

## About RF (Radio Frequency) treatment:

- Rollers would not create warmth via RF (Radio Frequency).  
Put the rollers on damp skin to feel the warmth.
- The warmth from RF (Radio Frequency) is subjected to different people.
- It may be difficult to feel the warmth if both rollers are moving too fast.  
Please roll in an intermediate speed.

(Recommendation: 1 - 3 cm per second)

\*Please make sure the skin is damp or fully moistured.

\*Please make sure both rolls are touching the skin.

It helps to decrease the temperature if rolling faster.

- It will be more difficult to feel the warmth from RF  
(Radio Frequency) under water (hot water).

## Simple instruction of RF (Radio Frequency) Temperature Testing:

- ① Firstly make sure both hands are wet.
- ② Press and hold the Power / Mode button to turn on the power,  
activate RF mode (Red Lamp).
- ③ Please put the rollers on one hand and press the Power / Mode  
button to select treatment mode.

→ Temperature would only change in RF mode (Red Lamp)  
but not in EMS mode (Pink or Blue Lamp).

\*Please move the rollers faster if the RF temperature  
is too hot.

美容家電のパイオニア

**YA-MAN**

## Instruction Manual

家用美容機

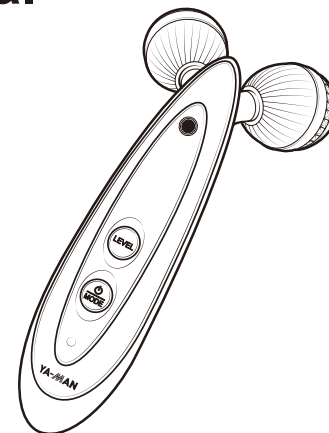
Home-Beauty Applicator

RF Tornado Roller



RF Beauté

HRF-15



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Thank you for choosing product of YA-MAN.

- Please read these instructions carefully before using this product.
- Keep this Instruction Manual for future reference.
- Please enclose this Instruction Manual when you transfer this product to the others.

# Safety Precautions

- Please read all instructions carefully for safe and proper use.
- Use the product carefully in accordance with the specified procedures.
- If a malfunction occurs, immediately discontinue use and request repair.
- Use of a malfunctioning device on your body may result in undesired effects.
- Precautions listed in the instruction manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or CAUTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

## •Precaution Classification



### DANGER

This indicates the likely risk of serious injury or death in the event of improper handling of this device.



### WARNING

This indicates the potential risk of serious injury or death in the event of improper handling of this device.



### CAUTION

This indicates the likely risk of injury or physical damage\* occurring in the event of improper handling of this device.

※"Physical damage" refers to damage related to the home, household objects or pets.

## •Symbols used



This symbol shows you what you must NOT be performed.



This symbol shows you what you must be performed.



This symbol shows you what you must be careful.



## DANGER



Prohibited

Persons who use the following electronic medical devices should not use this device. Use of the device could cause the electronic medical device to malfunction.

- ◆ Persons who using medical electronic equipment.
  - Implantable internal electronic medical devices such as pacemakers.
  - Electronic medical devices for life support such as heart-lung machines.
  - Installed electronic medical devices such as electrocardiographs.



## WARNING

Do not use under any of the following conditions as this may cause injury to your skin or body:

- During pregnancy or breastfeeding
- Under a doctor's care
- While growing or during adolescence
- Lack of skin sensitivity
- Melanosis
- Allergic dermatitis or sensitive skin
- Itching or reddened skin caused by sunburn
- Itching skin, inflammation or fever and other abnormal symptoms
- Abnormal blemishes due to physical stimulation
- Capillary dilatation due to long term use of steroid hormonal drugs or a disorder of liver function
- Extremely tired
- Feeling unwell
- Under the influence of alcohol
- Taking medicine that causes drowsiness



Prohibited

To avoid accident or injury, do not use on the following body areas:

- Acute disease
- Diseases caused by fever
- Infectious disease
- Visceral disease
- Cuts
- Virus infection warts
- Over Head
- Oral or genital areas
- Finger, ear or nose, etc.
- Acne
- Blood disease
- Unusual Blood pressure
- Malignant neoplasms
- Tuberculosis disease
- Moles
- Areas that had cosmetic surgery
- Eyelids, eyeballs or around eye areas
- Adam's apple
- Over the Braces
- Above bones or areas where skin is thin

※If you are not sure, consult with a doctor before use.



Prohibited

When using the RF function, do not apply for a long period on the same areas as it may cause burns or injury.



Prohibited

Do not apply for a long period on areas with thin skin or over bones as this may potentially harm your skin or body.



Prohibited

Never use this device in a sauna or bedrock bath. The device may overheat and could cause burns or injury.



Prohibited

Do not place near or in a fire. Do not use, charge, or store in a high temperature environment. This unit contains a rechargeable battery that may cause fire or explosion if exposed to heat.



## WARNING



Prohibited

Do not store inside or near the bathroom, or charging with water filled containers. It may lead to electric shock, short circuit and fire.



Do not disassemble

Do not disassemble, attempt to repair, or modify this device in any way as this may cause a fire, electrical shock hazard, or injury.



Avoid Improper use

Do not damage, break, modify, bend by force, pull, twist or bundle the cord. Do not place heavy objects on the cord or allow it to get pinched in between other objects as this may damage the cord and cause a fire or electric shock hazard.



Do not use extension cord

Use only the supplied charging cable and plug it directly into the wall outlet. Do not use an extension cord as this may cause an electrical shock hazard, short circuit or fire.



Do not allow disabled persons to use

Do not allow disabled persons to use the device unattended. Avoid use on persons who cannot express their intentions as this may cause injury.



Do not for Other uses

Use only as directed in this instruction manual. Improper use may cause injury or malfunction.



Do not use damaged charger

Do not use if the charger is damaged or the wall outlet is loose. This may cause electrical shock hazard, short circuit, or fire. Contact your local agent if repair is needed.



Stop using when odor or abnormal heat

Stop using it immediately when there is odor or abnormal heat. This may cause exploding and fire.



Do not allow to use

Do not use on children or allow children to use the device. Keep out of reach of children as this may cause injury.



Do not drop

Do not drop or hit the main unit. Dropping the device may cause malfunction or injury.



Always Obey

When using the RF function, move away from the skin immediately if you feel over heat as it may cause burns or injury.



## WARNING



Always Obey

Use at AC100-240V only to avoid a potential fire or electrical shock hazard.



Always Obey

Make sure that the charging terminal is not wet before charging. It may cause electric shock, short circuit or fire.



Always Obey

You may feel a strong or unpleasant sensation on your cheek or jaw if you have any dental treatment in the area being treated. This will not adversely affect the treatment, but if you feel discomfort consult your doctor.



Remove the power

Hold the head of the plug instead of the cord when unplugging the charger from the wall outlet. Do not touch with wet hands as it may cause electrical shock hazard, short circuit or fire.



Always Obey

Be sure to turn off the power when not in use or when cleaning the unit to avoid a potential electric shock, short circuit, or fire hazard.



Always Obey

When using EMS mode, select Level 1 before adaptation. When using RF mode, select Level 1 before adaptation as this may harm your skin.



Fire

Do not use or store near fire, under direct sunlight, or in dusty areas. Do not place near heating equipment as this may cause a fire or explosion hazard.



Fire

Do not store near fire, under direct sunlight, or heating blanket as this may cause over heat, fire or explosion.



Remove the power

In case of an abnormal condition, turn off the power immediately. If it occurs during charging, remove the charger immediately. If there is smoke, abnormal noise or odor and other unusual conditions, stop using immediately.



## CAUTION

Do not apply other than moisturizing cream (except inapplicable) or water, this may cause skin problem or malfunction.



Prohibited

<Moisturizers which are not suitable>

- Oily •Scrub •Irritant Lotion •Body Lotion
- Lotion or massage gel with warm effect
- Lotion or massage gel which contain fat-burn ingredients etc



Prohibited

Please remove any water on the unit after use. Do not store the device wet as this may cause damage or malfunction.



Prohibited

Do not use the device in hot spring or use with bath agents as this may cause malfunction.



Prohibited

Do not leave it under water as this may cause injury.



Prohibited

Do not contact with other beauty or electronic devices while the power is on. Do not contact with other metals as this may cause injury or malfunction.



Prohibited

Please do not put near hot water or under hot air from a hair dryer as this may melt or deform the device.



Prohibited

Do not use if there is crack on the main unit, if the outer coating is peeling or if the roller is defective. Use of a damaged device may harm your skin.



Prohibited

Do not wipe the main unit with alcohol, thinner, gasoline, nail remover or any solvents which could damage the device.



## CAUTION



Always Obey

When using in the bath but not under water, please set the intensity to a lower level.

While using under water, the EMS stimulation will feel weaker than when applying it outside of the bath water. If you set the intensity to a comfortable level while under water, you may feel stronger EMS stimulation when used outside of the water.



Always Obey

During use, the skin will be pinched, if it is too tight, please stop using it.

The rollers pinch and release while rotating and you should adjust the angle of application to avoid pinching the skin too tightly.



Always Obey

Even if you do not feel the EMS stimulation, make only small adjustments to the intensity level to gauge your reaction. Do not increase the level too quickly at a time.



Always Obey

If you feel an unpleasant tingling on your skin, reduce the intensity level, move to another area, or apply water to the skin surface.

Do not continue use in such conditions as this may harm your skin.



Always Obey

If you feel tired or you encounter skin problems during treatment, please stop using immediately. If any problems persist, please consult with doctor.



Always Obey

Do not press too hard against your skin. Especially the neck or upper arm which is easy to be caught by the rollers as this may harm your skin.



Always Obey

After using in the bath, hold the main unit vertically and shake it to remove excess water. Please store in a dry place after use. Storing in wet state may cause malfunction.



Always Obey

•Do not apply treatment over the same area longer than the time recommended in this manual. Please always wait at least 4 hours or more before treating on the same area again.





## CAUTION



Always  
Obey

The following actions must be performed.  
May caused injury or malfunction.

- Avoid extended use over one area and apply only for the recommended time.
- Please pay attention to skin condition when using.
- If skin problem occurs such as rash, itching, irritation or other abnormalities, please immediately stop using.
- Please avoid using after sunbathing, exfoliation or used with a mask.
- Please be sure to turn off the power after use.



Always  
Obey

When using RF and EMS, please keep moisturizing between the rollers and the skin and always add moisturizing cream or water. Please make sure both rolls are touching the skin.

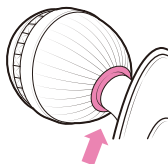
The skin will feel RF and EMS stimulation due to contact with the rollers. If water or moisturizing cream is not enough, will affect the RF and EMS effect, it may also caused skin damage.



Always  
Obey

Please wipe the bottom of the rollers when there is dirt.

Wipe off with dry towel or tissue if there is any lubricant that oozes from the rollers.



## Use in Foreign Countries



## WARNING



Always  
Obey

Use at AC100-240V only to avoid a potential fire, electrical shock hazard or a malfunction.

※ No free maintenance service abroad



Fire  
Precautions

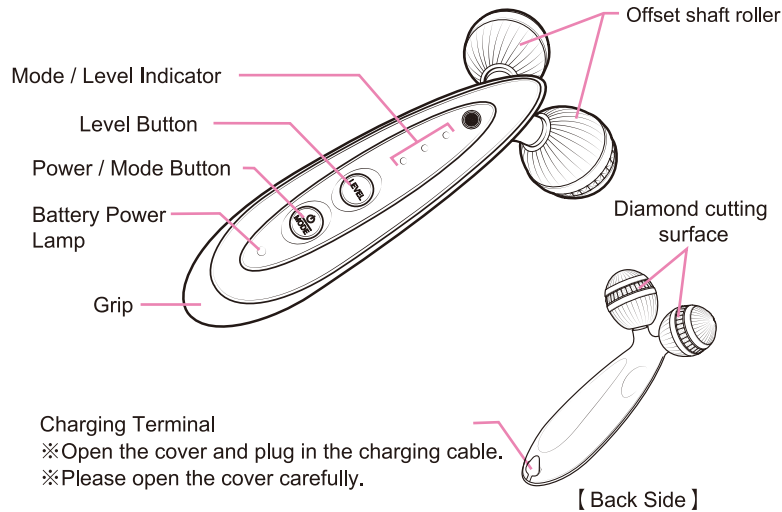
Be sure to check the plug shape and the voltage before using.  
Failure to do so could result in fire or accident.

- The plug configuration and voltage varies depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- For information about plug adapters, consult a travel agency or a consumer electronics retailer.

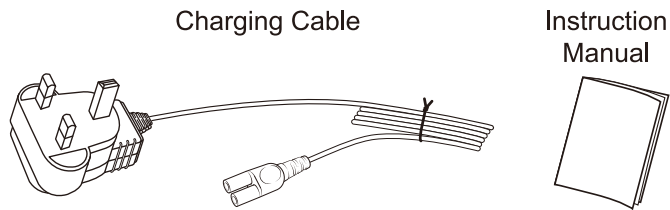
# Product Description

# Features

## ●Main Unit



## ●Accessories

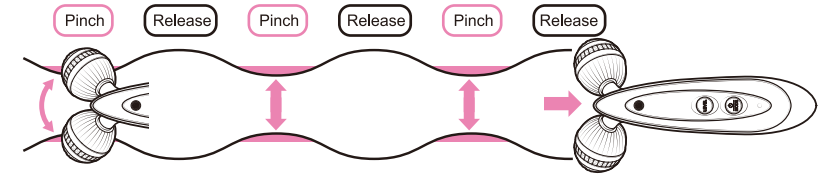


※Design and specifications of the main unit and accessories are subject to change for improvements without prior notice.

The RF Tornado Roller is an at-home treatment device that is designed with V-shaped rollers and provides RF (Radio Frequency) and EMS (plus micro-current) function.

## ●Tornado Roller

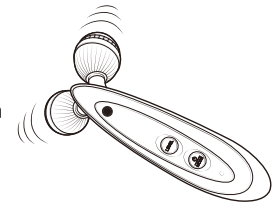
The two rollers scroll like a curve to stimulate the muscles. The rollers create a double spiral motion which acts to "Grip", "Pinch" and "Release", replicating the touch of a professional aesthetician's hand technique .



## ●RF(Radio Frequency)

Warm up the deep skin, make the skin can be in the appropriate state of care.

※Deep to stratum corneum



## ●EMS

The EMS function is divided into face mode and body mode. There are 6 adjustable levels of strength can be selected.

## ●Auto Power OFF

The power will turn OFF in 10 minutes after the power is turned on. Press and hold the POWER / MODE button for more than 1 second to turn on the power if you want to continue.

※Press and hold the POWER / MODE button to stop treatment early.

## ●Waterproof

This product can be used in the shower or bath.

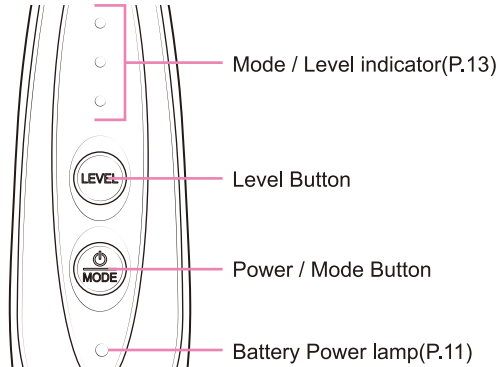
※The main unit is equivalent to IPX7 (JIS standard) waterproof.

※The charger stand is not waterproof.

# Before Use

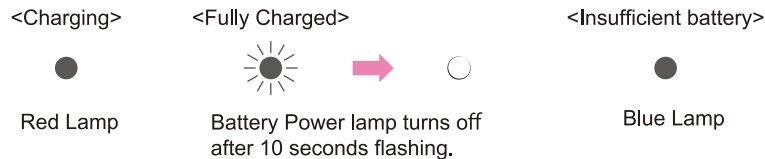
## Indicator Lamps

The lamps will flash or glow solid to indicate charging status or operation.



## Battery Power Lamp

The charge status and remaining battery status display are as follows:



※When the battery is full, the indicator will flash for 10 second while it is plugged.

## How to Charge

Charging the battery is necessary before first using the device, or if the battery charge is running low.  
Do not use the device while charging.

Do not use the device until fully charged the first time you charge the battery.

## Charging Time

Charging Time	Operating Time
Approx. 3 hours	Approx. 30 mins

°mm

※Recommended charging ambient temperature of 25°C. Operating time shown is immediately after being fully charged.

※Charging time depends on the remaining charge and charging environment will be different.

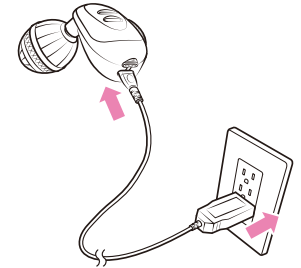
- ※If it is the first time to use or if the battery has not been charged for an extended period of time, even if the battery indicator light off, it can not be used for a long time.
- ※Actual charging time and operating time will differ depending upon on usage pattern, usage intensity, or usage environment.
- ※When the remaining battery is low (battery indicator: blue light is on), please charge it before use.

- 1 Open the charging terminal cover, plug the charging cable inside, and insert the other end of the cable firmly into the into a wall outlet.

- Please wipe off any water or dirt on the charging terminal.
- Battery Power lamp will turn red when it is charging.
- The indicator lamps will turn off when the charging is complete.

※The outer cover is made of plastic.  
Please open carefully to avoid falling.

- 2 When charging is complete, unplug the cable from the wall outlet, then remove the plug from the charging terminal.



Warning

- Always use the supplied charging cable with this device , and always plug the adapter cord directly into the wall outlet. Do not use extension cords. May cause electric shock, short circuit or fire hazard.
- Always check that the charging terminal is not wet before charging. May cause electric shock, short circuit, or fire hazard.
- Do not place or close to the bathroom, or filled with water container. May cause electric shock, short circuit, or fire hazard.

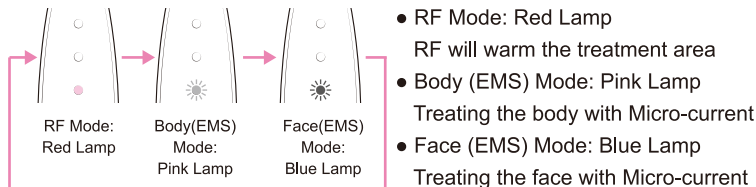
## Mode and Level Indicator

Indicator of mode and level shown below.

### • Model Selection

Press and hold the Power / Mode button to turn on the power. Press the Power / Mode button again to select the mode.

The mode will change each time you press the Power / Mode button in the order shown below.

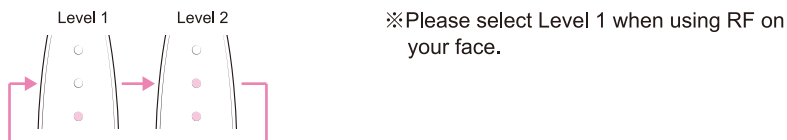


### • Adjusting Level

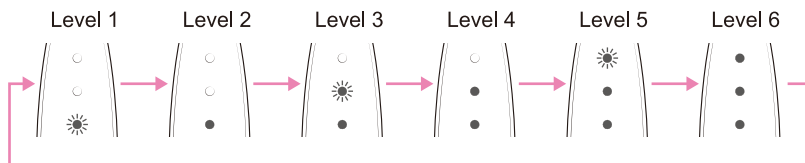
Press the Level button to adjust the Micro-current level for RF and EMS. The level will change in the order shown below each time you press the Level button.

Select level that feels comfortable.

<RF Mode (Red)>



<Body (EMS) Mode (Pink) • Face (EMS) Mode (Blue)>



※Always start with Level 1

※Please use Face Mode when using EMS on the your face

☀ This symbol indicates a flashing lamp

- For the treatment details, please refer to the treatment book.

## Precautions for Use

Read this section carefully before use.

- Remove any jewelry or accessories (necklaces, piercings, etc.) before starting treatment to avoid getting them tangled in the device.
- To avoid getting your hair tangled in the device, be sure to tie your hair up or use a hair band. This is especially important near the hairline.
- ※If your hair does become tangled in the device, turn it off and carefully untangle your hair.
- Rolling the device over your clothes may damage the fabric. Use directly on the skin or over clothes that you are not concerned about damaging.
- Charge the battery before first using the device, or if the battery charge is running low. The device can not be used while charging.

## Recommended use of time

- Recommended use of time  
Up to 30 minutes for the entire body a day. (5 -10 minutes per area)
- Only using RF...In 5 minutes
- Using RF+EMS...RF: In 5 minutes      EMS: In 5 minutes
- Using roller or only using EMS...In 10 minutes

2-3 times a week per area.

※Above is only recommended for use.

You may use everyday depending upon your skin condition.

※A "beep" sound will be issued to indicate that it has been in use for more than 5 minutes for each mode.

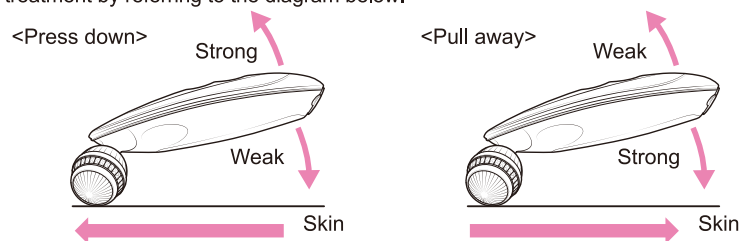
## How to Hold the Device

Hold the device as shown on the right.

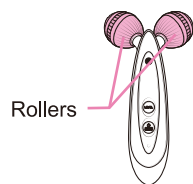
- ※Improper operation may occur if you press a button accidentally while gripping the main unit. Hold the device carefully in order to avoid unintended operation during use.



The force of "pinching" between the rollers can be adjusted by changing the angle of the device and direction of rolling. Choose an angle that gives you the most comfortable treatment by referring to the diagram below.



Please use water or moisturizing cream to make the skin wet when using RF or EMS mode. The skin will feel the micro-current stimulation due to contact with the rollers.



## Treatment



CAUTION

- If you feel tired or you encounter skin problems during treatment, please stop using immediately.  
If any problems persist, please consult with doctor.
- Do not use on the forbidden area (P.2).
- When using RF mode, be sure to keep moving on the skin. Warmth is subjected to different people. If you cannot feel the warmth, please move slowly. If you feel too hot, please speed up the movement.  
(Recommended moving speed: 1-3cm per second)
- Do not use moisturizers that are not suitable for use (P.5). It may cause skin problems or malfunctions.
- When using in the bath, decrease the EMS intensity level while applying over areas that are not submerged in water. The RF and EMS stimulation may feel weak when used under water compared to when it is applied outside of the water. You may also feel stronger EMS stimulation if you set a comfortable level while using under water and then apply outside of the water.
- Do not apply treatment over the same area longer than the time recommended in this manual.  
Please always wait at least 4 hours or more before treating on the same area again.

## •Treatment with the Rollers



CAUTION

- The rollers are designed to repeat a pinch-and-release action when they are rolled. Do not press too hard against your skin and adjust the angle between the device and the skin.
- Do not press too hard on the skin, particularly over areas where the skin is easily pinched such as the neck and upper arms. Pressing too hard may hurt your skin.

## Patch Test

※Please do the skin test when using the product and moisturizer for the first time.



CAUTION

- To avoid problems with the skin, be sure to test before using.
- If skin problem occurs such as rash, itching, irritation or other abnormalities, please immediately stop the test and rinse with water.
- If the skin is abnormal, please stop using.

### 1 Please clean the skin.

- To clean the inside of the wrist with soap and then wipe dry with a towel.

### 2 Apply moisturizing cream (moisturizing gel or water) on the inside of the wrist and use RF mode and body (EMS) mode for approximately 3 minutes.

- Please adjust RF and EMS level to 1.
- Move in circular motion on the skin.
- Do not get wet or rub the parts after the skin test.

It can be used if 24 hours without abnormal skin.

## Gently apply the rollers to your skin and then roll.

(Recommended moving speed: 1-5cm per second)

- Turning on the power is not necessary if you only to use the rollers.
- Do not press too hard against your skin.  
Please refer to the treatment book.
- It may be difficult for the rollers to pinch the skin when it is wet. In this case, press the rollers against your skin to adjust the force of pinching.

Please adjust the distance between the grip and the skin when moving, and the angle between the rollers and the skin.



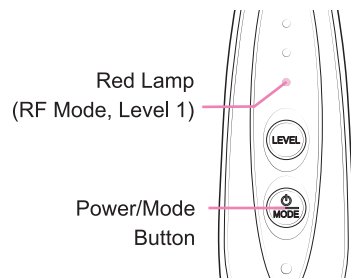
## •RF (Radio Frequency) Treatment

- ※Be sure to wet the skin with water or moisturizer before use.  
Please remove the make up when using RF on the face.  
It may be difficult to feel the warmth of RF if the skin is dry.  
Wet the skin with water or moisturizer if you can not feel the RF.

Recommended:  
5 minutes  
each area

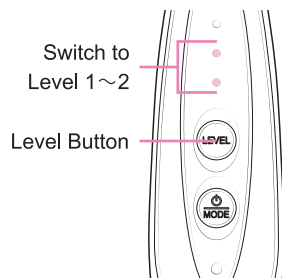
### 1 Press and hold the Power / Mode button to turn on the power.

- Lamp changes to solid Red to indicate the mode and the level (RF Mode, Level 1)



### 2 Press the level button to select the level of RF.

- The RF Level will change when you press the Level button each time (There are 2 RF Level)  
For the details of the Level, please refer to "Adjusting Level" (P.13).



### 3 Feel warm by RF when moving rollers slowly.

Please move slowly.

Do not apply treatment over the same area.

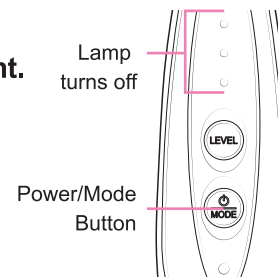
- Do not press too hard against your skin.
- Please adjust to level1 when using on face.
- Temperature of RF (Radio Frequency) will increase slowly.  
If you are difficult to feel warm, please move slowly.  
If you feel too hot, please speed up the movement.



### 4 Press the Power / Mode button to turn OFF the power after treatment.

- The Lamp will turn off.

Power will automatically turn off after 10 minutes of use.



## •EMS Treatment Recommended : 5~10 minutes each area (Body • Face)

- ※Be sure to wet the skin with water or moisturizer before use.  
Please remove the make up when using on the face.  
You may not feel the EMS stimulation if you have dry skin. Apply moisturizer or water to your skin if you feel the EMS is too weak.

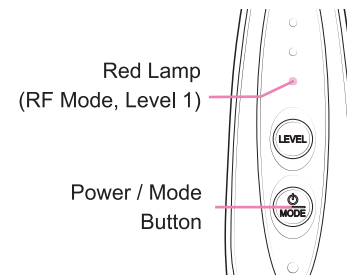


WARNING

Please select Face (EMS) Mode when using on face.  
Using Body Mode on face may hurt your skin.

### 1 Press and hold the Power / Mode button to turn on the power.

- Lamp changes to solid Red to indicate the mode and the level (RF Mode, Level 1)





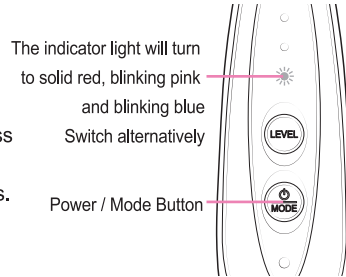
## 2 Press Power / Mode button to select desired EMS mode.

- The mode will change each time you press the Power / Mode button.

Refer to "Mode Selection" on P.13 for details.

Pink : Body (EMS) Mode

Blue : Face (EMS) Mode



## 3 Press Level button to adjust the EMS intensity level.

- The EMS intensity will change each time you press the Level button. (6 different Level)

For more information on the Level, refer to "Adjusting Level" (P.13)

※The EMS stimulation may feel weak when used under water compared to when it is applied outside of the water.

## 4 Roll over the skin gently. Stop and hold where you feel the EMS stimulation or roll slowly.

(Recommended speed: 1~5cm per second)

- Do not press too hard against your skin.
- Please start from level 1.



Select Face Mode when using on the face, and select Body mode when using on the body.

## 5 Press the Power / Mode button to turn OFF the power after treatment.


- The lamp will turn off.
- Please apply skin care after face treatment.

Power will automatically turn off after 10 minutes of use.

## Treating Areas of Concern

Please refer to the treatment book.

RF Mode: Please roll in the direction as the arrow.

EMS Mode:  Stop and hold where you feel the EMS stimulation or roll slowly.

### •Effective use

- Moisturize your skin with water or skincare products.
  - It is recommended to use the RF mode warm the skin before using the EMS mode.
  - If you are difficult to feel RF, please move slowly.
- If you feel too hot, please speed up the movement.

### •Face <Approx.10 Minutes>

↑ RF Mode (5 Minutes)

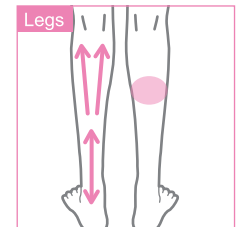
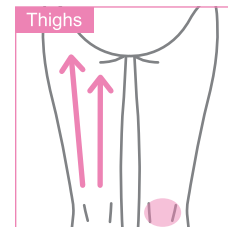
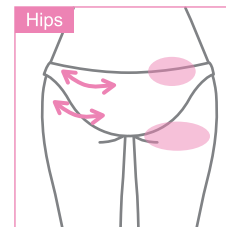
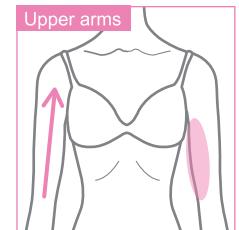
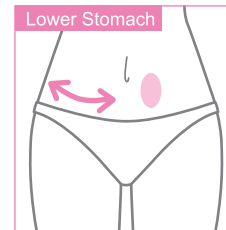


 Face Mode (5 Minutes)



### •Body <Approx. 5-10 Minutes each part>

↑ RF Mode (5 Minutes) →  Body (EMS) Mode (5~10 Minutes)



## Cleaning

Clean the device after each use.



**WARNING**

Turn the power OFF when cleaning the device.

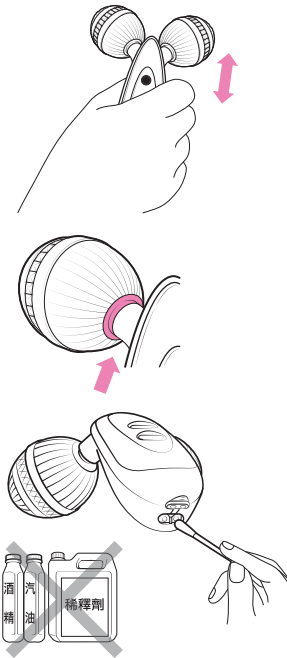
May cause an electrical shock hazard, short circuit or fire hazard.

### 1 Make sure the power is turned off.

### 2 After use in the shower or bath, shake the device up and down to remove any excess water on the unit.

### 3 Wipe the surface of the device with a dry towel.

- Wipe off with dry towel or tissue any lubricant that oozes from the rollers.
- Please completely remove the residual water from the charging terminal and the rollers, and remove the subtle parts.
- Do not use any detergents or solvents.
- To avoid residual sebum dirt, cosmetic residue, lotion or moisturizing cream, please remove thoroughly.



### 4 Dry thoroughly and store in a well-ventilated place.

- Never leave the device wet as this may cause damage, malfunction, or leave an unusual odor.

## Storing

- Always remove excess water and dry thoroughly after each use before storing. Leaving the device wet may cause a malfunction or corrosion.
- If you will not be using the device for an extended period, clean the device before storing.
- When not in use, turn off the power, unplug the cable from the wall socket, and dry well before storing.
- Do not leave the device near fire or flame, under direct sunlight, or in humid places such as the bathroom. Store only in a clean, well-ventilated place.
- Keep this device out of the reach of children or pets.

## Maintenance and Inspection

- If you have not used the device for an extended period, inspect it carefully and check that the device works properly and safely.
- If there is any evidence of a malfunction, refer to the "Troubleshooting" section (P.23) before calling for service.
- If the device malfunctions, appears damaged, or needs service, please contact your local distributor

### • Battery

- Battery is consumable goods. (Not covered under warranty)
- If the operating time is still short after full charge, indicating that the battery life may be over. (The battery can be charged about 300 times)
- Please contact your local dealer to replace the battery.

### • Product disposal

Please dispose of the product in accordance with local government regulation. The machine uses lithium battery.

# Troubleshooting

## Checklist

If you encounter anything abnormal during use, check below.

Symptom	Possible Cause	Solution
Power does not turn on	→ You have not pressed the Power button to turn on	→ Press and hold Power / Mode to turn on the power
	→ Pressed Power button while using	→ Press and hold Power / Mode to turn on the power again
	→ Battery not charged	→ Fully charge the battery (P.11)
Battery Power Lamp turns Blue and flashing	→ Battery is not sufficiently charged	→ Fully charge the battery (P.11)
Device only operates for a few minutes even after charging	→ Battery life is ended	→ Contact your local distributor. * Do not attempt to replace the battery yourself as this may cause a malfunction
	→ Charging cable is not properly connected	→ Connect cable to main unit correctly (P.11)
Unit does not start charging	→ EMS level too high	→ Lower EMS level
EMS is too strong	→ You are using Body Mode on your face	→ Make sure you have selected the correct Mode setting
	→ EMS level too low	→ Increase EMS level
EMS is too weak	→ You are using Face Mode on your body	→ Make sure you have selected the correct Mode setting

Symptom	Possible Cause	Solution
EMS is too weak	→ You are using the device under water	→ Use the device outside of the water (EMS is weaker under water) or set the level higher when using in water
	→ EMS level too low	→ Increase EMS level
Cannot feel EMS	→ Your skin is dry	→ Moisturize your skin with water or skincare products
	→ You have pressed the Power / Mode button during use	→ Do not press the Power / Mode button during use
	→ The battery is not charged	→ Charge the battery (P.11)
	→ Both rollers are not in contact with skin	→ Be sure both rollers are in skin contact
	→ Auto Power OFF (P.10)	→ Press and hold Power / Mode to turn on the power again
Cannot feel RF	→ Your skin is dry	→ Moisturize your skin with water or skincare products
	→ Moving too fast	→ Move slower
	→ Both rollers are not in contact with skin	→ Be sure both rollers are in skin contact
	→ The battery is not charged ※ You may not feel RF when Battery Power Lamp turns Blue and flashing	→ Charge the battery
	→ Both rollers keep contact with skin	→ Be sure to move the rollers when using RF
RF temperature is too high	→ Moving too slow	→ Move faster

## FAQ (Frequently Asked Questions)

Q	A
How many minutes should I use it per day?	<p>Up to 30 minutes for the entire body per day. (5-10 minutes per area)</p> <ul style="list-style-type: none"> <li>• Only using RF...In 5 minutes</li> <li>• Using RF+EMS...RF: In 5 minutes EMS: In 5 minutes</li> <li>• Using roller or only using EMS...In 10 minutes 2-3 times a week per area.</li> </ul> <p>※Use depending upon your particular skin condition.</p>
Should I press hard when using the rollers?	<ul style="list-style-type: none"> <li>•Pressing too hard may damage your skin. Gently glide over the skin especially when rolling over the face.</li> <li>•Glide the rollers with a pressure that feels comfortable to you.</li> </ul>
Can I use it in the bath?	<ul style="list-style-type: none"> <li>•This device is waterproof and can be used in the shower or bath, but do not leave it submerged under water.</li> <li>•The pinching action of the rollers may be weak if the skin is wet. In this case, press the rollers as needed to get sufficient treatment.</li> <li>•Avoid use in hot springs or using bath salts as this may cause a malfunction or corrosion due to added minerals .</li> </ul>
Can I use it in saunas or bedrock baths?	No, never use this device in saunas or bedrock baths as this will cause burns due to being heated in a high temperature environment.
Is lotion necessary during treatment?	<p>If only using the rollers for treatment, you may do with dry skin.</p> <p>If using RF or EMS mode, skin in the dry state will reduce the sensitivity of the micro-current. Moisturize your skin with water or skincare products before treatment.</p>
Is it OK for sensitive skin to use?	<ul style="list-style-type: none"> <li>•Test your sensitivity first by applying over a discreet area such as the upper arm and see if your skin condition changes.</li> <li>•If you experience any adverse skin reaction, stop using immediately.</li> </ul>

## After-sales service

### ●Specifications

Voltage	DC9V 1A
Power Consumption	Approx. 5W
Charging Time	Approx. 3 hours ※Charging Time depends on charging environment
Waterproof	IPX7(JIS standard)
Size	Main Unit : Approx. W97 x D189 x H65 (mm)
Weight	Main Unit : Approx. 275g
Material	<p>Main Unit : ABS Resin / Polycarbonate</p> <p>Indicator : Polycarbonate</p> <p>Button : ABS Resin (Chrome layer)</p> <p>charging terminal cover : Silicone rubber</p> <p>Grip : Silicone rubber</p> <p>Rollers : ABS Resin (Chrome layer) / PET Resin Copper (Chrome layer)</p>
Country of Origin	Japan
Accessories	<p>Charging cable .....1</p> <p>Instruction Manual ....1</p>