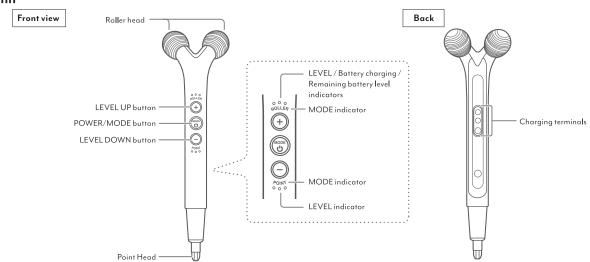


How to Use

WAVY Needle Lift Pointer SP PSM-81

Names of Components

Main unit



Accessories

● Magnetic USB charging cable ● User's Manual

Mode

Select the MODE Each time the POWER/MODE button is pressed, modes will be changed.



Mode name	Head used	MODE indicator	Installed features	Characteristics
LIFT	Roller	ROLLER illuminates	EMS and moisture pulse	Stimulates muscles with electrical power. Also supports the effective penetration* of skin lotion using electrical pulses.
EYE CARE	Point	ROLLER flashes	EMS for the eye area, micro-current, and moisture pulse	Gentle care around the eyes with micro-currents. Also supports the effective penetration* of skin lotion using electrical pulses.
NEEDLE	Point	POINT illuminates	EMS	Stimulates muscles with electrical power. Used for intensive care of areas of concern.
*Penetrates up to the stratum corneum				

NEEDLE Mode

CAUTION The de

The device will switch OFF approx. 10 minutes after the mode was set.

If the mode is changed during use, the device will switch OFF approx. 10 minutes after this change, so please be mindful of how many minutes the device has been in use.

LIFT Mode

EYE CARE Mode

Precautions Read the items below carefully before use and use only as directed.

- Remove all metal accessories (watches, necklaces, rings, earrings, etc.) when using the device. Accessories may become entangled in the device, causing accidents or injuries.
- To avoid getting your hair tangled in the device, be sure to tie your hair up or use a headband. Your hair may be caught in the device. Be sure to secure your hair carefully, especially around the sideburns and short hair.
- Be sure to remove makeup before using the device. If you use the device over makeup, the foundation may cause dark staining of the skin.

The recommended mode order is as follows:

- Make sure to perform a pretest before using the device for the first time.
- 🕨 When using each mode (LIFT Mode, EYE CARE Mode, NEEDLE Mode), moisten your skin with water or (water-soluble) skincare products before directly placing the head on your skin.
- The following usage time and frequency are provided as a guideline: The roller head can provide EMS stimulation when both rollers touch your skin simultaneously.

 Power OFF (without EMS, micro-current, or moisture pulse):
 - Approx. 40 minutes per day. Roller head: Approx. 20 minutes on the face, approx. 10 minutes on the décolleté or shoulders. Point head: Approx. 10 minutes on the face. Daily use is possible. Power ON (with EMS, micro-current, and moisture pulse):
 - LIFT Mode: Approx. 10 minutes on the face, approx. 10 minutes on the décolleté or shoulders. EYE CARE Mode: Approx. 10 minutes. NEEDLE Mode: Approx. 10 minutes. Total usage time: Approx. 40 minutes, 2–3 times per week.
- *The above information is a guideline only. Please observe your skin condition and use the device accordingly.

How to Use

Turn on the device

Hold down the POWER/MODE button (approx. two seconds).

The device will enter LIFT Mode level 1.

*For safety reasons, the device is set to Level I when turned on.

*While the power is on, the flashing of the LEVEL / Battery charging / Remaining battery level indicators shows the remaining charge.



Select your choice of treatment level (intensity)

- Press the LEVEL UP button / LEVEL DOWN button (levels 1-3).
- You can use the level indicator to check the level.



Turn off the device

Hold down the POWER/MODE button (approx. three seconds).



Select the MODE

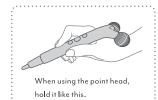
Each time the POWER/MODE button is pressed, modes will be changed.



Place the device on your skin

For advice on how to move the device over each area, please refer to "How to Use the Device in Each Mode."





How to Use the Device in Each Mode

NEEDLE Mode (Point Head) Recommended usage: 10 minutes

Press the point head into the skin following the direction of the arrows shown below.

 $When you feel \, electrical \, stimulation \, accompanied \, by \, one \, or \, two \, short \, beeps, \, move \, to \, the \, next \, spot.$

Apply gentle, slow pressure.

*Do not hold the device in one spot for an extended period. Do not press it forcefully into the skin. Stop where you feel an appropriate level of stimulation and slowly release.



Stimulate by pressing vertically against the skin from below the cheekbone toward the front of the ear (the part that moves when you open your mouth).



• For facial muscles on the cheeks

Stimulate by pressing vertically against the skin from the corner of the mouth toward the ear.



• For around temple areas and hairline

Stimulate by pressing vertically against the skin horizontally from the temple towards hairline and ear.



LIFT Mode (Head used: Roller)



• For use on the face (10 minutes)

Move the roller head on your skin in the directions of the arrows in the order from ① to ⑤ as shown in the figure on the left.

Use with (water-soluble) skin lotion on your skin.

- ① In a downward direction along the nape of the neck \Rightarrow ② In a zigzagging direction from forehead toward the temple
- → ③ From the corner of the mouth to the side of the ear → ④ From the jawline to the side of the ear
- → ⑤ In a downward direction along the nape of the neck



Cheeks

For use on décolleté and shoulders (10 minutes)

Use with (water-soluble) skin lotion on your skin.

Lift your skin with the roller head.

LIFT Mode (Head used: Roller)

Move the device in the directions of the arrows in order from 1 to 3 below.



Bridge of the nose

Use the device on one spot to stimulate the muscles beside the nose.



Jawline

Gently roll the roller head from bottom to top while lightly pressing. For better results, pause briefly just below the ear.

*Adjust to a level that provides comfortable stimulation, as individual differences may apply.

EYE CARE Mode (Head used: Roller)

For use around the eyes (10 minutes)

Hold the roller head firmly between the temple and hairline. Use the roller head horizontally below the eyes and vertically beside the eyes.



1) From the inside to outside along the collarbone

- → 2 In a downward direction along the nape of the neck
- → ③ From the base of the neck to the outside



Beside the eye (vertical)



*The device cannot be used on the upper eyelids. The device can be used around the lower eyelids and outer corner of the eye. Use with (water-soluble) skin lotion on your skin.