

# User's Manual

Home-care Beauty Device  
Photo PLUS Prestige S

M20



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English User's Manual come with this product.  
Please download the other language's User's Manual version  
from this link (<https://www.ya-man.co.jp/en/support/documents/>)  
or scan with QR code with your camera phone.  
Please carefully read User's Manual to ensure safe and proper  
use of the device.



TO ACCESS SCAN WITH  
YOUR CAMERA PHONE




Thank you for purchasing a YA-MAN product.

- Read this User's Manual carefully to ensure proper and safe use of the device.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Be sure to include this User's Manual if you are transferring ownership of the device to another person.




# Safety Precautions

- Read these Safety Precautions carefully before using the device in order to use it correctly.
- Use the device sensibly in accordance with the prescribed steps.
- Immediately discontinue use if any malfunction or unusual reaction to treatment occurs.
- Do not use the device in a defective state, as doing so could cause a physical harm to the user.
- The precautions listed in the User's Manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or ATTENTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

## ● Classifications of Precautions

	<b>DANGER</b>	Improper use of this device poses a severe and likely risk of death or serious injury.
	<b>WARNING</b>	Improper use of this device may pose a risk of death or serious injury.
	<b>ATTENTION</b>	Improper use of this device may cause an injury or a property damage.* * 'Property damage' refers to expanded damage affecting a dwelling, household belongings, or domestic animals and pets.

## ● Symbols

	This symbol shows you what you must not do.
	This symbol shows you what you must do.
	This symbol shows you what you must be careful with.

## DANGER

### The following people should not use the device.



Prohibited

Use of the device could cause an electronic medical device to malfunction.

- ◆ People using electronic medical devices, including
  - pacemakers or other implanted electronic medical devices
  - artificial heart-lung machines or other electronic life-support medical devices
  - electrocardiographs or other worn electronic medical devices



## WARNING

### Do not use under the following conditions:

Failure to comply may cause an accident or other problems.

- If you have existing or suspected heart disease, or related disorders
- If you are unable to express your intentions
- If you are unable to sense temperature or stimulation
- If you have an autoimmune disease

Consult a physician prior to use under the following conditions:

- If you have an acute disease
- If you have an infectious disease
- If you have a malignant tumor
- If you have a febrile disease
- If you have high blood pressure or a blood disease
- If you have a fever
- If you have sensory impairment due to severe peripheral circulatory dysfunction (e.g. diabetes)
- If you have nerve damage
- If you have a skin disease or atopic dermatitis
- If you are seeing a physician regularly and are on medication
- If you have an allergy, contact dermatitis, past skin related medical history or any concern about your skin when using this device



Prohibited

### Do not use in the following cases or on the following areas:

Failure to comply may cause an accident or other problems.

- If your skin is damaged, experiencing a rash, inflammation, or other abnormalities
- If you are under the influence of alcohol
- Anywhere inside the mouth, around the pubic region, or any mucous membrane
- Eyeballs
- Upper eyelids (except in COOL Mode), lower eyelids, and outer corner of the eye (except in COOL Mode and EYE CARE Mode).
- Throat
- Raised moles
- Viral warts
- Areas where you have broken a bone
- Areas with symptoms of internal bleeding, swelling, or scabbing after medical cosmetic treatments

- \* Avoid using the device for 2 weeks after medical cosmetic treatments. After this period, consult with a physician and only use the device after gaining his/her permission (e.g. Hyaluronic acid injections, silicone injections, Botox, thread lifts, double eyelid surgery, HIFU, etc.)
- Areas where metal was implanted by surgery (reconstructive surgery, plastic surgery, cosmetic surgery)



Prohibited

Do not keep applying the light to the same spot unless you use COOL Mode.

Be sure to move the device over the skin during use. Do not use on body parts that cannot be covered by the entire head surface.

Failure to comply may lead to burns and low temperature burns.



Prohibited

Do not place the device near fire or flames, and do not dispose it into a fire. Do not use, charge, or store in a high-temperature area or if the device is hot.

The device features a built-in rechargeable battery. Failure to comply may cause the generation of heat, ignition, or explosion.



User restrictions

Keep away from children and do not allow children to use the device.

Failure to comply may cause an accident or injury.



Non-intended uses are prohibited

Do not use the device for any purpose other than those stated in the User's Manual.

Failure to comply may cause an injury or a malfunction of the device.



## WARNING



**Prohibited**

Do not use the device near a flammable substance (such as alcohol, thinner, benzene, nail polish remover, or spray).

Failure to comply may cause a fire, an electric shock or injury.



**Overloading an electric circuit is prohibited**

Make sure to use the dedicated AC adapter for this device. Plug the AC adapter directly into a wall outlet and do not overload an electric circuit.

Failure to comply may cause an electric shock, short circuit, or ignition.



**User restrictions**

Do not allow people who are unable to express their intentions on their own to use the device. Do not allow disabled persons to use the device unattended.

Failure to comply may cause an accident or injury.



**Prohibition against use when an odor or abnormal generation of heat is detected**

If any problem occurs during use, including abnormal odor or excessive heat, turn off the power.

Failure to comply may cause a damage or an ignition.



**Must comply**

Before charging, make sure there is no moisture on or around the adapter plug or plug socket.

Failure to comply may cause an electric shock, short circuit, or ignition.



**Careless or reckless use is prohibited**

Do not damage, break, modify, bend by force, pull, twist, or bundle the AC adapter.

Do not place heavy objects on the AC adapter or allow it to get pinched in between other objects as this may damage the AC adapter and cause a fire or electrical shock hazard.



**Use of a damaged cable or plug is prohibited**

Do not use if the AC adapter is damaged or if the wall socket is loose.

Failure to comply may cause an electric shock, short circuit, or ignition. Contact your local distributor for advice on repairing the device.



**Do not soak the device**

Do not use the AC adapter in the bathroom or a wet place. Do not put the main unit or AC adapter into water or rinse it.

Failure to comply may cause an electric shock, short circuit, or ignition.



**Disassembly prohibited**

Do not disassemble, attempt to repair, or modify the device in any way.

Failure to comply may cause a fire, electric shock or injury. Contact your local distributor for advice on repairing the device.



**Must comply**

Be sure to turn off the power when not in use or when cleaning the device.

Failure to comply may cause an electric shock, short circuit, or ignition.



## WARNING



**Must comply**

Use with an operating voltage range from 100 - 240 V. Make sure the AC adapter is fully inserted into a power outlet.

Failure to comply may cause a fire, electric shock or accident.



**Disconnecting the AC adapter**

Be sure to disconnect the AC adapter from the power outlet when the device is not in use. Do not insert or disconnect the plug with wet hands.

Failure to comply may cause an electric shock, short circuit, or ignition.



**Disconnecting the plug**

Grip the plug head when unplugging the AC adapter from the device or a power outlet. Do not insert or disconnect the plug with wet hands.

Failure to comply may cause an electric shock, short circuit, or ignition.



**Combustion warning**

Do not leave the device in hot or humid places, such as near flames, in bright sunlight, or in a bathroom. Do not bring the device close to a heater.

Failure to comply may cause the generation of heat, ignition, or explosion.



**Disconnecting the AC adapter**

In the unlikely event that an abnormality arises, immediately unplug the AC adapter.

Do not use the device if smoke, an abnormal noise, or an odor is detected or if it is otherwise operating in an abnormal state.



## ATTENTION



**Prohibited**

Do not use it in any prohibited area (page 2).

Those who are currently undergoing dental treatment or have dental fillings may experience unpleasant sensations in their teeth due to the Ion, EMS, or DYHP stimulation. Choose a lower ion/EMS/DYHP level and apply the device on a different area.



**Prohibited**

Refrain from the following acts.

Failure to comply may cause an accident, injury, or a malfunction of the device.

- Do not use the device if your skin is experiencing a rash, inflammation, itchiness, or other abnormalities.
- Do not use if damaged due to being dropped or an impact with another item.
- Do not use continuously for an overly long time (for example, through commercial use).



## ATTENTION



Prohibited

Do not wipe the device with alkali cleaning agent, alcohol, thinner, benzene, nail polish remover, or other such substances.

Failure to comply may cause a damage to the surface of the device.



Prohibited

Do not use the device on pets.

Failure to comply may cause an injury.



Prohibited

Avoid contact between the electrode head and metal surfaces.

Failure to comply may cause a malfunction of the device or an injury.



Dropping prohibited

Do not place the device in an unstable location. Do not drop or strike the device.

Doing so may cause a malfunction of the device. An injury may also be caused if the device is dropped on a foot or other exposed body part.



Prohibited

Do not look directly into the LED light. When using the LED light to treat the upper eyelids, lower eyelids, and outer corner of the eye, **be sure to close your eyes and keep the electrode head at least 5 cm away from skin.**

Failure to comply may cause injury to your eyes or skin.



Prohibited

Do not use Cool Mode successively.

If used for successive treatments, the head will not fully cool. To resume using the device, wait at least 30 minutes before proceeding.



Must comply

Be sure to comply with the following points.

Failure to comply may cause an accident, injury or a malfunction of the device.

- Do not use the device continuously on the same body part.
- Use the device appropriately based on your skin conditions.
- Immediately after sunbathing, do not use the device in combination with peeling, skin packs, or other treatments.
- Be sure to turn off the device after use.



Must comply

Stop using if you feel any physical discomfort during the use.

During treatment, carefully check that your skin is not showing any abnormality. Stop using the device immediately if the treatment does not agree with your skin.



Must comply

Use only Level 1 upon the first use until you are accustomed to use.

Failure to comply may cause an accident or injury.

## When Using Outside of Japan



## WARNING



Must comply

Be sure to use in an operating voltage range from 100 - 240 V.

Failure to comply may cause a fire, an electric shock, or a malfunction of the device.



Combustion warning

Be sure to check the plug configuration and the voltage of the power outlet before use.

Failure to comply may cause a generation of heat, ignition, or a malfunction of the device.

- The plug configuration and voltage may vary depending on the region and the type of accommodation. Always check for compatibility before using the device.
- For information about plug adapters, consult a travel agency or a consumer electronics retailer.

# Features

This product is a facial beauty device that provides skin care through Ion Cleansing, EMS, Photo, Cool, DYHP and Micro-current functions while warming the skin with Radio Frequency (hereinafter referred to as 'RF').

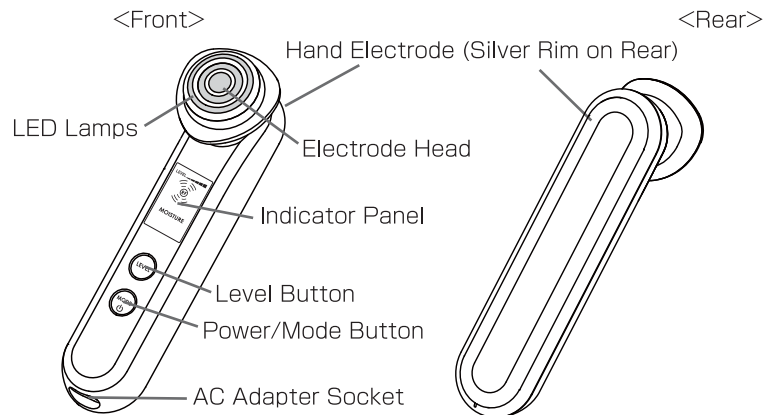
It can be used to suit your personal skin condition and to achieve your objective by combining the following available treatment modes.

- RF: Warming the skin to the deep layer\* to prepare a better condition for the treatment.
- Ion Cleansing: Absorbs dirt that cannot be removed with normal face washing with the power of ions.
- EMS: Stimulates the muscles with an electrical current.
- Photo: Treats your skin with LED Photo treatment.
- Cooling: Tightens your skin with a cooling effect.
- DYHP: The original wave helps lotion to permeate into\* the skin.
- Micro-current: Treats around the eye area with gentle electrical current.

\* To the stratum corneum

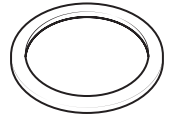
## Names and Functions of Components

### ●Main Unit



### [Accessories]

#### ●Cotton Stopper (Silver Ring)



- \* The cotton stopper is attached to the electrode head when purchased.
- \* Use this stopper to fix cotton to the electrode head.

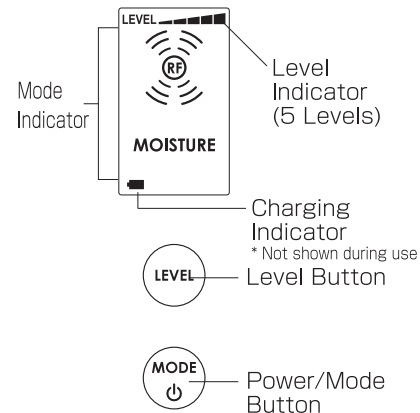
#### ●AC Adapter

- \* The design and specifications of the main unit and accessories are subject to change for improvements without prior notice.

## Before Use

### How to Read the Panel

#### ●Indicator and Buttons



- Press and hold the Power/Mode button for approx. 3 seconds to turn on the device (the treatment will automatically start with Clean mode).
- The treatment mode can be changed by pressing the Power/Mode button during operation.
- For Clean, Moisture, and EMS Up modes, you can select the level. Each mode has 5 intensity levels that can be adjusted with the Level button.
- \* The intensity level cannot be selected for RF, Micro-current, LED, and Cool mode.
- Press and hold the Power/Mode button for approx. 3 seconds to turn off the device.

## ●Mode Indicator

Each time you press the Power/Mode button, the treatment mode will be selected in the following order: Clean→Eye Care→Moisture→EMS Up→Cool→Clean (repeat).

Mode	CLEAN	EYE CARE	MOISTURE	EMS UP	COOL
Function	RF / Ion Cleansing	RF / Micro-current	RF / DYHP LED (red and orange)	EMS / LED (red)	Cool / LED (blue)
Mode Indicator					

\* When using the device in Clean or Moisture mode, the mode indicator repeatedly blinks on and off.

## ●Level Indicator

Select CLEAN Mode and press LEVEL button, and you can choose an ion level.

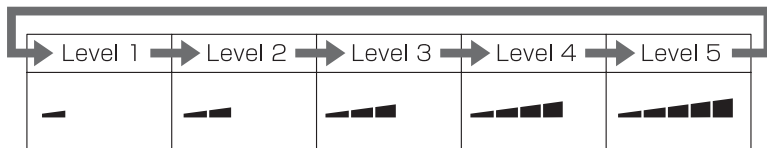
Select MOISTURE Mode and press LEVEL button, and you can choose the level of DYHP.

Select EMS UP Mode and press LEVEL button, and you can choose the level of EMS.

Please select the intensity level which you feel the most comfortable from 5 levels.

Every time you press LEVEL button, the level changes from Level 1→Level 2→Level 3→Level 4→Level 5→and Level 1 again ... (repeat).

\* The intensity level cannot be selected for RF, Micro-current, LED, and Cool mode. Use only Level 1 upon the first use and until you are accustomed to use.

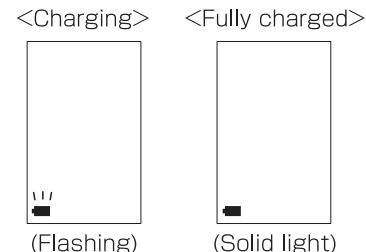


## ●Charging Indicator

The charging indicator will flash while the device is charging.

When charging is complete, the charging indicator will turn solid.

\* Not shown during use



## ●Notice Timer Alarm Function

You will hear a beep after the first half of the treatment time with the selected mode.

When you hear a beep, use the device on the other side of your face.

## ●Standby and Auto-off (Automatic Power Off)

When Clean, Eye Care, Moisture, and EMS Up modes finish (3 minutes for each mode), the indication of the next mode blinks and the device will be on standby status\* (not in operation).

\* When you press the Power/Mode button, the next mode that is waiting in Standby status will start.

\* If the next mode does not start within approx. 2 minutes, the device will emit two short beeps and the power will turn off automatically (Auto-off).

When treatment in Cool mode has finished, the power will turn off automatically (Auto-off) without the device going to Standby status (the device emits two short beeps and the power switches off).

## Pre-testing on the Skin

\* When using the device or a cosmetic product for the first time, always test for compatibility with the skin.

- 1 Clean your skin.
  - Wash the inner arm with a soap and water and wipe dry with a towel.
- 2 Apply cosmetics (gel or lotion) or water to your inner arm and use the device for approx. 3 minutes in Moisture mode.
  - Do not wet or rub the pre-testing area.

If you experience any skin abnormality (redness or a burning sensation) on the pre-testing area within 24 hours, discontinue use of the device.



- Make sure to perform a pre-test in order to prevent skin problems from occurring.
- If a rash, reddening, itch, stinging sensation, or other abnormality occurs on the pre-testing area, immediately stop the pre-test and wash the pre-testing area.
- Do not use the device if your skin shows any abnormality.



## How to Charge

The product is rechargeable and can be used without being connected to the AC adapter. Be sure to use the device after charging.

- Before using it for the first time, or if you have not used the device for an extended period, fully charge the battery and make sure that the Charging indicator has turned from flashing to solid, indicating a full charge.

### ●Charging Time

Charging Time	Operating Time
Approx. 3 hours	Approx. 30 minutes

- \* At an ambient and room temperature of approx. 25°C.
- \* The time indicated on the left is when the device is fully charged.
- \* The operating time may vary depending on the operating mode, operating level, and/or operating environment.
- \* The actual charging time will differ depending upon the remaining battery level and/or the usage environment.

### ●How to Charge

- 1 Insert the AC adapter plug into the adapter socket of the main unit.
- 2 Plug the AC adapter into the wall socket.
  - Always use the dedicated AC adapter.
  - Plug the AC adapter directly into a wall outlet and do not overload an electric circuit.
  - When charging starts, the Charge indicator will flash. When charging is complete, the Charging indicator will turn solid.
- 3 When charging is complete, unplug the AC adapter from the wall socket and then remove the adapter plug from the main unit.

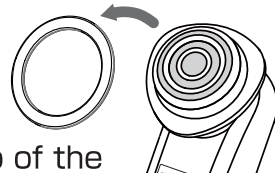
## About the Treatment Modes

Mode	Features	Function	Recommendation	Operating Time	Level	Frequency (rough standard)
<b>CLEAN</b>	Absorbs dirt which cannot be removed with normal face washing and tones your skin.	· RF · Ion Cleansing	RF Booster Pad Pore Refining Deep Cleansing (or cotton and your regular skin lotion*)	Approx. 3 minutes	Ion: 5 levels	Treatments 2 - 3 times per week
<b>EYE CARE</b>	Gives resilience around the eyes with microcurrent.	· RF · Micro Current		Approx. 2 minutes	N/A	Treatments 5 times per week
<b>MOISTURE</b>	Helps beauty ingredients to penetrate <sup>1)</sup> into the stratum corneum and moisturize your skin.	· RF · DYHP · LED (red/orange)	RF Booster Pad Clear Deep Moisturizer (if moisture is insufficient, add skin lotion remaining in the sachet)	Approx. 3 minutes	DYHP: 5 levels	Treatments 2 - 3 times per week
<b>EMS UP</b>	Stimulates the muscles to make your skin elastic. * Can also be used on the neck and shoulders.	· EMS · LED (red)		Approx. 3 minutes	EMS: 5 levels	
<b>COOL</b>	Improves skin elasticity and skin texture with a cooling treatment.	· Cooling · LED (blue)	Put the device directly on the skin.	Approx. 3 minutes	N/A	Everyday use is possible

- Be sure to move the device on your skin during use (except when using in Eye Care and Cool mode).
- Use of cottons in modes other than Clean and Cool modes is optional.
- \* The device and electrode head get hot after using the Cool mode. Do not use these modes successively. Allow the device to rest (with the power off) at least half an hour after use.
- \* 1. To the stratum corneum
- \* 2. If using your regular skin lotion, be sure that it is water soluble. Do not use oil-based or scrub-type skin lotions, as these may cause to malfunction of the device or skin problems.

## Attaching Cotton to the Head

1 Remove the cotton stopper from the electrode head.



2 Place a piece of cotton on top of the electrode head and press the cotton stopper down over the cotton.

- \* If the cotton stopper does not fit properly on the electrode head, please use a larger and thinner cotton. Thick cotton may not fit well, so it should be torn in half.
- \* If the cotton is too thick, the thermal action of the RF treatment may be adversely affected and you will feel less heat.

3 Apply your regular skin lotion or gel onto the cotton.

- \* Make sure the lotion or gel coats the entire surface of the electrode head.
- \* If using a smooth (low-viscosity) skin lotion, the feeling of warmth may decrease.  
Recommended skin lotions: RF Booster Pad and high-viscosity skin lotions
- \* After use, make sure to remove lotion or gel on the electrode head or rinse it lightly. Do not put the device into the water.

## How to Use (General Instructions)

### ●Precautions

- **Be sure to move the device on your skin during use. Using the device continuously on the same area may cause burns or other injuries.**
- When using RF, you may feel the temperature difference depending on the type of cosmetics you wear or skin condition.
- Do not use on the upper eyelids (except in COOL Mode), lower eyelids, or outer corner of the eye (except in COOL Mode and EYE CARE Mode).
  - \* The LED light can be used over the upper eyelids, lower eyelids, and outer corner of the eye. Close your eyes and hold the device at least 5 cm away from the skin.
- Do not look directly into the LED light.
- When holding the device, make sure that you are touching the hand electrode.
- Recommended ambient temperature is 15°C to 30°C.

### ●How to Apply Treatment

1 Remove makeup and gently cleanse your face.

- Remove oil and dirt from your skin so that it is in a clean condition prior to treatment.
- \* Cool mode can be used over makeup.

2 Attach cotton if necessary and apply lotion onto the cotton.

3 **Press** and hold the Power/Mode button for approx. 3 seconds to turn on the power. Select the mode and intensity level.

- Select the mode using the Power/Mode button.
- Select the intensity level using the Level button.
- \* The intensity level cannot be selected for RF, Micro Current, LED, and Cool mode.
- \* Always select Level 1 upon the first use and until you are accustomed to use.

4 When holding the device, make sure that you are touching the hand electrode (silver rim) on the rear of the device.

- \* Hold the device with your fingers without touching the charging terminal.  
You may feel irritation.

5 Gently apply the electrode head to your skin and move the head over the area being treated. Refer to pages 15-16 for more details.

- When the treatment in each mode is finished, the device will go into standby status for approx. 2 minutes. Press the Power/Mode button to start the next mode. After using the Cool mode, the device will automatically turn off.
- \* During use, make sure that the electrode head is firmly touching the skin.

6 Press and hold the Power/Mode button for approx. 3 seconds to turn off the power.

- \* After using the Cool mode, the device will automatically turn off.

7 After treatment, condition your skin as necessary.

- Please apply skin cream as appropriate.
- \* Clean the device after every treatment (page 17).

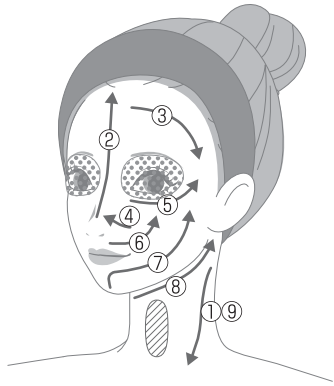



# How to Apply the Device on Your Skin


Move the electrode head over the skin in the direction of the arrows shown below.

## <Clean and Moisture Mode>

- If the temperature feels too hot, move the head little quicker. You can also use cotton to prevent the heat.
- Use in a position in which the entire surface of the electrode head comes into contact with your skin.
- Be sure to move the device on your skin during use. Using the device continuously on the same area may lead to burns and low temperature burns.
- Do not put the electrode head on the upper eyelids, lower eyelids, or outer corner of the eye.

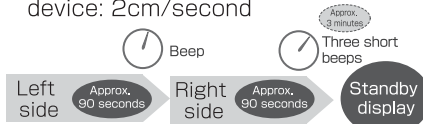


 Areas you should not treat.

 Areas that can only be treated with LED light in Moisture mode (page 16).

\* Close your eyes and hold the electrode head 5 cm or more away from the skin.

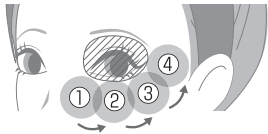
Recommended speed for moving the device: 2cm/second




## <Eye Care Mode>

Repeat the action of 'pressing and removing' from the inner corner to the outer corner of the eye just like pressing a stamp.

- \* Do not keep pressing for over 3 seconds.
- \* Do not move the device while pressing.



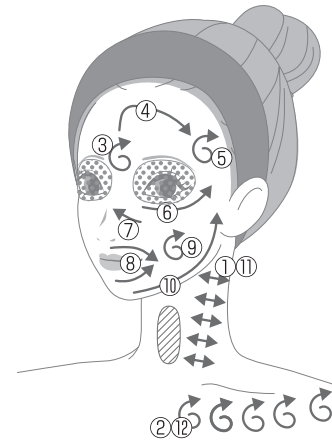
 An area you should not treat: Upper eyelid

\* Under eyelid and outer corner of the eye can be treated


Pressing time: About 3 seconds for one spot



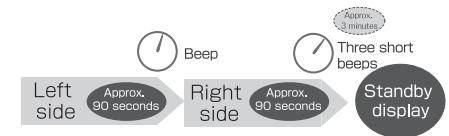
It is recommended to apply the device on one side of your face for 2 minutes, a total of 4 minutes on both sides, for those who are concerned about the dry skin around the eyes.



 Press and move the device in a circular, massaging motion as indicated by the arrows.

 Areas that can only be treated with LED light. (See below about how to use.)

\* Close your eyes and hold the electrode head 5 cm or more away from the skin.



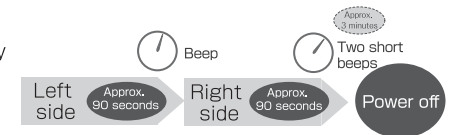
## <COOL Mode>

Press the electrode head repeatedly on your face as if stamping on the skin (Press→Release→Move the electrode head).

\* The device can also be used over the upper eyelids, lower eyelids, and outer corner of the eye.

- **How to treat the upper eyelids, lower eyelids, and outer corner of the eye using the LED light in MOISTURE, EMS UP, or COOL Mode.**

Remove RF booster pad or cotton, close your eyes, and irradiate with the electrode head at a distance of 5 cm or more from the skin.



To keep the product hygienic, please be sure to clean it after each use.

## ● How to Clean and Store the Product

- 1 Ensure the power is off and unplug the AC adapter from the device.
- 2 To clean the electrode head and cotton stopper, wipe it with a damp and well-wrung cloth to remove dirt. Wash the cotton stopper with water.
  - Remove the cotton stopper from the main unit, wash it with water, then wipe it dry.
  - Do not use an alkali cleaning agent, alcohol, thinner, benzene, nail polish remover, or other such substances.
  - Do not leave the device with lotion or gel on it.
- 3 Wipe off any dirt from areas other than the electrode head and cotton stopper with a dry cloth.

## Storing

- If you will not use the device for a long period, clean the device before storing.
- When the device is not in use, turn off the device and disconnect the AC adapter from the main unit and the wall outlet.
- Avoid storing the device near a stove or heater, in a bathroom or other high-temperature/high-humidity location, in a location where there is exposure to direct sunlight, or an unstable location.
- Keep the device out of the reach of children.

## Maintenance and Inspections

- If you have not used the device for an extended period, inspect it carefully and check that the device works properly and safely before use.
- If the device is malfunctioning, go to 'Checklist for Possible Problems' (pages 18-19) and attempt to identify the problem before arranging to have the device repaired.
- If the device malfunctions, appears damaged, or needs servicing, please contact your local distributor.

## Checklist for Possible Problems

Problem	Possible Causes	Solutions
Does not turn on	The Power/Mode button is not being pressed long enough	Press and hold the Power/Mode button for approx. 3 seconds to turn on the device
	AC adapter is connected	After unplugging the AC adapter, press and hold the Power/Mode button for approx. 3 seconds to turn on the device.
	Insufficient charging	Please charge the device
The device only operates for a few minutes even after charging	The battery life has expired (the battery can be charged approx. 300 times)	Contact a local distributor (page 21) *Do not try to replace the device by yourself as this may cause a malfunction
	You may have mistakenly pressed the wrong button	Press and hold the Power/Mode button for approx. 3 seconds to turn on the device again
	The device is in standby or Auto-off status (page 10)	Press the Power/Mode button
The device does not start charging (the charge indicator does not flash)	The AC adapter is not inserted into the wall socket (too many plugs have been connected to one outlet, etc.)	Connect the AC adapter to a wall outlet
	The adapter is not plugged into the device	Insert the plug adapter into the device
		Insert the AC adapter into the wall outlet and press LEVEL button and Power/Mode button at the same time while the power is off (reset)
The main unit is hot	The device was used continuously without any interval	Turn the device off and wait at least 1 hour before use

Problem	Possible Causes	Solutions
Cool mode is not cool enough	Cool mode was used continuously without any interval	Turn off the device and wait at least 30 minutes before use
	The device is being used in an environment with a temperature exceeding the recommended range	Try using in an environment with a temperature of 15°C - 30°C
Irritating/painful	The setting level is too high	Lower the intensity with Level button
	The full surface of the electrode head is not touching skin	Apply the entire surface of the electrode head to the skin
EMS mode is too weak/no stimulation	The setting level is low	Increase the intensity with the Level button
	The skin lacks moisture or is dry	Moisturize your skin with lotion or gel Slightly moisturize your hand
	The electrode head is not moved along the muscles	Apply the electrode head along your muscles (page 16)
Hot (except for using Cool mode)	You have been using the electrode head on your skin for a long time	Make sure to move the device when using except for COOL Mode
	The treatment head is moving too slow	Move the device little quicker
You cannot feel RF warmth	The device has gone into Standby status or Auto-off mode (page 10)	Turn the power off and on again or press the Power/Mode button to start the mode
	The skin lacks moisture or is dry	Moisturize your skin with lotion or gel
	The electrode head is moving too quick	Please move the device little slower
You cannot select the RF, Mirco-current, LED, and Cool level		Level change is only for ion, EMS, and DYHP

## Frequently Asked Questions

Q	A
<b>How much lotion or gel should I use each time?</b>	This device is designed to feel more warmth with sufficient amount of lotions or gel. Apply lotion on cotton enough to make the surface of the electrode head all wet. Use gel about the size of 2 pearls. We recommend adding more lotion or gel if you feel there is not enough.
<b>Can I use the device in the bathroom?</b>	This device is not waterproof. Do not use the device in the bathroom.
<b>My skin is flush after use.</b>	This is due to the heat of the RF. If it bothers you, use the Cool mode or apply blue ice to cool down your skin.
<b>Why do I feel a tingly sensation on my face and hands?</b>	This is electrical stimulation from Ion Cleansing, EMS, or DYHP is normal. Use the Level button to adjust the intensity level to one that is comfortable for you. Use only Level 1 upon the first use and until you are accustomed to use.
<b>Why do I not feel RF warmth of the RF when using Clean, Eye Care or Moisture mode?</b>	Move the electrode head slower or press harder against the skin surface. There may be insufficient moisture, so please add skin lotion or gel. RF repeatedly turns on and off during the treatment. When the RF symbol (RF) appears on the indicator panel, RF is on. (Clean and Moisture modes only)
<b>Why can't I see any dirt on the cotton?</b>	Dirt is removed even though it may not be visible on the cotton. The amount of visible dirt on the cotton can vary among individuals.
<b>The electrode head does not warm up when I use RF mode.</b>	The RF does not warm the electrode head. Rather, it uses the power of electricity to warm your skin.

## ●Rechargeable Battery

- The rechargeable battery is a consumable item. This appliance contains batteries that are non-replaceable.
- If the battery only powers the device for an extremely short period after charging, it may be at the end of its service life. With a typical use, the battery can be charged approximately 300 times.
- If you need a battery replacement, contact your local agent.

## ●Disposing of the Device

- Follow your local government rules for proper disposal of this product.
- This product uses a lithium ion battery.



## ●Contacts for overseas customers

For countries and regions outside Japan, please contact the store where you have purchased your product for any inquiry about it. Alternatively visit YA-MAN Global Official Website (<https://www.ya-man.com/en/>).

## ●Product Specifications

Rated Power Supply	9 V 2.0A
Power Consumption	Approx. 4.5W
Battery	Lithium ion battery
Battery Charging Time	Approx. 3 hours (may vary depending on the charging environment).
Outside Dimensions	Main unit (with cotton stopper): Approx. W50 x D55 x H190 (mm)
Weight	Main unit (with a cotton stopper): Approx. 270 g
Materials	Main unit: ABS resin Indicator panel: Polycarbonate and acrylic resin Electrode head: PET resin and stainless steel Hand electrode: ABS resin (chrome-plated)
Country of Manufacture	Japan
Accessories	Cotton stopper, AC adapter
Recommended Environmental Temperature	15°C - 30°C

## ●Warranty

If you have purchased from [www.global.ya-man.com](http://www.global.ya-man.com),  
Warranty: Please register your device at  
<https://global.ya-man.com/apps/warranty/registrants/new>  
Contact: inquiries to [contactus@ya-man.com](mailto:contactus@ya-man.com)

If you have purchased from local distributor,  
Warranty: Please contact your local distributor

## ●User' s manual (WEB)

User' s manual is also available at following address:  
<https://www.ya-man.co.jp/en/support/documents/>

## ●Correct Disposal of this product

This marking indicates that this product should not be disposed with other household wastes throughout the UK and EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



## ●Marking

 detachable supply unit