Wash the inner side of your arm with a soap and water, then wipe dry with a towel.

Be sure to wipe the moisture off completely.

2

Apply your regular skin lotion to your skin and use the device in D×LIFT Mode on level 1 for approx. 5 minutes (page 21).

3

Make sure you are experiencing no skin abnormalities.

Continue to use the product only if you experience no redness or burning sensation on your skin within 24 hours.



How to Use

Precautions

Read the following instructions carefully before use and operate the device as directed.

- Always perform a pre-test before using the device for the first time (see p.15).
- Always move the device continuously over the skin during use. Do not hold the device in the same position on the skin during use. Doing so may cause burns (except in EYE CARE and COOL Modes).
- The warming sensation from RF (radio frequency) may vary depending on the type of skincare products used and the condition of your skin.
- Do not use the device on the upper eyelids (except in COOL Mode), or on the lower eyelids and outer corners of the eyes (except in EYE CARE and COOL Modes).
*The LED light may be used on the upper eyelids, lower eyelids, and outer corners of the eyes. Close your eyes and keep the electrode head at least 5 cm away from the skin. Do not look directly into the LED light. In COOL Mode, the electrode head may be applied directly to the skin.
- Always hold the device with your hand in contact with the hand electrode during use.
- Recommended ambient temperature: 15°C to 30°C

Basic Flow



Modes

	Mode	When to use this mode	Function	Cotton pad	Recommended skincare product*1	Operating time	Level	Recommended frequency
Daily Care	DAILY	When you want daily moisture care and lift care*2	<ul style="list-style-type: none"> • RF • EMS • Iontophoresis • LED (Red) 	Either with or without a cotton pad	Skin lotion or serum	Approx. 3 minutes	6 levels	Every day*3
	CLEAN <small>DERIVATION Mode</small>	When you want to remove old keratin and pore impurities	<ul style="list-style-type: none"> • RF • Ion derivation • Vibration (only during ion emission) 	With a cotton pad	Skin lotion	Approx. 3 minutes	6 levels	2 to 3 times a week
Special Care	D-LIFT <small>INTRODUCTION Mode</small>	When you want special moisture care and lift care*2	<ul style="list-style-type: none"> • RF • EMS • DYHP • LED (Red) 	Either with or without a cotton pad	Serum or sheet mask	Approx. 5 minutes	6 levels	
	EYE CARE <small>EYE CARE Mode</small>	When you want to care for the eye area	<ul style="list-style-type: none"> • RF • EMS for the eye area • Micro-currents 	Without a cotton pad	Serum for the eye area	Approx. 2 minutes	6 levels	2 to 3 times a week*4

	Mode	When to use this mode	Function	Cotton pad	Recommended skincare product*1	Operating time	Level	Recommended frequency
Special Care	<div>Skin-firming*5 Mode</div> COOL	When you want to tighten*5 skin with a cool-down	<ul style="list-style-type: none"> Cool down LED (Blue) 	Without a cotton pad	Place directly on the skin*6	Approx. 3 minutes	—	Every day*7

*1: If using your regular skincare product, be sure to use water-soluble products only. Do not use oil-based or scrubbing skincare products.

Failure to comply may cause device malfunctions or skin problems.

*2: Move the device in an upward lifting motion.

*3: Do not use both Daily Care and Special Care on the same day. (EYE CARE and COOL Modes may be used.)

*4: If you are concerned about dryness around the eyes, using the device up to five times a week is recommended.

*5: Cooling the skin for treatment.

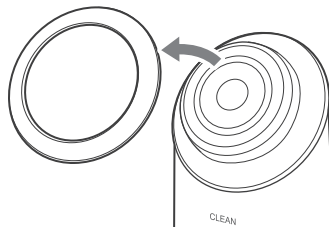
*6: It is recommended to moisturize the skin with a milky lotion or similar product before use.

*7: The frequency is for reference only. Adjust the frequency of use (e.g., 2 to 3 times a week) according to your skin condition.

How to attach a cotton pad to the electrode head

1

Remove the cotton stopper from the electrode head



2

Place a piece of cotton on top of the electrode head and press the cotton stopper down over the cotton

- If the cotton stopper does not fit properly on the electrode head, please use a larger and thinner piece of cotton. Because thick cotton pads are difficult to fix in place, split them in half before use.
- If the cotton pad is too thick, the thermal action of the RF treatment may be adversely affected and you will feel less heat.

3

Apply your regular skin lotion to the cotton pad

- Make sure the skin lotion covers the entire surface of the electrode head.

CAUTION

- If the cotton pad becomes dry, add more skin lotion.

Basic Method of Use

1

Remove makeup and gently cleanse your face

- Remove any oil and dirt to ensure your skin is clean before treatment.

*COOL Mode can be used over makeup.

2

If necessary, attach a cotton pad to the electrode head and apply lotion to the cotton pad

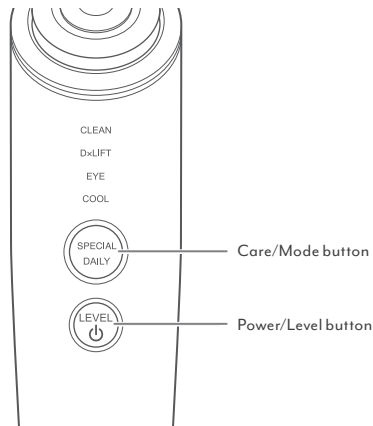
Refer to page 19 for instructions on how to attach the cotton pad.

3

Turn on the device

Hold down the Power/Level button for approx. 3 seconds.

The device will emit two beeps, and the Care/Mode button (DAILY) will light up to indicate that DAILY Mode has started.



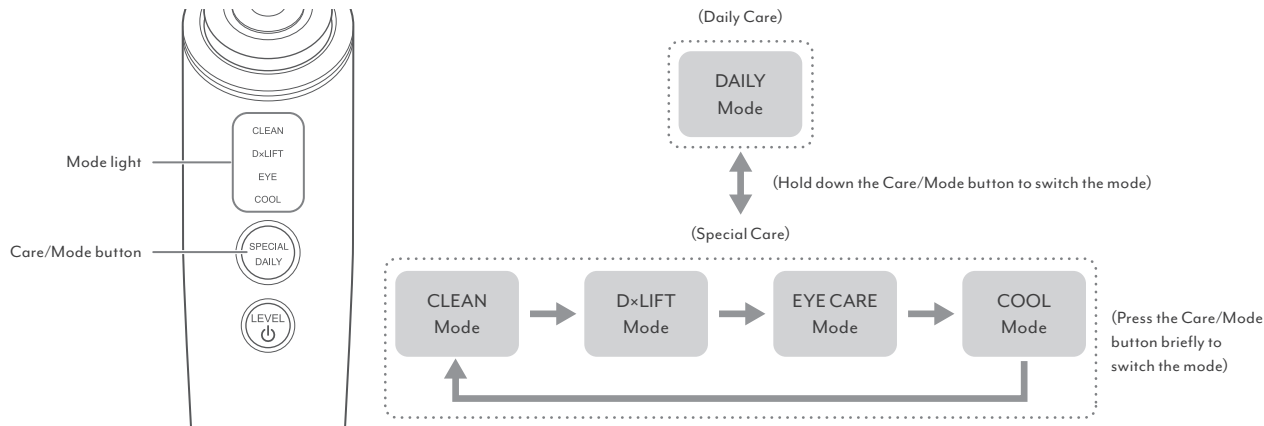
4

Select the mode

Hold down or briefly press the Care/Mode button to switch modes.

When Daily Care is selected, the Care/Mode button (DAILY) lights up.

When Special Care is selected, the Care/Mode button (SPECIAL) and the indicator light for the selected mode will light up.



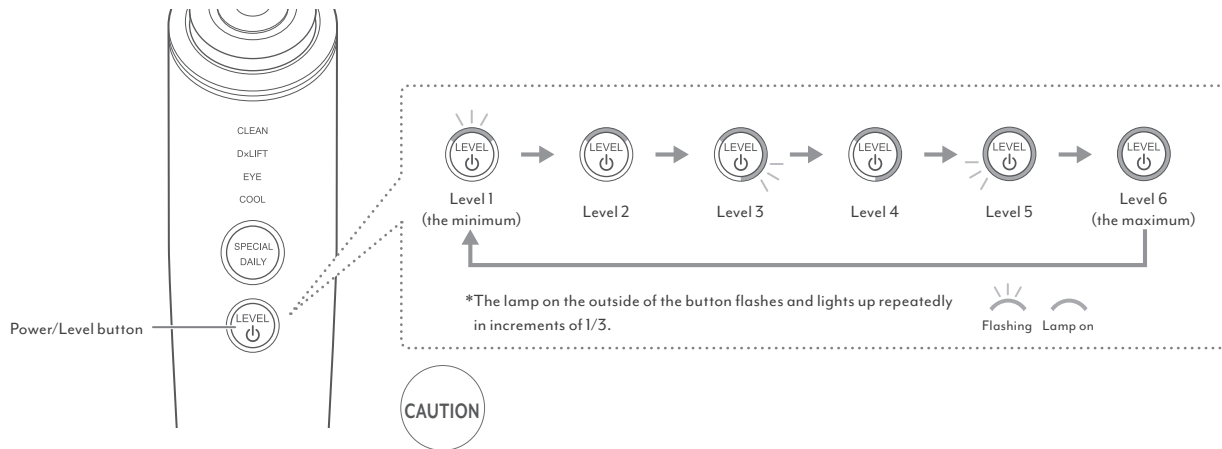
- Hold down the Care/Mode button to switch between Daily Care and Special Care.
- Even during a Special Care treatment, you can return to Daily Care by holding down the Care/Mode button.

For information about each mode, refer to 'Modes' (pages 17-18).

5

Select the treatment level (intensity) (except in COOL Mode)

- Each time you briefly press the Power/Level button, the device will emit a beep and the level will change.



CAUTION

- Always start at Level 1 when using the device for the first time.
- Do not use the device at a level that causes discomfort or pain.

6

Hold the device with your hand in contact with the hand electrode (silver rim on the back)

- The device will not operate properly if the hand electrode is not touched.

7

Apply the electrode head on your skin and move it gently over the treatment area

- When DAILY Mode ends, the device will automatically turn off.
- When a Special Care Mode ends (except in COOL Mode), the device will switch to Standby Mode. You can then select another mode to continue treatment.
- To turn off the power during use, hold down the Power/Level button.

- Refer to 'How to use the device on your skin' (pages 24-26) to learn how to move the device.
- For the operating time of each mode, refer to pages 17-18.

CAUTION

- Always ensure the electrode head remains in firm contact with the skin during use.

8

Care for the skin after treatment

- After treatment, gently pat any remaining lotion into your skin and follow up with your regular skincare routine.

CAUTION

- Clean the main unit after each use (page 27).

How to use the device on your skin

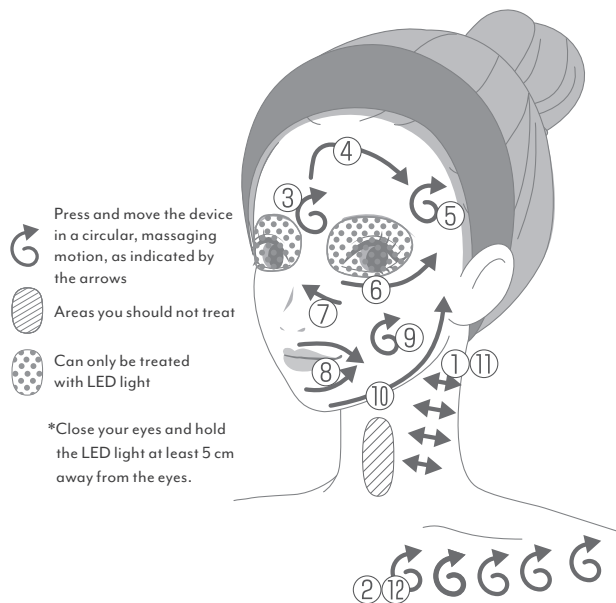
- Recommended speed for moving the device: approx. 2 cm per second
- *If the treatment temperature feels too hot, move the head more quickly.
- One short beep will sound to indicate the half-way point in the operating time. When you hear the beep, begin care on the other side of your face.

CAUTION

- Use in a position in which the entire surface of the electrode head comes in a contact with your skin.
- Always move the device continuously over the skin during use (except in EYE CARE Mode and COOL Mode). Do not hold the device in the same position on the skin during use. Doing so may cause burns or low temperature burns.
- Do not use the device on the upper eyelids (except in COOL Mode), or on the lower eyelids and outer corners of the eyes (except in EYE CARE and COOL Modes).

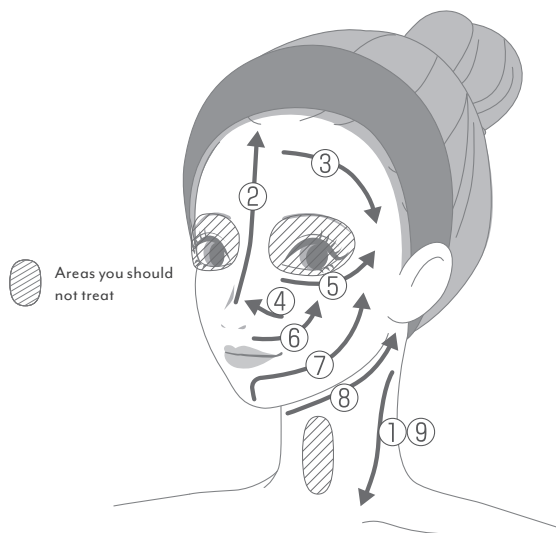
DAILY Mode

Move the electrode head over the skin in the direction of the arrows shown below. The LED light can be used to treat the upper eyelids, lower eyelids and outer corner of the eye.



CLEAN Mode

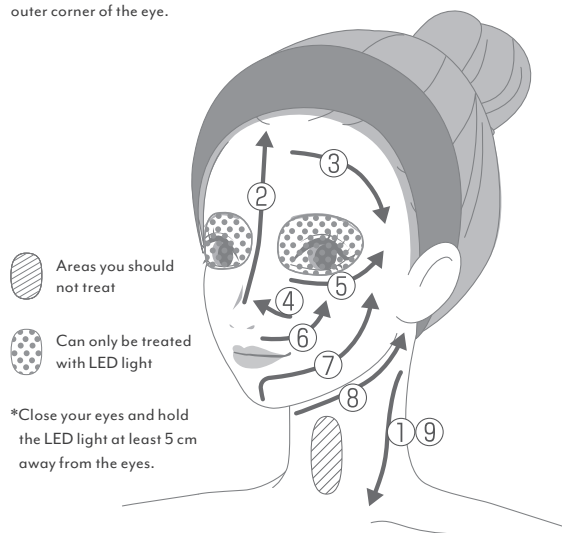
Move the electrode head over the skin in the direction of the arrows shown below.



D×LIFT Mode

Move the electrode head over the skin in the direction of the arrows shown below.

The LED light can be used to treat the upper eyelids, lower eyelids and outer corner of the eye.



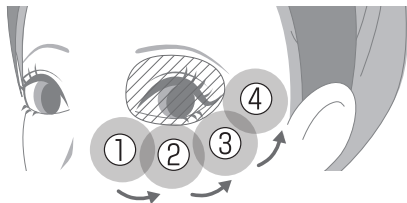
EYE CARE Mode

Press the electrode head repeatedly on your face from the inner corner to the outer corner of the eye as if stamping on the skin (Press → Release → Move electrode head). Press down on the skin for approx. 3 seconds.

If you are concerned about dryness around the eyes, using the device for 2 minutes per treatment, twice a day, 5 times a week is recommended.

*Do not press down continuously on the skin for longer than 3 seconds.

*Do not move the device while pressing.



Areas you should not treat: Upper eyelids

*The device can be used around the lower eyelids and outer corner of the eye.

COOL Mode

Press the electrode head repeatedly on your face as if stamping on the skin (Press → Release → Move electrode head).

*This mode can also be used over the upper eyelids, lower eyelids, and outer corner of the eye.

*When applying to the eyelids, please close your eyes and avoid pressing the electrode head too firmly.

*Do not look directly into the LED light.

After Treatment

How to Clean

Clean the device after each use for hygienic reasons.

WARNING

- When cleaning the device, check to make sure it is not charging and that the power is switched off.

1

To clean the device and electrode head, wipe them with a damp and well-wrung cloth to remove any dirt

Wash the cotton stopper with water after removing it from the main unit

2

Wipe the entire device with a dry cloth and store it after removing all moisture

CAUTION

- Do not splash water on the main body of the device or the charging base or immerse them in water.
- Do not leave the device with lotion on it.
- Ensure no moisture is left on the charging terminals.
- Do not wipe the device with solvents such as alcohol, thinner, benzene, nail polish remover, kerosene, chemicals or polishing powder.



Storing the Device

- If you will not be using it for an extended period, clean the device before storing it.
- Unplug the USB charging cable when not in use.
- Avoid storing the device near a heater or in a bathroom or other high-temperature/high-humidity locations. Also, avoid unstable locations or places where there is exposure to direct sunlight.
- Keep the device out of the reach of children.

Maintenance and Inspections

- If you have not used the device for an extended period, inspect it carefully and check that it works properly and safely before using it again.
- If the device is malfunctioning, go to 'Troubleshooting' (page 29) and attempt to identify the problem before arranging to have the device repaired. If the problem persists, contact your local distributor, making sure that you have your purchase details ready when you call.
- If the device malfunctions, appears damaged or needs service, please contact your local distributor.

Additional Information

Troubleshooting

If you perceive any abnormality while using the device, verify the following points before arranging to repair.

Symptom	Possible causes and solutions
The device does not turn on	→ Hold down the Power/Level button for approx. 3 seconds (page 20).
	→ The battery may be depleted. Charge the device (page 13).
I cannot recharge the device	→ Insert the AC adapter (commercially available) or USB charging cable properly (page 13). Please check the current rating indicated on the AC adapter (commercially available). Those with a rating of less than 1A may not be able to recharge the device.
	→ The main body may not be set correctly on the charging base. Set the main body correctly on the charging base (page 13).
The device is too warm	→ The device has been used continuously. Turn it off and allow it to cool down for at least one hour before resuming use.
The level (strength) does not change	→ The intensity level cannot be selected for COOL Mode.
COOL Mode is not cooling	→ COOL Mode has been used continuously. Turn off the device and let it rest for at least 30 minutes before resuming use.
	→ The device may be used outside the recommended temperature range. Use the device in an environment between 15°C and 30°C.
EMS feels too strong (tingling or painful)	→ Lower the intensity level using the Power/Level button.
	→ The electrode head may not be making full contact with the skin. Use a mirror to ensure the entire surface is properly applied.

Symptom	Possible causes and solutions
EMS feels weak (no sensation)	→ Raise the level by pressing the Power/Level button.
	→ Your skin may be lacking moisture or may be too dry. Apply lotion to moisturize the skin before use, and lightly moisten your hand.
	→ The electrode head may not be aligned with the muscles. Apply it along the muscle lines (pages 24–26).
	→ The battery level may be low. Charge the device (page 13).
EMS output is not constant	→ As multiple EMS signals are output, you may feel variations in intensity.
The treatment temperature feels too high (except when using the device in COOL Mode)	→ You may be using the device without moving the electrode head. Be sure to move the device continuously over the skin during use (except in COOL Mode).
	→ The movement speed may be too slow. Try moving the device a little faster.
	→ The device may feel hot depending on the type of skincare product used or whether a cotton pad is attached. If it feels too hot, try the following: • Use a cotton pad, or remove the cotton pad if already attached. • Try using a different skincare product.
I cannot feel any warmth	→ The device may be in Standby Mode or has turned off automatically (page 12). Press the Care/Mode button to start the desired mode (see page 17).
	→ Your skin may be lacking moisture or may be too dry. Apply lotion to moisturize the skin before use.
	→ You may be moving the device too quickly. Try moving it a little slower.
	→ The battery level may be low. Charge the device before use.

Frequently Asked Questions

Q How much of the skin lotion should I use each time?

A

As a general guide, when using cotton pads, be sure the entire electrode head is moistened with skin lotion.

If you feel there is not enough, adding more skin lotion is recommended.

Q What is the recommended frequency and duration of use?

A

The recommended times are:

[Daily Care]

- DAILY Mode: 3 minutes per treatment, once a day

[Special Care]

- CLEAN Mode: 3 minutes per treatment, once a day, 2 to 3 times a week
- D×LIFT Mode: 5 minutes per treatment, once a day, 2 to 3 times a week
- EYE CARE Mode: 2 minutes per treatment, once a day, 2 to 3 times a week
 - If you are concerned about dryness around the eyes, using the device for 2 minutes per treatment, twice a day, 5 times a week is recommended.
- COOL Mode: 3 minutes per treatment, once a day
 - Adjust the frequency of use, such as by using the device 2 to 3 times a week while observing the condition of your skin.

Do not use both Daily Care and Special Care in the same mode (CLEAN or D×LIFT) on the same day.

The above is also recommended if you only use one mode separately.

Q I don't feel any warmth from the RF when using the device in DAILY, CLEAN, D×LIFT, or EYE CARE Modes

A

Move the electrode head more slowly or press harder against the skin surface. It is also possible that the moisture on the cotton pad is insufficient. Add more skin lotion or gel.

Q The cotton pad is not picking up any dirt

A

Dirt is removed even though it may not be visible on the cotton. The amount of visible dirt on the cotton can vary among individuals.

Q The electrode head does not warm up when I use RF Mode

A

The RF does not warm the electrode head. Rather, it uses the power of radio frequencies to warm your skin.

Product Specifications

Rated input	5 V DC 1.0 A (Charging base)
Rated output	9 V DC 0.55 A (Charging base)
Power Consumption	Approx. 4.5 W (when charging)
Battery	Lithium-ion battery
Charging Time	Approx. 3 hours. *The actual charging time may vary depending on the remaining battery level, the charging conditions, and the AC adapter (commercially available) being used.
Operating time	Approx. 30 minutes (at the maximum power level in D×LIFT Mode) *The actual operating time may vary depending on the remaining power and the charging conditions.
Outer Dimensions	Main body (with cotton stopper): approx. W 47 x D 44 x H 176 (mm)
Weight	Main body (with cotton stopper): Approx. 210 g
Materials	Main body: ABS resin and silicon rubber Electrode head: PET resin and stainless steel Hand electrode: Stainless steel
Country of Origin	Japan
Accessories	One charging base One USB charging cable (USB Type-C) One cotton stopper (attached to the electrode head of the main body before packaging) User's Manual
Recommended Environmental Temperature	15°C to 30°C

After-sales Service

Rechargeable battery

- This appliance contains batteries that are only replaceable by skilled persons.
- The rechargeable battery is a consumable item (It is not covered by warranty).
- The battery is expected to last 300 charge cycles. If the device no longer operates for more than a short period of time even after the battery has been recharged, the battery may have reached the end of its service life.
- For battery replacement, please contact customer service.

Disposing of the device

- Follow your local government rules for proper disposal of this product.
- This product uses a lithium-ion battery. For information on disposing of batteries, see 'Disposing of the battery' and 'Removing the battery' below (page 34).

Disposing of the battery

The lithium-ion battery used in this product is a valuable recyclable resource.

- The battery must be removed from the appliance before it is disposed of.
- Be sure to turn off the power and disconnect the AC adapter (sold separately) before removing the batteries.
- Use a screwdriver to remove the battery, being careful not to injure yourself.
- When removing the battery, be careful not to damage it with a hard object. * Failure to comply may cause the generation of heat or a fire.
- Follow your local government rules for proper disposal or recycling of this product.



Correct Disposal of this product

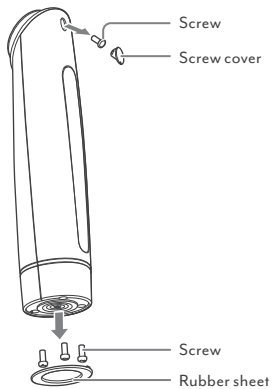
- This marking indicates that this product should not be disposed with other household wastes throughout the UK and EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



Removing the battery

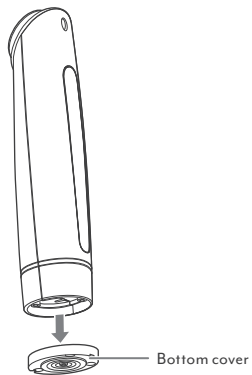
1

Remove the screw cover and the rubber sheet with a thin, sharp object, then remove the screw



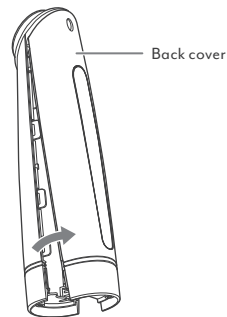
2

Remove the bottom housing



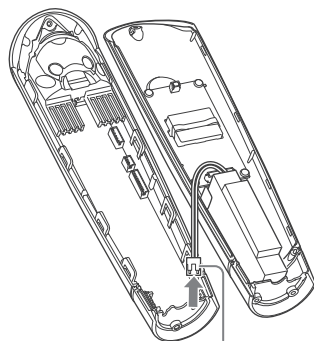
3

Remove the back cover



4

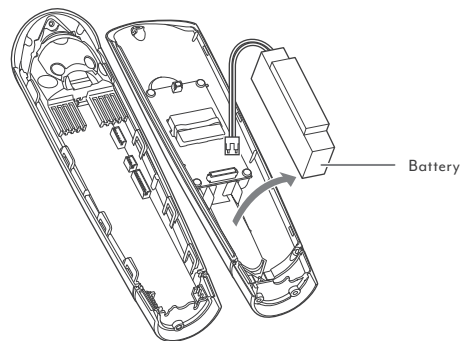
Disconnect the battery cable



Battery cable

5

Remove the battery



Battery



CAUTION

- This image is intended to be used for disposing of the product, not repairing it.

Do not disassemble the product except for disposal. Failure to comply may cause a fire, electric shock or other injuries.

Contacts for overseas customers

For countries and regions outside Japan, please contact the store where you purchased your product for any inquiries.

Alternatively, check the YA-MAN GLOBAL Official Website (<https://www.ya-man.com/en/>)

Official website: <https://www.ya-man.com/en/>

Memo

